



# Trauma Informed Care in Homeless Shelters

Improving the consistency of trauma informed care training  
across homeless shelter staff

## Overview

### Why do we need trauma-informed care?

More homeless women report childhood physical abuse, childhood sexual abuse, adult physical abuse, previous sexual assault, and a history of mental illness.

According to the Greater Cincinnati Homeless Coalition, 29% of homeless individuals have severe mental illness and 17% were victims of domestic violence.

Violence towards vulnerable populations is especially common, specifically towards those who identify as LGBTQIA+.

When experiencing homelessness develop PTSD at rates far exceeding the general population.

**Re-traumatization in homeless shelters is extremely common.**

## The Primary Objective

Objective	Our Idea
Since training for homeless shelter staff is varied, we want to implement a free or low cost trauma informed care training program that is offered to all shelter workers across Greater Cincinnati.	Using prior trauma informed care summits as a template, a local organization can host a similar event sponsored by the Ohio Department of Education and Workforce.
	This unified program would streamline training for shelter workers. Training will be adapted to include services, resources, and circumstances specific to Cincinnati's homeless population.
	Offer certificates as an incentive for completion of the program.