Becoming a Master Physician Course Syllabus MEDS 3040-001 Spring Semester 2022

Class Meeting Times: *Tuesdays and Thursdays 2:00-3:30PM** In Person Sessions Classroom Building and Number: *Medical Science Building Robert and Myfanwy Smith Conference Room 4306*

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Most classes meet 2-3:30PM

Course Overview: How the course *Becoming a Master Physician* Benefits Students



The primary purpose of this course is to provide a survey of the stages of a medical career that leads to becoming a master physician. Along the way the course can help you decide if a medical career is right for you. The process of choosing a career causes

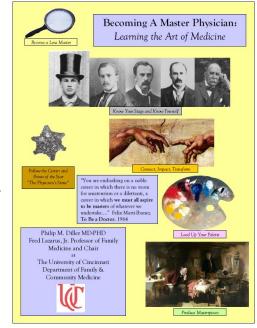
considerable angst for many. But consider this question: What if you

knew there was a path you could follow that would help you achieve success in whatever career you choose in life? Success is becoming a master in whatever career you chose. The path to mastery in your chosen field is therefore your path to success. Mastery is also the subject matter of this course, and whether you choose to pursue a career in medicine or not, you will gain a foundation to build to mastery in whatever career you choose.

The course is founded on two fundamental beliefs. First, *there are principles of mastery common* to all disciplines. Second, *mastery is within reach of nearly everyone*. Thus, the deeper purpose of this course is to introduce you to the common principles of mastery, and to encourage you to implement and follow them through the course of your life in whatever field you choose. This course features Medicine as the discipline to illustrate the principles and the journey toward mastery. It is the course director's desire to make this course the most practical and useful course that you take during your entire college experience. That's a bold goal, but previous feedback from prior students indicates this is achievable. So welcome.

Course Structure: ONLINE for SPRING 2021

This course meets twice a week for 1.5 hours of lecture/discussion for a *total of three hours in class/week* (if on line, ZOOM invite will be sent). <u>Class size is limited to 18 students</u>. The course utilizes multiple approaches to learn the principles of mastery and how to become a master physician: lectures (requiring note taking), readings (reading critically guided by questions), discussion groups, writing personal reflections (personalize learnings) and an in-depth paper (using the principles of



mastery to interpret a life), oral presentations (speaking in an organized, succinct manner), and shortanswer essay examinations (to assess knowledge and application of knowledge).

Lectures. The lectures introduce the concept and principles of mastery and provide a survey of the art of medicine. A model of the art of medicine is a conceptual framework that captures seven fundamental elements needed for medical practice: the physician, the patient, the physician-patient relationship, the medical ethic, works of care, outcomes of care and creativity. Medicine cannot be described if one of these elements is missing, thus, they provide the foundation to learning mastery in medicine. Learning to practice medicine and advancing toward mastery is similar to many other disciplines in that the path to mastery progresses through a series of stages. For medicine these stages include: pre-medical, medical student, residency/fellowship, proficient/expert (first 5-7 years in practice) and mastery. The student will learn the stages for becoming a master physician while also discussing and exploring the seven fundamental elements of medicine. To master any discipline a person seeks to understand first the fundamental elements of the discipline, then see the relationships and interaction between the fundamental elements in order to acquire the "big picture" (a conceptual model) of that discipline. Such understanding is needed to practice the art. The lectures seek to illustrate the relationships for the practice of medicine.

Discussion Groups. The course utilizes classroom discussions to reinforce and explore the principles of mastery and are integrated into the lectures. Students are expected to actively participate in the discussions both with questions and personal insights.

Weekly Reflection Paper. There are 10 reflections related to a principle of mastery interspersed through the course that each student must complete. Each reflection paper is ~ 1-2 pages (up to 800 words) and is due one week after being assigned. Ten papers are planned and all reflections must be completed.

Reflection Papers (worth 10 pts each) typically have a question prompt or exercise related to a lecture topic or theme. Students are expected to include answering the following questions:

- 1. Answering the specific prompt about the theme? (2 pts)
- 2. Choose a reading from **Becoming A Master Physician** relevant to the theme and discuss how the reflection relates/provides insight to the theme? (2 points)
- 3. How does the theme discussed relate to the concept of mastery? (2 points)
- What were the personal insights gained or lessons learned? e.g., meaning making/emotional insight/evaluating personal assumptions, values, beliefs or biases(4 points)

Master Physician Paper. 13-15 pages (5,000 words; NOTE: time-line & primary source excerpts mentioned below are not included in word count). This assignment brings the principles of the course together into the student's personal study of mastery. The student selects a significant figure (a master physician) in medicine from any specialty from the current or a previous generation. This person's life is studied in depth in order to bring into the focus the key principles of mastery. This assignment is an exercise in directed and critical reading in that the student is seeking answers to specific questions. then critically interpreting sources, and using that information to create the paper following the recommended format. The principles of mastery taught in the course should be incorporated and applied in the paper.

How to choose a master physician?

1. What sort of physician? Choose a specialty field of potential interest and find out who were the main founders of figures who shaped the discipline.

2. Seek advice or suggestions from a current physician in that field. "Who is an interesting person in your field (a master, a founding physician) to study?"

3. Is there someone who is a candidate role model for you in your career?

4. Ask Dr. Diller about your possible candidate or ask about an idea/suggestion?

5. Is there a biography or set of primary resources available? Read the primary sources with a specific purpose in mind—review the next section to learn what you are trying to discover/learn about your master physician.

Format of the Master Physician Paper. (5000 word count includes sections I, II, III) <u>The information</u> <u>you are seeking as you read.</u>

- Introduction. Who was the person, what time period? What major contribution (legacy) did he or she make to medicine (creative or innovative masterwork)?
 "Let me describe his/her career path and explain how they were able to make this contribution" How did the individual disseminate his or her masterwork?
- II. <u>The Body.</u> Answer the <u>following question in separate sections</u>:
 - 1. *Motivations/Passions for a Medical Career*. What were the <u>motivating factors that led</u> <u>to the choice of a medical career</u> with example(s). What was the person passionate about with regard to his/her chosen field?
 - 2. Formative Experiences & Self-education. What were the <u>formative experiences</u> for this individual in the early stage of the individual's career that helped shape his/her career. Without this experience it was highly unlikely this individual would have accomplished what they did. What lessons did this person learn through these experiences (self-education) Give examples.
 - 3. *Mentors/Personal Reference Group*. Who were this individual's <u>mentor(s) or personal</u> <u>reference group</u>? What did they do for this individual? How did they function as mentor(s)?
 - 4. Strength of Character/Self Mastery. What <u>character strengths did this individual</u> <u>exhibit</u> at various stages of his or her career that appeared to contribute to his or her success? What evidence for self-mastery?
- III. Conclusion. What personal lessons did you learn from the study of this individual?
- IV. <u>Life Chronology Outline</u>. (year, location, major life event) Example

See the attached example of Dr. Daniel Drake

- V. <u>Bibliography & Footnotes</u> Chicago Manual of Style 16th edition http://www.chicagomanualofstyle.org/tools citationguide.html
 - 1. *Footnotes* are numbered sequentially in the text (superscript) with the citation at the bottom of the page. (use the Notes Format)
 - 2. *Bibliography*. Authors listed alphabetically by last name; along with the citation.
- VII. <u>Two primary source excerpts</u>—using the author's own words (up to 1000 words) that relates to a key theme regarding Mastery and/or the Art of Medicine followed by a personal reflection/commentary of how this selection relates to mastery and/or the art of medicine. (Not included in the Paper word count)

Oral Presentation. This is an 8-10 minute presentation summarizing the main points of your paper. Follow the outline of the paper highlighting the key points. A rubric is presented in class and provides guidance for the presentation.

Examinations. Essay/Short answer tests of the material are given **at the midterm** and as a **final** in the end of semester. The tests are based on your new knowledge of the specific session learning objectives that are primarily covered in the lectures, class handouts, or readings covered in class.

Overarching Course Goals

1. Define mastery and identify the principles common to many fields that facilitates the achievement of mastery.

2. Provide a survey of the six elements included in a model for the art and practice of medicine.

- 3. Use medicine as a discipline to illustrate the principles of mastery—i.e, those that lead to becoming a Master Physician.
- 4. Demonstrate the path for a successful career for every student.

Course Resources (Required Texts)

Textbooks. There is a single textbook: *Becoming a Master Physician*. It is a pre-publication copy, and there is no cost. <u>Students must sign a waiver indicating they will not seek to publish or sell the book.</u> Suggested resources may be suggested for students who wish to explore primary resources for their own benefit. Additional handouts will be included not found in the text.

How This Course Fits with Your Other Courses

This course touches on many topics from different fields of study— art, psychology, philosophy, ethics, sociology, health services, medical training, and prevention and wellness, to name a few. Being able to take good lecture notes is critical for success in this course. Reading and writing and oral communication skills are also essential for this course, and thus previous courses where these skills were learned and practiced will be applied and utilized in this course. The course burden for out of class work is manageable and judged to be about the right amount of time for a three-hour course.

Attendance Policy

Attendance for **lectures and discussion sessions are mandatory (if virtual and in-person)**. If for some reason a student is unable to attend a lecture or discussion group due to personal illness or other reasons the student is required to inform the Course Director.

Academic Integrity

The University Rules, including the Student Code of Conduct, and other documented policies of the department, college, and university related to academic integrity will be enforced. Any violation of these regulations, including acts of plagiarism or cheating, will be dealt with on an individual basis according to the severity of the misconduct.

Special Needs and Accommodations Policy

If you have any special needs related to your participation in the course, including identified visual impairment, hearing impairment, physical impairment, communication disorder, and/or specific learning disability that may influence your performance in this course, you should meet with the instructor to arrange for reasonable provisions to ensure an equitable opportunity to meet all the requirements of this course. At the discretion of the instructor, some accommodations may require prior approval by Disability Services.

Assessments and Grading Policy

400 Points total Possible, but final grades are adjusted relative to top performers in the class.

 $\begin{array}{l} \mathsf{A} = 4.000 \geq 95\% \\ \mathsf{A}\text{-} = 3.667 \geq 90\% \\ \mathsf{B}\text{+} = 3.333 \geq 85\% \\ \mathsf{B} = 3.000 \geq 80\% \\ \mathsf{B}\text{-} = 2.667 \geq 75\% \end{array}$

Points Range	%	Grade
384-400	96-100%	А
368-383	92-95%	A-
352-367	88-91%	B+
336-351	84-87%	В
320-335	80-83%	B-
304-319	76-79%	C+
288-303	72-75%	С
272-287	68-71%	C-
260-271	65-68%	D+
249-259	63-64%	D
240-248	60-62%	D-
<240	60	F

100 points. Reflection Papers: 10 papers required. 10 points each with a maximum of 100 points.

110 points. Long Paper (13-15 pages + bibliography) with two edited excerpts with personal response.

130 points. Examinations—Essay/Short answer from the lecture and readings.

- 1. Mid-term 50 points
- 2. Final 80 points

30 points Oral Presentation

30 points **Class Engagement and Professionalism** for the semester (15 at mid-point/15 at final Evaluation; teacher and peer evaluation)

Professionalism is a competency that every physician is measured by at every stage of a medical career (medical school, residency/fellowship and private practice). When we speak of professionalism we are talking about the following character qualities and behaviors:

Professionalism Behaviors

Vices	5	4	3	2	1	Virtues
Tardiness to required activities						Promptness to required activities
ls Lazy						ls a hard worker
Does the minimum to get by						Committed to excellence
Irresponsible						Is responsible
Fails/slow to respond to communication						Responsive to communication
Contributes little to class dialogue						Contributes significantly to the class
						dialogue
Does not work well in teams						Great team player
Does not adhere to ethical principles						Adheres to ethical principles
Disrespectful of others						Respectful to others regardless
						of age, race, culture, gender
Not compassionate						Compassionate, empathic to others
Lacks trustworthiness						Is trustworthy
Poor attention to hygiene or normative						Appropriate hygiene and dress
standards of dress						
Not accountable to others						Accountable to others
Self-centered						Altruistic

Pass/Fail, Audit, and Withdrawal Policy

Becoming a Master Physician follows the policies and procedures outlined in the most current University of Cincinnati Student Handbook.

Course calendar

See the attached curriculum for a detailed course outline showing the session dates, topics, learning objectives, pre-session preparation and specific assignments.

Daniel Drake Life Chronology October 20th, 1785 – November 6th, 1852

New Jersey,	Oct 20, 1785 Birth. Plainfield, New Jersey to Isaac Drake and	
Plainfield	Elizabeth Shotwell Drake.	all set
Kentucky,	1788 Age 3. Family moves to Mayslick, Kentucky near the Ohic	
Mayslick	River. Father farms the land and Drake sporadically attends	ADDA ANDA
	school during the winters through age 15. Develops a deep	
	appreciation for nature and the outdoors. Father decides on	
	medicine as a career for Daniel and Isaac was a close friend of	Dr.
	William Goforth who he met in Maysville.	
Cincinnati	1800 Age 15. Apprenticed to Dr. Goforth for 4 years who now	OnioDrake MA
Cincinnati	lives in Cincinnati.	Saudrake, M.D.
	1804 Age 19. Becomes a full partner in the practice of medicin	e
	with Dr. Goforth	List of Accomplishments-Civic Engagements
Philadelphia	1805-1806 Age 20. Travels to Philadelphia to study	-First Medical student in Cincinnati
	medicine at the University of Pennsylvania; attends lectures,	-Member of First Debating Society
	but does not stay for 2 nd term for graduation. Lecturers	-Assisted in establishing first circulating
	included Drs Benjamin Rush, Caspar Wistar, Philip Physick	library in Cincinnati
	and William Shippen.	-Founded the School of Literature and the
Mayslick, Ky	1806 Age 21. Begins practice in Mayslick, Ky. Records	Arts (organization for scientific and literary
ind joined, it j	observations on epidemic diseases and submits description	improvement)
	for publication in Philadelphia Medical and Physical Journal,	-Founded and first secretary of the Cincinnat
	"Some account of the Epidemic Diseases which Prevail at	Lancaster Seminary
	Mays-Lick in Kentucky." First publication.	-Elected Cincinnati Councilman -Assisted in organization of first Cincinnati
	1807 Age 22. Returns to Cincinnati to take over Dr.	Medical Society
	Goforth's practice (Goforth had moved to	-Investor and founder of Cincinnati
Cincinnati	Louisiana. Marries Harriet Sisson (Dec 20 th), niece of Colonel	Manufacturing Company; business run by his
	Jared Mansfield (surveyor-general of the Northwest	brother and father
	Territory.	-Major role in organizing the Western
	1808 Age 23. Daughter <i>Harriett is born</i> .	Museum Society
	1809 Age 24. Daughter Harriett <i>dies</i> , age 11 months	-Major role in organizing the Cincinnati
	1810 Age 25. Publishes <i>Notices of Cincinnati</i> . Examination	Society for the Promotion of Agriculture,
	of Cincinnati's Diseases in context of the environment.	Manufactures and Domestic Economy
	1811 Age 24. Son Charles Daniel Drake born	- Founding member of Episcopal Christ
	1813 Age 26. Son John Mansfield Drake born	Church of Cincinnati (1817) -Vice President of Cincinnati Humane Society
	1815 Age 30. Publishes Natural and Statistical View, or	-Director of the Cincinnati Branch of the Ban
	Picture of Cincinnati and the Miami Country. Describes the	of the United States
	fertile resources of the region to help promote future	-Founds the Medical College of Ohio; the
	settlement and development of Cincinnati and the	beginning of the University of Cincinnati
	surrounding region. Returns to University of Pennsylvania	(1819)
	to complete his medical degree.	-Founds the Cincinnati Commercial Hospital
Philadelphia	1816 Age 31. Feb 5 th Son John dies age 2 ³ / ₄ yrs; Completes	and Lunatic Asylum (1820)
imacipina	Medical Degree May 16 th , 1816 from the University of	-establishes Cincinnati Eye Infirmary, first ME
	Pennsylvania by special investiture by the Board of Trustees	West of Allegheny to devote attention to eye
	as Drake had missed the final exams. His section on	disorders.
	Medicine in Picture of Cincinnati fulfills his MD Thesis	-Founds the Department of Medicine in the
	requirement. Resumes practice in June, 2016 in Cincinnati	Cincinnati College, a rival to the Medical
	requirement. Resumes practice in June, 2010 in Childhidd	College of Ohio (1835, closes in 1839)

Lauinatau	
Lexington, Ky	1817 Age 32. Accepts the Chair of Materia Medica in the medical department of Transylvania
,	University in Lexington, Ky. He lasts one term due to conflicts with teaching colleagues. <i>Daughter</i>
	Elizabeth Mansfield Drake is born.
Cincinnati	1818 Age 33. Elected to the American Philosophical Society and the American Antiquarian Society.
	Returns to Cincinnati.
	1819 Age 34. Secures approval by the Ohio General Assembly for charters for a Medical College of
	Ohio and for a Cincinnati College empowered to grant degrees (Beginning of the University of
	Cincinnati). Birth of daughter, Harriet Echo Drake.
	1820 Age 35. Medical College of Ohio opens in fall; Drake is both president and professor of
	Institutes and Practice of Medicine. Secures state charter for the Commercial Hospital and Lunatic
	Asylum
	1822 Age 37. Drake's colleagues vote to remove him as president and professor as a result of
	disagreements over direct of medical education. Plan for his treatise on the diseases of the
	Western country. First identified in 1822. In the third number of Godman's western quarterly
Lovington Ku	reporter
Lexington, Ky	1823 Age 38. Assumes Professorship of Medicine at Transylvania University. Eventually becomes
	Dean of Faculty.
Cincinnati, Oh	1825 Age 40. Wife Harriett Sisson Drake dies Sept 30 th age 37yrs (18 yrs of marriage) in Cincinnati
on	before fall term at Transylvania University. Drake becomes a single parent with children ages 14, 8,
	& 6. Cincinnati College closes after 6 years. Medical College of Ohio continues.
	1827 Age 42. Returns to Cincinnati joins with Dr. Guy W. Wright to establish and edit <i>The Western</i>
	Medical and Physical Journal. Establishes the Cincinnati Eye Infirmary with special attention to eye
	care needs of the poor. He again publicly announces book project March 1827
	1828 Age 43. Starts a new medical journal as sole editor and publisher, <i>The Western Journal of the</i>
	Medical and Physical Sciences the Dogwood bloom as emblem and motto—E sylvis, aeque atque ad
	sylvas, nuncius (Out of the forest, as well to the forest, the messenger). Published continuously
	every month through June 1838; resumed in 1839 in Louisville as The Western Journal of Medicine
	and Surgery and he served as editor through 1849. Suffers severe burns to his hands while
	attempting to save, unsuccessfully, his sister-in-law whose bed caught on fire; hands are
	permanently scarred.
	1830. Age 45. Accepts Professorship at Jefferson Medical College in Philadelphia; Lectures one
Philadelphia, PA	year—(2 volumes of lectures for this year at National Library of Medicine)
	1831 . Age 46. Returns to Cincinnati, initially seeks to form a new medical school with Miami
Cincinnati,	University, but initially is blocked by Medical College of Ohio faculty and he is asked to re-join the
ОН	faculty at the Medical College of Ohio which he does for one year.
	1832. Age 47. Resigns from Medical College of Ohio. Cholera epidemic. <i>Drake loses his father (Oct</i>
	14 th) and grandson to Cholera. Publishes A Practical Treatise on the History, Prevention and
	Treatment of the Epidemic Cholera and Practical Essays on Medical Education and the Medical
	Profession in the United States, the latter landmark volume on how to improve the training of
	physicians.
	1833 Age 48. Drake initiates private literary parties at regular intervals where local celebrities
	were invited. These parties were apparently instituted for the benefit of his children Charles,
	Elizabeth & Harriett. These continue until his daughters marry in 1839.
	1835 . Age 50. Cincinnati College is re-started with William McGuffey as president and a medical
	department is created with Drake as Dean. The Medical Department of Cincinnati College openly
	competes with the Medical College of Ohio with first graduating class in 1836 and lasts for 4 years.
	It closes due to lack of funds and a hospital for teaching. Drake experiences repeated attacks by
	his competitors from the Medical College of Ohio.

1836. Age 51. Once again 1836 Drake announces his plans for medical history of the West. At that time he realizes that "to travel as the only mode on which reliance can be placed [to gather data]. By visiting the principal localities on the great platform between the legs in the Gulf of Mexico, several important acquisitions can be made, either by direct personal observation, or by intercourse with gentlemen resident in different places." Drake travels to Indiana, Illinois, Missouri, Alabama, Tennessee, Kentucky and back to Ohio May through the summer. Following this trip, now too busy with his clinical work and teaching in the Cincinnati College to continue actively gathering information for his book.

1839. Age 54. Many faculty resign from the Medical Department of Cincinnati College due to

Louisville, KY

Travels back and forth to Cincinnati accepting a position as Professor of Clinical Medicine and Pathological Anatomy at the Louisville Medical Institute September 1839. November 9th delivers introductory lecture. Drake continues to maintain his official residence in Cincinnati. During the academic sessions of the Institute, he occupies an apartment in a college building at eighth and Chestnut streets.

closure of The Cincinnati Commercial hospital to the medical faculty. The Medical Department of Cincinnati College has graduated 388 physicians in 4 years. Drake relocates to Louisville after

During the winters in Louisville, he went at least once a month on weekends by both of his of his daughters who lived in Cincinnati.

Both daughters are married. Elizabeth marries Alexander McGuffey, a lawyer and brother of the originator of the famous McGuffey readers. Younger daughter Harriet Echo marries James Campbell, a business-man and meat-packer.

1840 Age 55. Drake is baptized in April at St. Paul's Church Episcopal Church in Louisville.1842. Age 57. Continues with research on his major work. Summer of 1842 when he surveys the Great Lakes and the bordering states.

1843. Age 58. After the winter session in 1842-1843 Drake travels to New Orleans in March. During this trip he also travels to Pensacola Florida where he tours the naval base. Visits the University in Tuscaloosa Alabama.

1844. Age 59. Spring of 1844 he starts southward again and travels to Mobile, Alabama and then returns to New Orleans. He continues traveling and visits Missouri, Illinois and the upper reaches of the Mississippi River through October 1844. This summer journey travels 6200 miles.

1845. Age 60. The vacation periods of 1845 and 1846 were spent in Cincinnati actively engaged in writing his book. He was described as being methodical in all that he did, worked at a large table, which was covered with open books, journals from every section of the country, and embryonic manuscripts in every stage of development, from scraps of field notes, up to the perfected copy for the hands of the publisher.

1847. Age 62. Summer of 1847 again seeking information in the field and on this trip he travels West Virginia, Pennsylvania, western New York and onto Quebec, Montreal and Toronto in Canada. He returns to Louisville in November 1847.

December 1847 wrote a series of letters to his children describing his boys boyhood in Kentucky later published in 1870 PIONEER LIFE IN KENTUCKY. A SERIES OF Reminiscential Letters TO HIS CHILDREN.

1848. Attends 2nd AMA convention in Baltimore.

1849 Age 64. March he resigns his professorship in Louisville due to nearing age of retirement, seeking more time for writing, returns to Medical College of Ohio after his nemesis there, Moorhead permanently returned to Ireland, to be closer to both daughters and grand-children, and because his magnum opus was to be printed in Cincinnati. Printing completed in April 1850.

He resumes his professorship at the medical College of Ohio in Cincinnati. In November 1849 gives an opening session discourse on medical education. Attends 3rd AMA convention in Boston.

Cincinnati

1850. Age 65. Drake resigned after that session and returned to the University of Louisville and taught for the next two years 1850-51 and 1851-52 sessions. Drake publishes *Principal Diseases of the Interior Valley of North America volume 1.* AMA meeting for 1850 was held in Cincinnati with the expectation that a member of the local

committee would be the next president of the AMA. Drake declined the nomination and in his place Dr. Ruben Mussey was then elected as the president of the association. At the convention Drake was lauded for his book on the *Diseases of Mississippi Valley* and was reported that he actually wept during this ovation.

In the summer of 1850 he spent in Cincinnati was busily engaged in writing second volume of his diseases of the Mississippi Valley. Drake becomes very interested in the slavery issue. **1851** Age 66. January writes a letter to the Ohio State convention on slavery. In April *Letters to John Warren on Slavery* were published.

Drake attends the AMA meeting in Charleston, SC.

Late in 1851 Drake fathers the Cincinnati Medical Library Association giving more than 100 volumes as a nucleus of the collection.

1852. Age 67. Drake opens the Library's reading rooms with two addresses. The first on January 9th entitled, "Early physicians, scenery and society in Cincinnati." The second discourse January 10, 1852 on "The origin and influence of medical periodical literature and the benefits of public medical libraries."

Early 1952 Drake had resigns his professorship in the medical department of University Louisville, to accept the position at the medical College of Ohio in Cincinnati.

Drake attends AMA convention in Richmond, Virginia.

Fall of 1852 Drake returns once again to Cincinnati to lecture. On the evening of October 26, 1852 Drake suffers severe, protracted chills. In spite of this he was at the hospital and in the lecture hall the next morning. On the evening of October 27 another chill and the next day he was too weak to leave home. In addition to his coughing, a pain in the right lower chest, an irregular heart and he had almost constant intense frontal headache. He bled himself to produce fainting and then other physicians discovered inflammation in the right ling and they proceeded to take a half a pint of fluid (blood/empyema) from the painful area of the chest. Sunday, October 31, 1852 talking was very difficult, and he signed his will though he was extremely weak. Monday, November 1, 1852 he was much weaker and he expressed the desire to live to finish his book. By the next day November 2 he had lost that will to finish and he expressed that death would be most welcome. **He died** at 6PM on Friday **November 5th, 1852.** The funeral was on the Wednesday November 10 Wednesday in Cincinnati at Christ Church. He was then buried by his wife in Spring Grove cemetery in Cincinnati.

1854. Volume 2 of his unfinished treatise, *Principal Diseases of the Interior Valley of North America,* is published posthumously.

Daniel Drake Medical School Affiliations and Years

William Goforth, MD Apprenticeship ages 15-19 Student Cincinnati, Ohio 1800-1804 (4 yrs) University of Pennsylvania Student 1805-1806, 1815-1816 (2 yrs) Transylvania University 1817-1818, 1823-1827 (5 yr) Medical College of Ohio 1819-1822, 1831-1832, 1849-1850, 1852 (½ yr) (5 ½ yrs) Jefferson Medical College 1830-1831 (1 yr) Medical Department of Cincinnati College (1835-1839) (4 yrs) Louisville Medical Institute 1839-1849, 1850-1852 (12 yrs)

From 1817 to 1852 he was involved in medical education, except for the years 1832-1835: a total of 33 years as an educator. He was a student for 6 years He practice medicine for 1804-05, then 1806-1815 to 1816-1852, a total of 46 years.

Cincinnati, OH

Becoming a Master Physician Spring 2022

Tuesday & Thursdays 2:00-3:30PM

WEEK	Lecture/	Date	Topic / Learning Objectives	Student Pre-session	Student Session Assignments
	Location			Preparation	
	L1	T Jan 11,	Introduction: Course Overview	Course Syllabus	
		2022	Course Logistics: method; sessions;		
	ALL	2-3:20PM	assignments; grading	Assigned Readings:	
	sessions in		Readings; reflections; discussions; writings	"Mastery"-Green p24 "Learn from the Masters" Bliss p52.	
	MSB 4306:		1. Define Mastery.	To Be a Doctor": Ibanez P31-32.	
	Robert &		2. List the three stages of mastery and describe the	"Learning a Big Idea": Freeling &	Begin Thinking about a Master Physician for
	Myfanwy		characteristics of each stage.	Harris p 54	your Paper.
	Smith		3. Explain how studying the lives of Masters is valuable for understanding how mastery is achieved in a given		
	Conference		discipline.		Discussion: Asking great questions
<1	Room		4. Explain how the fixed vs growth mindset arguments		What makes a great question?
WEEK 1			would answer the question, "Is Mastery within the reach		
3			of everyone or just a few?"		
	L2	TH Jan 13,	The Nature of Medicine:	Becoming a Master	Reflection Paper (1): Questions Exercise. Using
		2022	Medicine as an Art Based on Science	Physician	the definition of the art of medicine and your capacity for curiosity generate a list of 5 questions for each element <u>or</u>
		2-3:20PM	5. List the six criteria that define an art and discuss how	Section 1	20 questions for one theme—questions you would like to
			medicine meets those criteria.	Assigned Readings: "Medicine: An Art Based on Science"	learn by studying that element—patient, physician,
				Peabody p33. "Junto Blub" :Franklin Handout	physician-patient relationship, medical ethic, works of care
			Student Introductions: "Junto" Building		(how physicians provide care), outcomes
			Exercise: How to Make Toast		
					TAKE HOME: Complete the Emotional
					Intelligence Inventory
	L3	T lon 19	The Nature of Medicine: A Conceptual Model	Finish Spatian 1	Evalere pessible individuals for your pener
	L3	T Jan 18, 2022		Finish Section 1 Assigned Readings	Explore possible individuals for your paper.
			for the Art of Medicine/Map of Medicine6. Draw a map of the territory of medicine showing the	5 5	
		2-3:20PM	6 elements needed to define medicine as an art.	"Charting a Way"-Gibson p29	
			7. Define the art of medicine.	Stevenson p73 Cassel p 182	INVENTORY
			8. List the six elements in the art of medicine model,	Paget p190	
			describe or draw the specific symbol, and match the tag-	Peabody p267 Smilkstein p 267	Close Reading: What is close reading? What
2			line for each symbol. Explain what the tag lines mean?	Pellegrino p315	skills are required? Gibson: Charting the Territory
WEEK				Brody p346 Stoeckle p370	
3		TU Ia a 20	The Dhusisian In First Standard First Standards	Blumenthal p436	
	L4	TH Jan 20,	The Physician In Five Stages: Five Stages to	Becoming a Master	Reflection Paper (2): Why do you want to become a doctor? Or your chosen field? Albert Schweitzer and Ann
		2022	Mastery 9. List the stages on the way to becoming a Master	Physician	Hearn encountered resistance to this career choice from
		2-3:20PM	Physician and provide a minimum of 4 milestones or	Section 2 Assigned Readings	their family and friends. If encountered describe any
			characteristics that occur in each stage.	Osler p70 The Stages	obstacles along the way and how you have had to
			Discussion Mentors. Think of Mentors you may	Sapira et al p58 The Importance	overcome them.
			have or have had in the past as you answer these:	Becoming a Master	

			 9. Describe the functional role(s) of mentors? 10. Can identity how to identify potential mentors and describe how to effectively engage a potential/prospective individual who can mentor you? The Physician Stage 1: Premedical Stage What is to be learned that will be helpful in Mastery? What is the purpose of this stage? 10. Describe the specific milestones associated with the 1st stage, the premedical years. 11. Can identify the methods used to learn in the 1st stage. 12. Describe the domains of emotional intelligence and explain how emotional intelligence relates to becoming a master physician? 	Physician Section 2 Assigned Readings Fearn p791 just had Selzer p82 Choosing To Become Goleman p85 Defining Emotional	Narrow down choices of an individual for your paper and begin to compile a list of possible source materials.
Week 3	L5	T Jan 25, 2022 2-3:20PM	 The Physician Stage 2: Medical School What is to be learned that will be helpful in Mastery? 13. Describe the specific milestones associated with the 2nd stage, Medical school. 14. Can identify the methods used to learn in the 2nd stage. The Medical School Curriculum: Explicit and Hidden <i>Discussion</i> Measuring Your Emotional Intelligence Can emotional intelligence be improved? If so, how? The Physician Stage 2: Medical School and The Fundamentals of Doctoring Nearly every discipline has set of fundamentals that must be practiced with feedback such that they become habit. 15. List the 10 fundamentals of doctoring and describe/define each step. Explain why these 10 steps are the fundamentals of doctoring? <i>Discussion</i> 3. What factors are considered when selecting a medical specialty? What is most important? 	Becoming a Master Physician Section 2 Assigned Readings Becker p97 The First Year Huntington p99 Development of Hunter p104 Learning and Mastering Placemat on p86 Introduction to the Clinical Method: The Fundamentals of Doctoring. Assigned Readings Diller: The Clinical Method Handout	
	L6	TH Jan 27, 2022 2-3:20PM	The Physician Stage 3: Residency and Fellowship -Medicine has grown in the number of specialties. A look back and coming forward. What are the specialties? The big divide: Medicine/Surgery 16. Describe the specific milestones associated with the 3 rd stage, Residency and Fellowship. 18. Can identify the methods used to learn in the 3 rd stage.	Becoming a Master Physician Section 2 Assigned Readings Gregg p115 Responsibility Teaches Nuland p119 Cushing's First Day Leach p123 Defining a Framework	DECIDE ON MASTER PHYSICIAN FOR YOUR PAPER Reflection (3) Fundamentals of Doctoring. The fundamentals of doctoring include 10 steps and it takes "deliberate practice" for 10,000hrs to achieve mastery. How can an undergraduate student begin to practice the 10 steps?

	L7	T Feb 1, 2022 2-3:20PM	The Physician Stage 4: The First Years in Practice: Getting to 10,000 Hours Methods17. Describe the specific milestones associated with the 4 th stage, the first years in practice.18. Can identify the methods used to learn in the 4 th stage.19. Choose the correct stage in becoming a Master physician when the person reaches 10,000 hours of practicing the fundamentals of doctoring.20. Describe what it mean to "debrief" clinical 	Becoming a Master Physician Section 2 Assigned Readings Osler p127 Recognize the importance Paget p128 Learning From Wilson p136 Patient Centered/ Jehgers p144 Basic Premises	<mark>Turn in the name of the Master Physician you</mark> have chosen for your paper and provide primary source.
WEEK 4	L8	TH Feb 3, 2022 2-3:20PM	 doctoring, the "patient-based monitoring step"? At what stage of becoming a master physician is this process most important and why? The Physician Stage 5: Master Physician 21. Describe the specific milestones associated with the 5th stage, Master Physician. 22. Can identify the methods used to learn in the 1st stage. Wrap up of Stages of Becoming a Physician Illustrates—stages exist; for every discipline what are the stages? 	Back, Arnold & Tulsky p 146 Approaches to Learning Stewart & McWhinney p151 Progression to Become Becoming a Master Physician Section 2 Assigned Readings Default p158 The Heart of Banks p162 What is a Good Doctor Nuland p162 A Master Physician Paget p169 Potential Outcomes Kobler p169 Story of Edward Jenner	Reflection (4): Self-Education. The first five years of practice is often called the physician's probationary period. A critical method for ongoing development in this stage is self-education. Choose either A or B for your reflection topic A. Describe the various ways physicians in this stage educate themselves and how these ways are different from formal education such as medical school or residency B. Why is self-education after the formal education necessary to acquire mastery?
WEEK 5	L9	T Feb 8, 2022 2-3:20PM	Master Physician: Osler & A Way of Life In mastery—you must know of those who created your field? What animated them? What struggles did they have? How did they become so successful? What were their work habits? 23. For Sir William Osler discuss the formative experiences, approach to self-education, and the mentors that contributed to his becoming a Master Physician. He was best known (legacy) for what scholarly effort? Discussion 4. Life Lessons from A Way of Life by Sir William What new lesson(s) about time management could you apply from Sir William Osler's A Way of Life and how will this/these help you?	Becoming a Master Physician Section 2 Read before class: A Way of Life by Sir William Osler Handout	

	L10	TH Feb	Student led discussions:		Class Participation
	210	10, 2022	1. How do you decide on specialty choice? What are		
		2-3:20PM	factors?		No Reflection
			2. How do you decide on a career path in academia		Work on Your Paper
			(teaching/research) or in the community (clinical practice)?		
			3. What social responsibility/covenant does a physician		
			have to the community?		
			4. What keeps a doctor from "burning out"?		
		T Feb 15,	The Patient as Person: Human in Five	Becoming a Master	
		2022	Dimensions (Placemat)	Physician	
		2-3:20PM	Doctors are students of Man. What is man?	Section 3	
			What is a human being?	Assigned Readings Cassel p182 "A Brief Tour "	
				Remen p187 The Meaning In	
			24. List the 5 dimensions of a human being and describe how	Williams p188 Acquiring the Deeper	
			systematically using the "lens" helps a physician in constructing and understanding a patient's life story?		
	L11	TH Feb	The Patient as Person: Chronological and	Becoming a Master	Reflection (5) Dimensions of a Human Being.
		17, 2022	Physical & Psychological Dimensions	Physician	Patients are human beings. Some view the doctor's task as
WEEK 6		2-3:20PM	25. Can define the chronological dimension (seasons of life) of a	Section 3	making the diagnosis and so the primary focus is on what is
VEB			person. 26. Can define the physical dimension of a person	Assigned Readings	physically wrong with the patient. Human beings are more than a body and can be parsed into different dimensions:
>			27 Can define the psychological dimension of a person	Levinson p191 The Human Life-Cycle Cannon p194 The Wisdom of the Body	physical, psychological, spiritual, social and even
				Cairns p199 Assessing the Personality Maslow p197 Maslow's Hierarchy	chronological. Discuss how this knowledge of the other
			Discussion Hour 5. Why is it important for a	Waslow pisz Waslow s merarcity	dimensions of a human being is relevant in the care of the
			physician to be familiar with all the		patient? Or if you disagree, argue why not.
			dimensions of a human being?		Should the practice of medicine focus primarily on the physical and leave the other dimensions to the appropriate
					"experts?"
			28. Explain how the knowledge of each dimension used		
			in the care of the patient? Illustrate by offering one		
			example of how specific information in each dimension is used in the care of the patient.		
	L12	T Feb 22,	The Patient as Person: Spiritual and Social	Becoming a Master	
		2022	Dimensions & the Person as Patient Role	Physician	
		2-3:20PM	29. Can define the social dimension of a person	Section 3	
			30 Can define the spiritual dimension of a person	Assigned Readings	
				Moos & Schaefer p206 Patients Respon	
WEEK 7				Canby-Robinson p226 The Circumstances	
/EE				Cabot p225 Spiritual Awareness	
5				Peck p228 Meaning In a Person's Billings & Stoeckle 238 Patients	
				Should Kahana & Bibring p247 Patient Styles	
	L13	TH Feb	MID-TERM EXAM		
		24, 2022			
		2-3:20PM			

		T Mar 1	The Dhyrician Dationt Palationship, Using a	Peroming a Master	
		T Mar 1,	The Physician-Patient Relationship: Human	Becoming a Master	
		2022	Relationships 31. List up to 5 basic human needs met by social relationships.	Physician	
		2-3:20PM	32. List the 5 levels of knowing and connecting with another		
			human being—define each level.		
× 8					
WEEK 8	L14	TH Mar 3,	The Physician-Patient Relationship: Structure	Section 4	Reflection (6) Physician-Patient Relationships.
3		2022	and Function	Assigned Readings	How are relationships with a medical student different
		2-3:20PM	33. Explain the functional purpose of the physician-patient	Szasz & Hollender p279 Models of Back, Arnold & Tulsky p275 Basic Prin	from that of a patient's physician? What can a medical
			relationship? Explain the "medium" of the relationship?	Balint p292 A Way to Describe	student do to establish a therapeutic relationship with a
			34. Outline the assets that build up as physician-patient relationships mature and explain why these are considered	Freeling & Harris p295 Recognizing What You Hope	patient?
			assets of value in physician-patient relationships?		
	L15	T Mar 8,	The Physician-Patient Relationship: The	Becoming a Master	
		2022	Metaphor of the Bridge	Physician	
		2-3:20PM	35. Compare and contrast the features of functional and	Section 4	
		2 01201 111	dysfunctional physician-patient relationships.	Assigned Readings	
			36. Describe the normative behavior expected of physicians	Rotter & Hall p275 Getting Started	
			and patients when they engage in clinical encounters. 37. Describe the 5 types of exchanges and bids that are made	Rotter & Hall p287 Negotiations Suchman & Matthews p294	
			in physician-patient relationships. Explain why is it important	Exchanges Byrne & Long p285 Doctor Centered	
			to manage all of these in physician-patient relationships?	Stewart & Weston p286 Studying,	
			38. Contrast the difference between patient-centered and doctor-centered communication. Describe what makes them	Saultz p290 Continuity In	
			different?		
			39. Define patient continuity? Describe the different types of	Read before class The	
			continuity that occur in medicine? Explain how continuity change/influences what physicians do in	Care of the Patient by	
			the care of the patient? Provide an example.	Francis W. Peabody	
			40. Describe with a table the 4 types of physician-patient		
6			relationships based on continuity and style of communication?		
WEEK 9			Give an example of each style that occurs in the practice of medicine and the situation it typically occurs.		
Ň			<i>Discussion</i> 6. How does a physician create		
			effective relationships with patients?		
	L16	TH Mar	The Medical Ethic: Oaths, Duties and	Becoming a Master	No Reflection
	110	10 2022	Principles	Physician	No heneedon
		2-3:20PM	41. Describe how is medicine a moral enterprise? What	Section 5	
		2-3.209101	makes it so?	Assigned Readings	
			42. Summarize the five features of physician-patient	Hippocrates p311 The Oath	
			relationships that makes medicine a moral enterprise	Mainmonides p311 The Oath Pellegrino p315 The Moral	
			according to Pellegrino?	Brody p317 Ethical Decisions	
			43. List and define the six core principles of medical	Beauchamp & Childress p324 Relationship of the Principles	
			ethics.	,	
			44. Compare and contrast how the medical ethic is different from the business ethic?		
			45. Identify the ethical principles included in the Oath		
			of Hippocrates, the oath of Maimonides?		
			,		

			SPRINGBREAK WEEK		
cH re)			MARCH 14- MARCH 20, 2022		
WEEK 10 (TCH Palliative Care)					
11	L17	T Mar 22, 2022 2-3:20PM	The Medical Ethic: The Virtuous Physician Virtues. What are they? A Physician's Character46. Decide if character matters in becoming a master in a chosen field? Choose those virtues that will facilitate the acquisition of Mastery? Define a virtue? Explain the process of how an individual become virtuous?47. List 5 character traits that would be of value to a physician and explain why they are of value in the practice of medicine?48 Define professionalism as it relates to medicine? Discussion 7. a. How does a physician resolve ethical dilemmas in practice?b. Does physician character matter? Why or	Becoming a Master Physician Section 5 Assigned Readings Pellegrino & Thomas p326 Virtue or Drake p330 Exercise Good Hutchison p332 A Fairy's Gifts Pellegrino & Thomasma p334 Compassion Osler p337 Aequanimitas Pellegrino & Thomasma p340 A Master Physician Chart on page 345	Complete an outline for your paper Reflection (7) Medical Ethic. How is the profession of medicine protected or preserved by physicians adhering to high ethical standards and managing the principles of the medical ethic? What would happen to the practice of medicine if these high standards and principles were not followed consistently?
Week 11	L18	Th Mar 24, 2022 2-3:20PM	Why not? The Medical Ethic: Tensions, Dilemmas and Clinical Wisdom Ethical Dilemmas: Common One method for resolving ethical dilemmas Ethical Cases 49. When resolving an ethical dilemma: Set up the problem statement (Modified Brody Statement) List the four additional considerations that factor into resolving ethical dilemmas that arise in medical practice. Examine why ethical dilemmas occur? In the following ethical dilemma: List the ethical principles that are involved and in tension? 	Becoming a Master Physician Section 5 Assigned Readings Brody p346 A Method to Frame Pellegrino & Thomasma p347 The Character of Billings & Stoeckle p355 Ethical Dilemmas	
Week 12	L19	T Mar 29, 2022 2-3:20PM	Works of Care: Defined and Introduction to the Works of Care Palette What is care? What are the ways doctors care for patients? How to categorize works of care	Becoming a Master Physician Section 6 Assigned Readings Callahan p372 Levels of Caring	Reflection (8) Caring. Sometimes there are situations where medicines or surgery have little impact on the course of a disease (e.g., viral illness, or end of life) or a patient may choose not to use conventional medicine and some physicians find this situation challenging and uncomfortable. Why do you think this is so for some

			 52. Define caring? Discuss what makes care meaningful to the patient? 53. List and define the four levels of caring according to Callahan? 54. List 5 types of works of care and provide two examples of each type. Discussion: How patients and doctors select what works of care? 55. Discuss why one physician selects certain problems to treat while another physician treating the same patient will selects other problems to treat? 	Remen p374 Finding a Way Stoeckle p370 Shadowing the Doctor	physicians? What are the "other ways to care" for a patient? Cite example from text
	L20	Th Mar 31, 2022 2-3:20PM	 Works of Care: Selecting Works of Care to Create Care 56. Discuss the potential positive benefit arises when a physician uses creativity to treat a patient? Explain when is it appropriate to use creativity in the care of a patient? 57. Explain why listening is such a critical component of doctoring? Explain why listening is the most common complaint of physicians by patients—that is, "My physician does not listen to me." 58. Explain what it means to heal someone? Summarize what can physicians do to promote healing in a patient? 	Becoming a Master Physician Section 6 Assigned Readings Henderson p377 Listening Lown p378 both selections Remen p379 The Power of Selzer p382 Addressing the Patient's Glenn p388 The Traditional View Balint p391 Making a Diagnosis	
	L21	T April 5, 2022 2-3:20PM	Works of Care: Creativity and Care. How does a physician create care unique for a patient? Group: Prepare an Outline of how that is done.	Becoming a Master Physician Section 6 READ IN CLASS-May Preview Freeling & Harris p54 The Power of Remen p394 Getting at the Healing Ross p394 Helping Patients Learning Lown 395 An Optimistic Physician Cassel p397 Functioning as a Healer Remen p398 An Invalid or Warrior? Frankl p399 Facilitating the Meaning Balint p402 A Prerequisite for	Reflection (9) Works of Care. Creativity is a hallmark of mastery. Medicine is an art based on science. When and how is the practice of medicine creative? How does a doctor learn creativity in medicine? How can a physician be creative in a masterful way? Provide an example.
WEEK 13	L22	Th April 7, 2022 2-3:20PM	Outcomes of Care: The Physician's Masterpiece & A Taxonomy of Outcomes 59. Discuss the meaning of the painting, "The Doctor" painted by Sir Luke Fildes? Explain what it communicates about doctoring? 60. List 5 different types of health outcomes and give an example of each? 61. Describe the value of measuring specific health outcomes? 62. List the specific outcomes of care that matter to: patients? Physicians? Health service researchers? Hospital administrators? Health policy planners? Employers?	Becoming a Master Physician Section 7 Assigned Readings Outcomes Placemat p428 Evans & Stoddard p431 Defining the Berwick p439 Improving Quality of	

	L23	T April 12,	Outcomes of Care: How Good Outcomes are		Reflection (10) Getting to Good Outcomes. You
		2022	Created By The Physician	Becoming a Master	are a physician and considering job offers in two different
		2-3:20PM	63. List and describe the determinants of specific	Physician	health systems. Both systems have the same goal: achieve
			health outcomes?	Section 7 Assigned Readings	high quality care that is publically reported. One system focuses on getting rid of "bad apples" (underperforming
			64. Define value? List the specific terms in the value	Evans & Stoddard p433 Outcomes Are	physicians) while the other system focuses on improving
			equation. 65. Explain why outcomes of care vary? List and	Rose p434 Human Nature Blumenthal p436 Variation in the	the system where the physicians work. Which place would
			describe the sources of variation common to health outcomes?	Christakis p444 <i>The Difficulty</i> IOM Committee p445 <i>Systems of Care</i>	you want to work and why?
			66. Answer the question, "Can variation in health care	Saultz p451 Continuity of Care	
_			be reduced? If so, how?" Describe a process (series of	Balint p455 The Pharmacology Brody p460 The Patient's Perception	
WEEK 14			steps) to reduce health care variation and improve the	Frankl p461 Outcomes: A person's	
X H			quality of care.	Dugdale et al p462 A Plan to Enhance Stewart p464 Elements of Effective	
Ň			67. List those behaviors consistently done by a physician in patient encounters that are more likely to		
-			lead to good health outcomes?		
			Discussion Hour . What are the determinants		
			of the outcomes of care?		
	L24	TH April	Outcomes of Care: Intentional Design for	Paper Due	
		14, 2022	Health Systems and Communities	Friday April 15 th at	
		2-3:20PM	68. List the steps in the Intentional Design model?	Midnight	
			69. Provide an example of how intentional design has		
			been used to promote healthy communities.		
			70. List the nine health promoting behaviors from the Blue Zones study?		
5	L25	T April 19,	Master Physician Oral Presentations	Review Rubric	
×.		2022	Each student gives a 8-10 minute oral		NO REFLECTION
WEEK 15		2-3:20PM	presentation		
_	L26	TLLApril	Master Dhysisian Oral Presentations	Deceming a Master	
	LZO	TH April	Master Physician Oral Presentations	Becoming a Master	
		21, 2022		Physician	
		2-3:20PM	The Deed to Deceme a Master Dhusisian	Section 1 Reprised	
			The Road to Become a Master Physician		
			Reprised: <i>A Dozen Principles</i> 71. Define mastery? Build a convincing argument that		
			Mastery a process open to the		
			majority of people.		
			72. List and define the 12 principles that lead to		
		TAnnil			
16		T April , 2022	END OF COURSE EXAM WEEK		
Š		TBD p.m.	Saturday April 23-Thursday April 27, 2022		
Week 16		100 p.m.	EXAM APRIL TBD		
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Students Spring 2022

Email Class list:

hudelsef@mail.uc.edu;