



## *University of Cincinnati College of Medicine*

### **Healthy Communities Pathway**

#### **Pathway Logistics**

- **Pathway Co-Directors:** Salima Sewani, MD | Jones, Margaret, MD, MS
- **Pathway Coordinator:** Rhia Pratt MEd, Office of Student Affairs
- **Number of Students per Year:** Up to 8 students/year (beginning Academic Year 25-26)

#### **Purpose of Interdisciplinary Pathways**

- At the University of Cincinnati College of Medicine (UCCOM), in addition to training students to be excellent clinicians, these optional Pathways allow students to explore their passions and begin preparing for the multiple roles they may take on in their future careers.
- These Pathways provide medical students with formative experiences for professional development, a sense of community, and mentorship in a longitudinal and interdisciplinary manner.

#### **Healthy Communities Pathway Goal**

- To provide UCCOM medical students with enhanced knowledge, skills, and experiences that equip and inspire them to better care for their communities and partner with their communities to improve health outcomes for all.

#### **Learning Objectives**

By the end of the Healthy Communities Pathway, students will be able to:

- 1) Identify the multiple factors that affect the health and well-being of individuals and communities
- 2) Understand how to assess and compare the health status of communities, both locally and nationally
- 3) Recognize and learn methods to connect with partners inside health systems and across communities
- 4) Develop competencies for evaluating policies for their potential effects on health outcomes and to inform future approaches
- 5) Describe steps and tools for participating in community-engaged research
- 6) Define core vocabulary, concepts, models, theories, and frameworks underpinning population health promotion in and across communities

## Pathway Timeline

| Requirement                     | Total  |
|---------------------------------|--|
| Didactics                       | 15 hours   |
| Experiential                    | 10 hours   |
| Community Service or Leadership | 10 hours   |
| Project/Mentorship              | 180 hours (can be completed over M1-M2 Summer or longitudinally) |
| Mentorship                      | Ongoing from M1 to M4  |

| M1 Spring                       |  |
|---------------------------------|--|
| Requirement                     | March-May  |
| Didactics                       | 4 hours approximately                                    |
| Experiential                    | 2 hours approximately                                    |
| Community Service or Leadership | 2 hours approximately                                    |
| Project/Mentorship              | Identify Project Mentor and establish recurring meetings |

| M1- M2 Summer                   |   |
|---------------------------------|---|
| Requirement                     | June-July                                 |
| Didactics                       | 3 hours approximately                     |
| Experiential                    | 4 hours approximately                     |
| Community Service or Leadership | 4 hours approximately                     |
| Project/Mentorship              | Progress ongoing with check-ins as needed |

| M2 Year                         |  |
|---------------------------------|--|
| Requirement                     | August-February  |
| Didactics                       | 8 hours approximately  |
| Experiential                    | 4 hours approximately  |
| Community Service or Leadership | 4 hours approximately  |
| Project/Mentorship              | If completed: plan to present project at a conference or other venue |
|                                 | If ongoing: continue with project and check-ins as needed            |

| M3 Year                         |  |
|---------------------------------|--|
| Requirement                     | As Needed  |
| Didactics                       | Attendance optional  |
| Experiential                    |  |
| Community Service or Leadership |  |
| Project/Mentorship              | If completed: plan to present project at a conference or other venue |
|                                 | If ongoing: continue with project and check-ins as needed            |

| M4 Year                         |   |
|---------------------------------|---|
| Requirement                     | As Needed   |
| Didactics                       | Lead pathway session for Phase 1 IMPAcT students                    |
| Experiential                    |   |
| Community Service or Leadership | Completed: attendance optional                                      |
| Project/Mentorship              | If not done already, present project at a conference or other venue |