University of Cincinnati College of Medicine

Healthy Communities Pathway

Pathway Logistics

- **Pathway Co-Directors:** Salima Sewani, MD | Alice Mills, MD, MPH
- **Pathway Coordinator:** Rhia Pratt MEd, Office of Student Affairs
- **Number of Students per Year:** Up to 8 students/year (beginning Academic Year 25-26)

Purpose of Interdisciplinary Pathways

- At the University of Cincinnati College of Medicine (UCCOM), in addition to training students to be excellent clinicians, these optional Pathways allow students to explore their passions and begin preparing for the multiple roles they may take on in their future careers.
- These Pathways provide medical students with formative experiences for professional development, a sense of community, and mentorship in a longitudinal and interdisciplinary manner.

Healthy Communities Pathway Goal

- To provide UCCOM medical students with enhanced knowledge, skills, and experiences that equip and inspire them to better care for their communities and partner with their communities to improve health outcomes for all.

Learning Objectives

By the end of the Healthy Communities Pathway, students will be able to:

1) Identify the multiple factors that affect the health and well-being of individuals and communities
2) Understand how to assess and compare the health status of communities, both locally and nationally
3) Recognize and learn methods to connect with partners inside health systems and across communities
4) Develop competencies for evaluating policies for their potential effects on health outcomes and to inform future approaches
5) Describe steps and tools for participating in community-engaged research
6) Define core vocabulary, concepts, models, theories, and frameworks underpinning population health promotion in and across communities

Pathway Timeline

Requirement	Total
Didactics	15 hours
Experiential	10 hours
Community Service or Leadership	10 hours
Project/Mentorship	180 hours (can be completed over M1-M2 Summer of longitudinally)
Mentorship	Ongoing from M1 to M4

M1 Spring	
Requirement	*March-May*
Didactics	4 hours approximately
Experiential	2 hours approximately
Community Service or Leadership	2 hours approximately
Project/Mentorship	Identify Project Mentor and establish recurring meetings

M1- M2 Summer	
Requirement	*June-July*
Didactics	3 hours approximately
Experiential	4 hours approximately
Community Service or Leadership	4 hours approximately
Project/Mentorship	Progress ongoing with check-ins as needed

M2 Year	
Requirement	*August-February*
Didactics	8 hours approximately
Experiential	4 hours approximately
Community Service or Leadership	4 hours approximately
Project/Mentorship	If completed: plan to present project at a conference or other venue
	If ongoing: continue with project and check-ins as needed

M3 Year	
Requirement	*As Needed*
Didactics	
Experiential	Attendance optional
Community Service or Leadership	
Project/Mentorship	If completed: plan to present project at a conference or other venue
	If ongoing: continue with project and check-ins as needed

M4 Year	
Requirement	*As Needed*
Didactics	Lead pathway session for Phase 1 IMPAcT students
Experiential	
Community Service or Leadership	Completed: attendance optional
Project/Mentorship	If not done already, present project at a conference or other venue