



Finding Your Niche as a UC MSTP Graduate Spring 2026 Retreat

OHIO STATE BILL 1

This UC MSTP Retreat focuses on MD-PhD career pathways, not positions. The retreat specifically does not promote or encourage advocacy on specific controversial public policy topics. Disclaimers This seminar does not advocate for or against any specific policy or political position. The content is intended for academic exploration of MD-PhD career pathways and compares the key features of physician-scientist careers across sectors, including typical responsibilities, training pathways, and opportunities for impact. The views expressed and by individual speakers are their own and do not represent the views of the University of Cincinnati, Cincinnati Children's, or the UC MSTP Program. This seminar is for educational purposes only and does not endorse any political, ideological, or policy position nor does it encourage participants to engage in advocacy for any specific topics. Participants are encouraged to consider and express multiple perspectives and engage in critical, respectful dialogue.

RETREAT GOALS

1. Describe diverse career pathways available to MD-PhD graduates, including roles in government, industry, and clinically focused careers.
2. Compare key features of physician-scientist careers across sectors, including typical responsibilities, training pathways, and opportunities for impact.
3. Apply practical advice from senior medical students to navigate transitions in training, particularly the return to clinical rotations and preparation for residency, and balancing academic, clinical, and personal priorities.
4. Reflect on personal career interests and identify potential next steps for exploring career paths aligned with values, skills, and evolving long-term goals.

RETREAT AGENDA

Disclaimer: Views and opinions expressed at this retreat are those of the speakers and do not necessarily reflect the views or positions of the UC MSTP.)

10:00 AM: Arrive and park in the Kingsgate Garage, connected to the Graduate Cincinnati Hotel.

10:15 – 10:30 AM: Take elevator to the ballroom and sign in. Pick up name tag and parking voucher. *(Parking vouchers will not be available after sign-in.)*

10:30 – 10:35 AM: Welcome & Intro *(Students will sit at their first assigned Pearls of Wisdom table)*

- Donald Gilbert, MD, MS – Associate Director, MSTP
- Jenny Rindler Fridrich, MBA – Administrative Program Director, MSTP
- Mike Brown – Program Manager, MSTP



10:35 – 11:30 AM: “M4 Pearls of Wisdom”

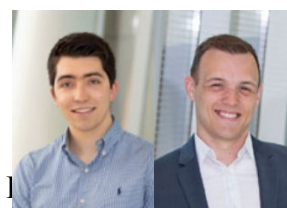
- **M4s:** Pablo Alarcon, Amanda McGann, Tiffany Shi, Joseph (Jake) Stevens, and Zach Watkins
- **Format:** M4-led discussions/advice in breakout groups – two different 15-minute sessions, followed by “M4 Final Words of Advice” joint presentation



11:30 AM – 12:00 PM: Lunch *(Students will sit at open seating)*

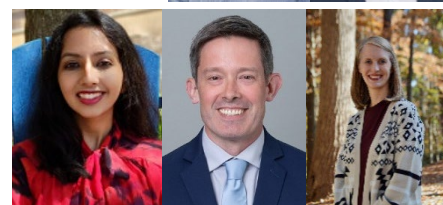
12:00 – 1:00 PM: Student-Led M4 Roast

- **MCs:** Alex Feldman, M3 and Ethan Adkins, G6



1:10 – 2:00 PM: “From MSTP into Big Data Systems in Government Agencies and Industry”

- **Introduction:** Akshata Rudrapatna, G3
- **Presenters:** Rob Hufnagel, MD, PhD; Kristina Betz, MD, PhD
- **Format:** 30-minute virtual panel, followed by 15 minutes of Q&A



2:00 – 3:00 PM: “From MSTP into Industry”

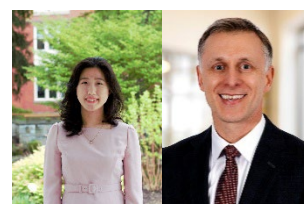
- **Moderator:** Akshata Rudrapatna, G3
- **Presenters:** Loren Pena, MD, PhD; Fatima Rangwala, MD, PhD; Reshma Rangwala, MD, PhD
- **Format:** 45-minute virtual panel, followed by 15 minutes of Q&A



3:00 – 3:15 PM: Break

3:20 – 4:00 PM: “From MSTP MD PhD into Clinical Excellence”

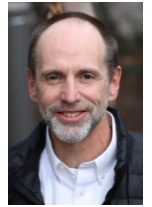
- **Introduction:** Ellie Kim, G1
- **Presenters:** Gregory Egnaczyk, MD, PhD, FACC
- **Format:** 30-minute presentation, followed by 15 minutes of Q&A





4:00 – 4:30 PM: Wrap Up, Survey, & Program Awards

- Donald Gilbert, MD, MS – Associate Director, MSTP



4:30 PM: Event Concludes

THANK YOU FOR COMING!

MSTP Enrichment Committee

Don Gilbert, Olivia Gittens, Ellie Kim & Akshata Rudrapatna

