



## Medical Sciences Seminar MEDS 2000 Syllabus and Schedule



Fall Semester 2021

Tuesdays 5:30 pm – 6:30 pm

Course Director: Shawn Adkins, Ed.S

Co-Director: Anil Menon, PhD

Course Number: MEDS 2000

Seminar Series Course 3 of 6

**Prerequisite:** Enrolled in UC MEDS-BS program and have completed MEDS 1000 with a grade of “C” or higher.

**Webex Login URL For Weeks the Course is Held Online:** <https://ucincinnati.webex.com/meet/adkinssw>

**Room # for Weeks the Course is Held In-Person:** Medical Sciences Building on East Campus, Room MSB 5051

**Course Director Contact Information & Hours:** Shawn Adkins, Ed.S, shawn.adkins@uc.edu or 513-558-9897. Located in Medical Sciences Building Room 168C, M-F 8am to 5pm by appointment.

### **LEARNING OBJECTIVES:**

At the end of the six semester seminar series, students will:

- a) Have developed a strong, mentoring relationship with various mentors through consistent and structured mentoring meetings.
- b) Be able to demonstrate the practice of professional behavior expected of healthcare providers and researchers.
- c) Start an ethical practice by reading and reflecting on important lapses in ethical judgement – learning from mistakes.
- d) Be able to understand the research capstone developed by Dr. Bryan Mackenzie and identify at least five research areas and P.I.'s at COM/CHMC, and to be able to identify examples of basic, translational and clinical research.
- e) Be able to understand the service capstone developed by Dr. David Askew and Fran Larkin, and to be able to distinguish between volunteering and service learning.
- f) To be able to describe multiple career pathways that are available to them when the time comes to decide at the end of their baccalaureate training.

At the end of this particular course (seminar course 3 of 6), students will have:

- a) gained a greater understanding of experiential learning access and guidelines,
- b) explored careers in medicine and other related health fields,
- c) acquired tips for wellness and self-care,
- d) received a taste of making decision making and broadened their knowledge on equity and inclusion.
- e) developed their knowledge of the Bachelor of Science in Medical Sciences program which will guide their success for graduate school and/or the private sector.

Students will also develop relationships with their mentors.

### **ASSESSMENT**

Grades in this course are based on attendance. At the end of the semester, there will be a final reflection paper on your interaction with your medical student mentor. You will also send them a thank you letter (2 pages max. double spaced, Arial font 11, submit as PDF through Canvas assignment).

**ATTENDANCE & GRADING POLICY:** Your final grade for the course is based on attendance and/or assignment submission. Most weeks, we will meet virtually as a class in Webex. For some sessions we will meet in-person. Regardless, attendance will be taken at each session. Some weeks, instead of meeting live, you will be given a task followed by a short writing assignment. Completion of that writing assignment by the due date is how your attendance will be counted for those weeks. **Your grade is not affected until after you have failed to participate in three sessions. On the fourth session you miss, your final grade drops to an “B”. On the fifth absence, your grade drops to a “C”, then one additional letter grade for each absence thereafter.** Attendance is based on your participation, meaning showing up for class if we are meeting live or through the completion of that week’s assignment if we are not meeting live. Exceptions will need to be discussed with the course director, Shawn Adkins, during office hours.

Grades of A, B, C, D and F will be earned (A=90 and above, B=80-89, C=70-79, D=60-69, F= below 60)

**IMPORTANT:** There are THREE sessions that are absolutely mandatory: September 7, October 19, and November 16. This is because your Bearcat Mentor (M2) takes time out of their schedule to meet with you. If you don’t show up, they’ve lost time they could be studying, etc.... **If you MUST miss one of these sessions, it is required that you give 24 hours-notice to your Bearcat Mentor.**

**Tips for Success in this Course**

- 1) **Read this syllabus:** Know what it takes to succeed even before you attend the first class.
- 2) **Attend class:** This course is graded strictly on attendance and participation. There are no books/materials to purchase.
- 3) **Participate:** As item # 2 stated, this is how you are graded. It’s a seminar course, so it’s important you are actively engaged in the weekly topic and conversation.
- 4) **Show gratitude:** Thank your mentors and our guest speakers for their time and knowledge. Write a thank you note or email to express your appreciation.
- 5) **Technology Requirements:** Students will need a Mac or PC with 4GB or higher with internet access. We will be using Webex for our virtual class meetings. All UC students have a Webex account. If you need assistance, please contact the Help Desk at 513-556-HELP.

**Accessibility Services**

If you are a student who would like more information on learning accommodations and accessibility services, please contact the Accessibility Resources Office. Their website is at this link: <https://www.uc.edu/campus-life/accessibility-resources.html>. Please let me know if I can be of any assistance as well as your Course Director.

**The Five Threads of the Medical Sciences Seminar Tapestry**

Thread 1			<b>Building Professional Relationships</b> Networking for the long game.		
Thread 2			<b>Self-Care and Rest</b> Listening to my body.		
Thread 3			<b>Knowledge and Experience</b> Experiential learning. Learning by doing.		
Thread 4			<b>The Self and the Other</b> My relationship with myself and others.		
Thread 5			<b>Reflection</b> Seeing my actions in the third person.		

**In the course schedule below, each week is highlighted in a color corresponding with these threads.**

## MEDS 2000 Course Schedule

Session	Day	Date	Activity	Location	Facilitator(s)
1	Tues	08-24-21	<b>Course Expectations:</b> A review of the syllabus, attendance policy, and session schedule.	Online Webex	Dr. Menon & Shawn Adkins
2	Tues	08-31-21	<b>Careers in Pharmacy</b>	Online Webex	Dr. Kelly Epplen
3	Tues	09-07-21	<b>Bearcat Mentors Session 1: Mental Health &amp; Wellness</b> <b>MANDATORY</b>	In-Person MSB 5051	Your Bearcat Mentor and Leadership Team
4	Tues	09-14-21	<b>Ethics in Medicine</b>	Online Webex	Dr. Bante/ Dr. Sherron/ Dr. Menon
5	Tues	09-21-21	<b>The Importance of Self-Care</b>	In-Person MSB 5051	Kyle Key & Priyanka Vemuru
6	Tues	09-28-21	<b>Careers as a Physician Assistant</b>	Online Webex	Lindsey Thompson, Mount St. Joseph University
7	Tues	10-05-21	<b>Service-Learning During the Pandemic</b>	Online Webex	David Askew, PhD & Fran Larkin
8	Tues	10-12-21	<b>Reading Day – No Class</b>	NO CLASS	NO CLASS
9	Tues	10-19-21	<b>Bearcat Mentors Session 2: Simulated Clinical Cases</b> <b>MANDATORY</b>	In-Person MSB 5051	Your Bearcat Mentor and Leadership Team
10	Tues	10-26-21	<b>Diversity, Equity and Inclusion 1</b>	In-Person MSB 5051	Tyler Swanson
11	Tues	11-02-21	<b>Diversity, Equity and Inclusion 2</b>	In-Person MSB 5051	Tyler Swanson
12	Tues	11-09-21	<b>Diversity, Equity and Inclusion 3</b>	In-Person MSB 5051	Tyler Swanson
11	Tues	11-16-21	<b>Bearcat Mentors Session 3: Medical Campus Scavenger Hunt</b> <b>MANDATORY</b>	In-Person MSB 5051	Your Bearcat Mentor and Leadership Team
14	Tues	11-23-21	<b>No Class – use this time to work on your final assignment due 11/30/2021.</b>	NO CLASS	NO CLASS
15	Tues	11-30-21	<b>Final:</b> Your final reflection paper and “thank you” to your Bearcat Mentor is due via Canvas by 11:59pm Eastern.	Canvas Submission	

