

Expanding Cincinnati's Home Care, Housing Policy for Fall Prevention

LC4



The Growing Fall Risk Among Older Adults

- Falls are the leading cause of injury among older adults¹
- A third of Ohioans older than 65 y/o experience a fall each year²

1. "Older Adult Falls Data", <https://www.cdc.gov/falls/data-research/index.html#:~:text=At%20a%20glance,common%2C%20costly%2C%20and%20preventable>. Accessed 14 October 2024.

2. "Facts About Falls in Ohio", <https://aging.ohio.gov/care-and-living/health-and-safety/fall-prevention/facts-about-falls-in-ohio-1>. Accessed 14 October 2024.

Gaps in Fall Prevention for Private Homes

- Ohio Rule 3701-16-14 mandates safety features for residential care facilities, but not private homes¹
- Ohio Home Care Waiver Program recipients are especially vulnerable

1. "Rule 3701-16-14 | Space requirements." *Ohio Administrative Code*, <https://shorturl.at/4bR7B>



Expanding Safety Standards for Private Residences

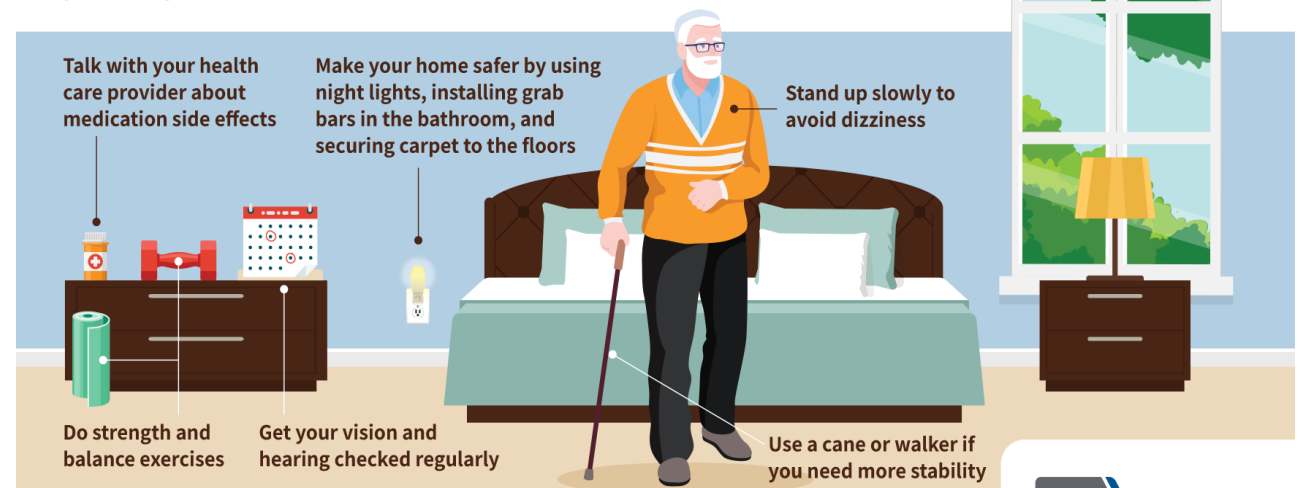
- Should extend Ohio Rule 3701-16-14 to homes of Ohio Home Care Waiver Program recipients
- Should fund essential fall prevention modifications: grab bars, non-slip flooring, better lighting

The Case for Home Modifications

- Home hazard modifications can reduce fall rates by 26%¹
- Unsafe home environments can increase fall-related hospitalizations²
- Proven programs like PWC's "Stepping On" can improve community outreach

Six Tips To Help Prevent Falls

More than one in four people age 65 years or older fall each year, yet many falls can be prevented.



Learn more about reducing your risk of falling at www.nia.nih.gov/falls-prevention.





Making Cincinnati Safer for Our Aging Population

- Protect vulnerable residents and reduce healthcare costs
- Align with Ohio statewide safety goals and enhance community programs
- Urge Mayor to support policy expansion for fall prevention