



## Medical Sciences Seminar MEDS 1000 Syllabus and Schedule



Fall Semester 2021

Wednesdays 5:30 pm – 6:30 pm

Course Director: Shawn Adkins, Ed.S

Co-Director: Anil Menon, PhD

Course Number: MEDS 1000

Seminar Series Course 1 of 6

Prerequisite: Enrolled in UC MEDS-BS program.

**Webex Login URL For Weeks the Course is Held Online:** <https://ucincinnati.webex.com/meet/adkinssw>

**Room # for Weeks the Course is Held In-Person:** Medical Sciences Building on East Campus, Room 5051

**Course Director Contact Information & Hours:** Shawn Adkins, Ed.S, shawn.adkins@uc.edu or 513-558-9897. Located in Medical Sciences Building Room 168C, M-F 8am to 5pm by appointment.

### **LEARNING OBJECTIVES:**

At the end of the six semester seminar series, students will:

- a) Have developed a strong, mentoring relationship with various mentors through consistent and structured mentoring meetings.
- b) Be able to demonstrate the practice of professional behavior expected of healthcare providers and researchers.
- c) Start an ethical practice by reading and reflecting on important lapses in ethical judgement – learning from mistakes.
- d) Be able to understand the research capstone developed by Dr. Bryan Mackenzie and identify at least five research areas and P.I.'s at COM/CHMC, and to be able to identify examples of basic, translational and clinical research.
- e) Be able to understand the service capstone developed by Dr. David Askew and Fran Larkin, and to be able to distinguish between volunteering and service learning.
- f) To be able to describe multiple career pathways that are available to them when the time comes to decide at the end of their baccalaureate training.

At the end of this particular course (seminar course 1 of 6), students will have:

- a) gained a greater understanding of experiential learning access and guidelines,
- b) explored careers in medicine and other related health fields,
- c) acquired tips for wellness and self-care,
- d) received a taste of making decision making, and broadened their knowledge on equity and inclusion.
- e) developed their knowledge of the Bachelor of Science in Medical Sciences program which will guide their success for graduate school and/or the private sector.

Students will also develop relationships with their mentors.

### **ASSESSMENT**

Students are expected to be at the live class sessions each week. At the end of the semester, there will be a final reflection paper on your interaction with your medical student mentor. You will also send them a thank you letter (2 pages max. double spaced, Arial font 11, submit as PDF through Canvas).

**ATTENDANCE & GRADING POLICY:** Your final grade for the course is based on attendance and/or assignment submission. Most weeks, we will meet virtually as a class in Webex. For some sessions we will meet in-person. Regardless, attendance will be taken at each session. Some weeks, instead of meeting live, you will be given a task followed by a short writing assignment. Completion of that writing assignment by the due date is how your attendance will be counted for those weeks. **Your grade is not affected until after you have failed to participate in three sessions. On the fourth session you miss, your final grade drops to an “B”. On the fifth absence, your grade drops to a “C”, then one additional letter grade for each absence thereafter.** Attendance is based on your participation, meaning showing up for class if we are meeting live or through the completion of that week’s assignment if we are not meeting live. Exceptions will need to be discussed with the course director, Shawn Adkins, during office hours.

Grades of A, B, C, D and F will be earned (A=90 and above, B=80-89, C=70-79, D=60-69, F= below 60)

**IMPORTANT:** There are FOUR sessions that are absolutely mandatory: **August 25, September 22, October 20, and November 17.** This is because your Bearcat Mentor (M1) takes time out of their schedule to meet with you. If you don’t show up, they’ve lost time they could be studying, etc.... **If you MUST miss one of these sessions, it is required that you give 24 hours-notice to your Bearcat Mentor.**

### Tips for Success in this Course

- 1) **Read this syllabus:** Know what it takes to succeed even before you attend the first class.
- 2) **Attend class:** This course is graded strictly on attendance and participation. There are no books/materials to purchase.
- 3) **Participate:** As item # 2 stated, this is how you are graded. It’s a seminar course, so it’s important you are actively engaged in the weekly topic and conversation.
- 4) **Show gratitude:** Thank your mentors and our guest speakers for their time and knowledge. Write a thank you note or email to express your appreciation.
- 5) **Technology Requirements:** Students will need a Mac or PC with 4GB or higher with internet access. We will be using Webex for our virtual class meetings. All UC students have a Webex account. If you need assistance, please contact the Help Desk at 513-556-HELP.

### Accessibility Services

If you are a student who would like more information on learning accommodations and accessibility services, please contact the Accessibility Resources Office. Their website is at this link: <https://www.uc.edu/campus-life/accessibility-resources.html>. Please let me know if I can be of any assistance as well as your Course Director.

## The Five Threads of the Medical Sciences Seminar Tapestry

Thread 1			<b>Building Professional Relationships</b> Networking for the long game.		
Thread 2			<b>Self-Care and Rest</b> Listening to my body.		
Thread 3			<b>Knowledge and Experience</b> Experiential learning. Learning by doing.		
Thread 4			<b>The Self and the Other</b> My relationship with myself and others.		
Thread 5			<b>Reflection</b> Seeing my actions in the third person.		

**In the course schedule below, each week is highlighted in a color corresponding with these threads.**

## MEDS 1000 Course Schedule

Session	Day	Date	Activity	Location	Facilitator(s)
1	W	8-25-21	<b>Bearcat Mentors 1 - Introduction to Bearcat Mentors:</b> We will start the session in MSB 5051, then proceed to Kresge Circle outside for a mixer. <b>MANDATORY</b>	In-Person MSB 5051 & Kresge	Your Bearcat Mentor and Leadership Team
2	W	9-01-21	<b>Course Expectations and Introduction to Self-Care:</b> A review of the syllabus, attendance policy, and session schedule. Plus, Kyle Key will discuss tips for mental health and wellness.	Online Webex	Dr. Menon & Shawn Adkins
3	W	09-08-21	<b>Ethics in Medicine</b>	Online Webex	Dr. Bante/ Dr. Sherron/ Dr. Menon
4	W	09-15-21	<b>Integrative Health Showcase</b>	Online Webex	Kelly Lyle
5	W	09-22-21	<b>Bearcat Mentors 2: Get to Know Your Mentee</b> <b>MANDATORY</b>	In-Person MSB 5051	Your Bearcat Mentor and Leadership Team
6	W	09-29-21	<b>Diversity, Equity and Inclusion</b>	In-Person MSB 5051	Tyler Swanson
7	W	10-06-21	<b>Mental Health Awareness</b>	Online Webex	Kyle Key & Priyanka Vemuru
8	W	10-13-21	<b>Service-Learning and Summer Experiential Learning Options</b>	Online Webex	David Askew, PhD, Fran Larkin Michele Glassmeyer
9	W	10-20-21	<b>Bearcat Mentors 3: Emergency First Responder Workshop</b> <b>MANDATORY</b>	In-Person MSB 5051	Your Bearcat Mentor and Leadership Team
10	W	10-27-21	<b>Five Minute TED Talk Videos on Health Professions</b>	Canvas Submission	Shawn Adkins
11	W	11-03-21	<b>Meet with Med Sci Peer Mentor and Faculty Mentor</b>	Canvas Submission	Meet with your assigned peer and faculty mentors
12	W	11-10-21	<b>No Class – Veterans Day Holiday</b>	NO CLASS	NO CLASS
11	W	11-17-21	<b>Bearcat Mentors 4: Resume and Goal Setting</b> <b>MANDATORY</b>	In-Person MSB 5051	Your Bearcat Mentor and Leadership Team
14	W	11-24-21	<b>Meet with Bearcat Mentor for Final Reflection</b>	Set-up Time to Meet w/Mentor	Bearcat Medical School Mentor
15	W	12-01-21	<b>Final:</b> Your final reflection paper and “thank you” to your Bearcat Mentor is due via Canvas by 11:59pm Eastern.	Canvas Submission	

