

# Medical Sciences Seminar MEDS 1001 Syllabus and Schedule

Spring Semester 2021

Wednesdays 5:30 pm – 6:30 pm

Course Director: Shawn Adkins, Ed.S

Co-Director: Anil Menon, PhD

Course Number: MEDS 1001

Webex Login URL Each Week: <https://ucincinnati.webex.com/meet/adkinssw>

**LEARNING OBJECTIVES:** At the end of the six semester seminar series, students will:

- a) Have developed a strong, mentoring relationship with various mentors through consistent and structured mentoring meetings.
- b) Be able to demonstrate the practice of professional behavior expected of healthcare providers and researchers.
- c) Start an ethical practice by reading and reflecting on important lapses in ethical judgement – learning from mistakes.
- d) Be able to understand the research capstone developed by Dr. Bryan Mackenzie and identify at least five research areas and P.I.'s at COM/CHMC, and to be able to identify examples of basic, translational and clinical research.
- e) Be able to understand the service capstone developed by Dr. David Askew and Fran Larkin, and to be able to distinguish between volunteering and service learning.
- f) To be able to describe multiple career pathways that are available to them when the time comes to decide at the end of their baccalaureate training.

## ASSESSMENT

Students are expected to attend the live class sessions each week. At the end of the semester, there will be a final reflection paper on your interaction with your medical student mentor. You will also send them a thank you letter (2 pages max. double spaced, Arial font 11, submit as PDF through Canvas).

**ATTENDANCE & GRADING POLICY:** Your final grade for the course is based on attendance and/or assignment submission. Most weeks, we will meet as a class in Webex where attendance will be taken. Some weeks, instead of meeting live, you will be given a task followed by a short writing assignment. Completion of that writing assignment is how your attendance will be counted for those weeks. Your grade is not affected until you have failed to participate in three sessions. On the third session you miss, your final grade drops to an "A-". On the fourth absence, your grade drops to a "B", then one additional letter grade for each absence thereafter. Attendance is based on your participation, meaning showing up for class if we are meeting live on Webex or through the completion of that week's assignment if we are not meeting live.

Grades of A, B, C, D and F will be earned (A=90 and above, B=80-89, C=70-79, D=60-69, F= below 60)

**IMPORTANT:** There are THREE sessions that are absolutely required. **January 20, February 10, and March 17.**

This is because your Bearcat Mentor (M1) takes time out of their schedule to meet with you. If you don't show up, they've lost time they could be studying, etc.... **If you MUST miss one of these sessions, it is required that you give 24 hours-notice to your Bearcat Mentor.**

## MEDS 1001 Schedule

Session	Day	Date	Activity	Location	Facilitator(s)
1	W	1-13-21	<b>Course Expectations:</b> A review of the syllabus, attendance policy, and session schedule.	Webex	Adkins
2	W	1-20-21	<b>Bearcat Mentors 1:</b> New Year's Resolutions and Personality Test	Webex	Your Bearcat Mentor and Leadership Team
3	W	1-27-21	<b>Ethics</b>	Webex	Bante/Sherron/Menon
4	W	2-3-21	<b>Peer Mentors:</b> Meet with your medical sciences upperclassmen mentor this week.	Canvas Submission	Med Sci Peer Mentor
5	W	2-10-21	<b>Bearcat Mentors 2:</b> Practice Telehealth Encounter	Webex	Your Bearcat Mentor and Leadership Team
6	W	2-17-21	<b>UC Career Center:</b> Career Education Workshop	Canvas Submission	Taylor Oetjen & Ellie Bridges
7	W	2-24-21	<b>Mental Health Seminar</b>	Webex	Kyle Key & Priyanka Vemuru
8	W	3-3-21	<b>Senior Panel</b> – Seniors from the Med Sci program will share their experiences with you followed by Q&A.		Medical Sciences Seniors
9	W	3-10-21	<b>Equity and Inclusion Workshop</b>		Tyler Swanson
10	W	3-17-21	<b>Bearcat Mentors 3:</b> Physician Q&A	Webex	Your Bearcat Mentor and Leadership Team
11	W	3-24-21	<b>NO CLASS – READING DAY</b>	NO CLASS	NO CLASS
12	W	3-31-21	<b>Experiential Learning Showcase</b>	Webex	Adkins/Glassmeyer
11	W	4-7-21	<b>JRCOSTEP</b> – Lt. Andrew Brown will speak about this exciting program for undergraduates.	Webex	Lt. Andrew Brown
14	W	4-14-21	<b>Meeting with Bearcat Mentor:</b> Meet with your Bearcat Mentor to discuss summer plans and your goals for 2021-22. This will help you prepare for the final reflection paper due April 21.	Canvas Submission	Bearcat Mentor
15	W	4-21-21	<b>Final:</b> Your final reflection paper and “thank you” to your Bearcat Mentor is due via Canvas by 11:59pm Eastern,	Canvas Submission	

## The Five Threads of the Medical Sciences Seminar Tapestry

Thread 1			<b>Building Professional Relationships</b> Networking for the long game.		
Thread 2			<b>Self-Care and Rest</b> Listening to my body.		
Thread 3			<b>Knowledge and Experience</b> Experiential learning. Learning by doing.		
Thread 4			<b>The Self and the Other</b> My relationship with myself and others.		
Thread 5			<b>Reflection</b> Seeing my actions in the third person.		