

# Family and Community Medicine



University of  
CINCINNATI

Inside this issue:

- Dr. Todd Alumni Award** ..... 1
- Wyoming Office Relocates** ..... 3
- Spotlight: Dr. Sarah Pickle** ..... 4
- Selected 2017 Scholarship** ..... 14
- Philanthropy** ..... 15

DIVISIONS:

- Geriatric Medicine** ..... 6
- University Health Services** ..... 7
- Integrative Medicine** ..... 8
- Medical Student Education** ..... 10
- Research** ..... 12
- Residency** ..... 3

## CHAIR'S MESSAGE

In this edition, in addition to Division updates, we highlight the valuable work done by faculty and alumni. The primary purpose of a medical school is to train the physician workforce of the future to meet the health care needs of our region. In 1974 in response to the acute shortage of primary care physicians, the State of Ohio created and supported Departments of Family Medicine. With hospital closures and contraction of programs locally, combined with population growth over the past 20 years, we are in a similar experience with local shortages of family physicians projected over the next decade. It is timely to consider the value of Family Medicine by reflecting on the work of some of our Family Medicine alumni and faculty.

In Greater Cincinnati well over 250 COM or residency alumni practice in the local health systems including UC Health, The Christ Hospital, Tri-Health, Mercy and St. Elizabeth. These health systems benefit from the steady flow of graduates who eventually choose to practice in Cincinnati and surrounding communities. There are another estimated 375-450 family physician alumni from the last 40 years who practice around the state and across the U.S. Thus, the UC College of Medicine and the Department of Family and Community Medicine (DFCM) has played a vital role in producing this family medicine workforce.

These alumni provide valuable patient care in practice, but there is a special group who in the manner of Daniel Drake, the UC COM founder, take their calling further by volunteering and engaging in the affairs of the community, or take on leadership roles in various organizations in and out of medicine, or choose to teach medical students or other members of the care team in their practices. The DFCM is interested in identifying those alumni who have an expanded sense of service, take on these additional roles and have been a force for good in their respective community. The DFCM has created a new alumni award to recognize annually one alumnus who fulfills these roles. This award was inspired by the life and work of Dr. Thomas U. Todd. Read the accompanying article to learn more about Dr. Thomas U. Todd and the new award in his name.

In addition read about our featured faculty, Dr. Sarah Pickle, recently recognized by the *Cincinnati Business Courier* in this year's "40 Under 40" Class. ■

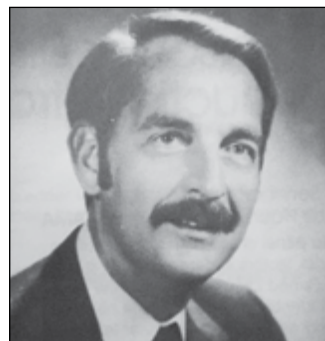


**Philip Diller, MD, PhD**  
Chair, Department of Family and  
Community Medicine  
University of Cincinnati

## DFCM Creates Alumni Award in Honor of Thomas U. Todd, MD

*Inspired by exemplary professional excellence and community service*

Dr. Thomas U. Todd was born and raised and except for a few brief years of college and Navy service lived, and practiced in Cincinnati, Ohio. He grew up in College Hill and like many famous Cincinnatians graduated from Walnut Hills High School. From there he went to Duke as an undergraduate before returning to UC medical school. He was class treasurer and graduated from



Thomas U. Todd, MD ('58)

UCCOM in 1958. He will be celebrating his 60th Class reunion in April during Alumni weekend.

After graduation from medical school he did a one year internship in Richmond, VA, and then served in the U.S. Navy in Coronado, CA, before returning to Cincinnati to complete a second one-year internship in Internal Medicine rotating through the Cincinnati

*continues on page 2*

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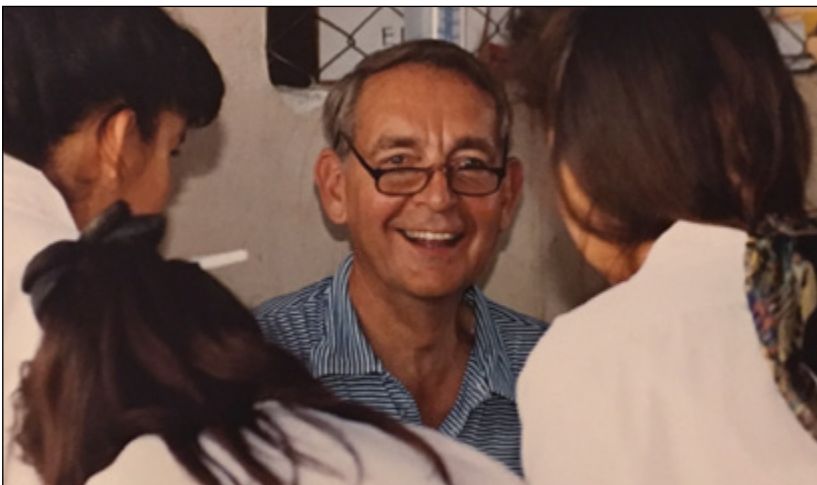
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Todd Alumni Award *continued from page 1*

General and Holmes Hospitals. In 1963 he joined the practice of Dr. Gaston Hannah in Glendale where he practiced his entire career. His practice of full-scope family medicine included office based practice, hospital care, obstetrics, pediatrics, geriatrics, house calls and nursing home. He was on active staff at the Bethesda North and Mercy Fairfield hospitals; he was the third chief of staff at the latter hospital. In addition, he was also team physician for the Princeton High School sports teams for 40 years and in 1983 he received the Outstanding Team Physician award for the state of Ohio.

Dr. Todd was continuously involved in leadership in organized family medicine and also the Academy of Medicine in Cincinnati. In 1979 he became editor of the *Ohio Family Physicians Magazine*, a position he held for 4 years. He authored over 50 editorials and 15 meeting summaries. His ending byline for each editorial was, "Thank God I am a Family Physician." In 1985 he was elected President of the Ohio Academy of Family Physicians and in 1990 he was elected President of the Academy of Medicine of Cincinnati. He is the only local Family Physician who has been president of these two organizations. These roles also included decade long service to the boards of these organizations.

Dr. Todd was an enthusiastic and active teacher of medical students and regularly taught them in his practice. It is estimated that he taught approximately 100 medical students over his career. The



*His ending byline for each editorial he authored as Ohio Family Physicians Magazine editor (1979-83) was, "Thank God I am a Family Physician."*

DFCM recognized him with an award as a Teacher of Distinction in 1992.

As a citizen, Dr. Todd also was a member of the Glendale City Council and in 1999 became mayor of Glendale.

The **Thomas U. Todd, MD, Alumni Award** is intended to recognize a UC College of Medicine alumni who has devoted a career to **advancing the discipline of family medicine** in many ways including:

- **excellence in clinical practice**
- **teaching students and residents**
- **playing an active role in organized medicine**
- **-serving the community through public service**

During his tenure he oversaw the creation of 4 new subdivisions, officiated over 80 weddings and facilitated the development of the Village Square Plan and commemoration of the history of Glendale.

He retired from active practice in 2004. He recognized that the reason he could do so much is because he had such a great staff and great physician partners, including Dr. Barry Webb (UC-COM '74), Dr. Gene Thompson, Dr. Douglas Hancher and his son, Dr. Michael Todd (now medical director of Wellness at Mercy Health), who were able to cover for him when he was away from the practice.

Dr. Todd has been married to his wife Diane for 59 ½ years and they have 3 children and 7 grandchildren. He and Diane live in Glendale.

Dr. Todd is an exemplary physician who graduated from the UC College of Medicine and its residency programs. The award in his name, The Thomas U. Todd Alumni Award, is intended to recognize an alumni who has devoted a career committed to advancing the discipline of family medicine in multiple ways including excellence in clinical practice, teaching students and residents, playing an active role in organized medicine and serving the community through public service. The award will be launched in April this year during Alumni Weekend and nominations are sought for the first recipient to be named in Spring 2019. ■



**THOMAS U. TODD, MD**

- Graduated UC College of Medicine (1958)
- Internships in Richmond, VA, and Cincinnati
- Service in the U.S. Navy
- Joined Dr. Gaston Hannah's practice in Glendale (1963) where he practiced his entire career
- Team physician, Princeton High School (40 years)
- Awarded Outstanding Team Physician, state of Ohio (1983)
- Editor, *Ohio Family Physicians Magazine* (1979-83)
- Elected President, Ohio Academy of Family Physicians (1985)
- Elected President, Academy of Medicine of Cincinnati (1990)
- Glendale City Council member
- Glendale mayor (elected 1999)
- Taught approximately 100 medical students in his practice
- Recognized by DFCM as a Teacher of Distinction (1992)

## DIVISION UPDATE:

**RESIDENCY PROGRAM***Christopher Bernheisel, MD, Director*

**G**reetings from the residency! It has been a successful six months on many accounts with quite a bit of exciting news. Of note, we gained approval to expand the program to 6 + 2 from the prior 5 + 2 (5 family medicine with 2 family medicine psychiatry residents)! We thank The Christ Hospital for providing the funding for the expansion.

**Highest Quality Applicants**

The program has just completed recruitment season, interviewing 75 outstanding applicants. Each year the applicants seem to be stronger than the year before. We clearly need more family physicians nationally and the students pursuing family medicine are of the highest quality. It is inspiring to interview so many motivated individuals who are passionate about family medicine. We are all anxious to learn who will be in our new intern class.

**Outstanding Efforts**

The residents and faculty continue to excel in clinical and scholarly activity, with several receiving special recognition for their accomplishments. Christian Gausvik, PGY1, was recognized as the Alzheimer's Association Volunteer of the Year in January. Christian champions fighting Alzheimer's disease, having raised over \$6,000 in the fall through his event Cincy Brews for Brains. In addition, Christian also annually raises funds through his Mimosas for Memories event. We are also overjoyed to report Shanna Stryker was the 2017 Martin Fenton Award for Resident of the Year from the National Association of Medicine and Psychiatry, the highest award possible for dually trained residents in medicine and psychiatry. In addition, Shanna was inducted into the Alpha Omega Alpha Medical Honor Society in the fall.

**Congratulations**

In the fall, Christy O'dea was the recipient of the League of Latin American Citizens Humanitarian Award. In addition, Hillary Mount, Libby Beckman, Harini Palleria, Judy Piron, Barb Hoffrogge, Soni Regan, and Montiel Rosenthal were honored at the 2017 Center for Clinical and Translational Science and Training Practice Based Research Award for the Centering Pregnancy Program. Lastly, we congratulate our two PGY3 who matched into fellowships, Kip Drewry who matched into Sports Medicine at TriHealth and Kara Ciani who matched into the Geriatrics program here at TCH-UC!

To learn more about all that is going on in the program, I encourage you to visit our website: [tchucfmresidency.com](http://tchucfmresidency.com). Best wishes to everyone! ■

**Bernheisel**

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## CLINICAL UPDATE:

**Wyoming Family Practice Office Relocates to Drake Hospital Campus**

**T**he start of the Wyoming Medical Center began in 1925 by Dr. J. Stewart Mathews (UC-COM 1923, practiced 1925-1984) in a remodeled residence at 421 Burns Ave., before later moving to its present location at the corner of Crescent and Cooper in 1960. Partners through the years included Dr. Clark Searle and Dr. Charles Foertmeyer and then Dr. Carl Ruehlman and Dr. Robert Burt.

In the 1970s the office operated as a loose association of several physicians from different specialties sharing patient support systems including laboratory and x-ray. In the early 1980s with some

physicians retiring and others wanting to relocate, Dr. Robert Burt approached the Department to determine interest in creating a community branch office. After a year-long process the Department purchased the facility in March 1983, 35 years ago.

**Introduction of Education and Specialists**

The DFCM was interested in developing a training site for medical student education and to increase patient referrals for UC specialists. Through the years specialists in Dermatology (Charles Heaton), Urology (Bruce Bracken), Gastroenterology (Norman Gilinsky), Otolaryngology (Allen Seiden), Surgery (Pier Olaf Hasselgren, David Fischer) and Cardiology (Charles Hattemer) have seen patients in the facility.

In addition to medical student education, the site also was a designated Family Medicine Center for education of Family Medicine Residents from 1994-2006.

At its peak the office saw 35-40,000 visits per year for primary care mostly from Hamilton County, but 10-15% of patients came from surrounding Ohio counties and also from those in Indiana and Kentucky. One feature of the early practice was occupational medicine with designated space for industrial injuries and a procedure room. A number of the physicians served as company physicians and did on-site work at the nearby Cambridge Tile Company, Morton-Thiokol and Occidental Chemical plants.

In later years the office became part of the Health Alliance Primary Care Network and subsequently was included in the creation of the Primary Care Network in UC Health in 2010.

The new office led by Dr. Kathy Downey moved to the Drake Campus on March 12, 2018. The current physicians are Drs. Downey, Leila Saxena, Robert Ellis, Janet Li, and Matthew Tubb. The new address is 175 West Galbraith Road, Cincinnati, OH 45216. ■



**FACULTY SPOTLIGHT:**  
**Sarah Pickle, MD**

*Assistant Professor of Family and Community Medicine,  
Assistant Professor of Obstetrics and Gynecology,  
Longitudinal Primary Care Clerkship (LPCC) Course Director*

**Please tell us about yourself...**

I am a St. Louis native and a proud Midwesterner. After residency, fellowship and a few years of faculty work in Philadelphia and New Jersey, I decided to make the move back to UC and my medical school roots. I am a reproductive and gender rights advocate, an HGTV enthusiast, a retired marathon runner (now barre fanatic), and (most importantly) a mom to two awesome kids.

**What is most challenging about your job?**

Currently, one of the most challenging aspects of my job is helping patients navigate the changing tide of politics and how our current political climate may affect their access to care or their ability to continue to obtain life saving treatments. It is a scary time for patients, as primary care providers we worry for and with our patients.

**Why did you choose family medicine?**

Patients are the center of the story in family medicine, and as a family medicine physician, I get the privilege of being part of that story. Family Medicine has also allowed my career to develop in ways that are only possible when you have the background training that a family medicine residency provides.

**Looking back as UC COM alumni, what would you change if you could?**

I would have loved for the current study rooms, library, atrium and fitness center to have existed during my medical school career. I spent way too much money on

coffee refills at Starbucks to justify parking myself there to study for hours at a time.

**What advice would you give new Family Medicine residents?**

Welcome! You have just joined a group of compassionate, capable and extremely smart physicians who are at the forefront of changing the way the world's people live their best lives.

**Top three life highlights...**

Birth of both of my kids  
Becoming a doctor

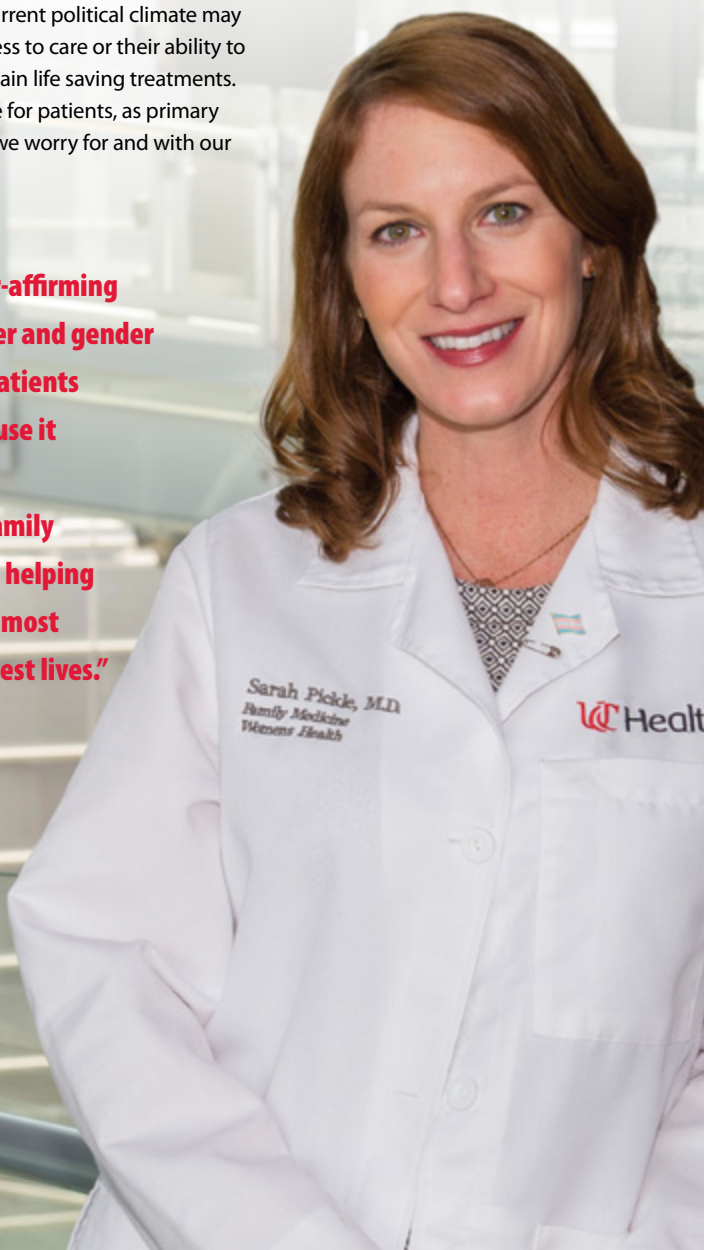
**Something surprising about yourself...**

At age 12, I got my amateur radio ("ham" radio) license and until age 18 I had a radio station in my basement.

**What do you like to do on your days off?**

Be outdoors, barre class, and hang out with my family.

**"Providing gender-affirming care to transgender and gender non-conforming patients interests me because it resonates with a core principle of family medicine, which is helping patients live their most authentic, healthiest lives."**



**RECOGNITIONS**

- **Cincinnati Business Courier's 2017 Forty Under 40**  
Dr. Pickle was featured in the Cincinnati Business Courier's 2017 Forty Under 40, which honors young professionals in Greater Cincinnati who are making big strides in their careers while also making a difference in the Cincinnati community.
- **LGBTQ Faculty Commitment Award**  
This award is given annually by the UC LGBTQ Center to a UC faculty member who demonstrates dedication to the LGBTQ community.
- **Silver Apple Award** recipient
- **UC Medical Education Rising Star Award** recipient



Third year medical students experience hands-on primary care procedures during their family medicine clerkship. Here, Dr. Pickle teaches students how to do a fluorescein eye stain to look for corneal abrasions.

**What do you find most rewarding about your job?**

Being part of patients' journeys, both the highs and lows. I find that being a Family Medicine doctor requires me to care deeply, invest more, remain aware of the changing world, and engage in problem solving with my patients and my community, all of which are aspects of my job that are rewarding in their own right.

**What do you find most interesting in your role as LPCC course director?**

The Longitudinal Primary Care Clerkship (LPCC) introduces early clinical learners to primary care over the course of their first and second years of medical school, which is a unique aspect of our curriculum at UC College of Medicine. What I love most about this role is the course feedback I get from students in that it reminds them why they went into medicine. ■

**Best piece of advice I've ever received:**

Ask yourself "Does it spark joy?" when thinking about what you surround yourself with on a daily basis. I apply this question universally—when I am making career choices, considering professional opportunities, setting a social calendar, and decluttering my life and home.



**SPOTLIGHT:  
Longitudinal Primary Care Clerkship**

Earlier introduction of clinical experience is an initiative from the Liaison Committee on Medical Education (LCME). UC-COM began revising the curriculum in 2011 and the Department of Family and Community Medicine was asked to assist in creating new clinical experiences for 1st and 2nd year medical students.

The Longitudinal Primary Care Clerkship (LPCC) has been functioning since 2011-2012 and is a three-semester course sequence for first and second year medical students designed to introduce students to the fundamentals of doctoring, moving from learning the concepts to practicing the specific skills and capacities. The fundamentals of doctoring include ten steps used in every patient encounter and must be practiced in order to gain mastery as a physician.

This introductory experience pairs each student with an individual community preceptor and his or her patients. Since 2011 over 250 community physicians (from all local health systems) have served as preceptors. The goal is for the student to initially observe how the steps are performed in practice and then move on to practicing applying each step with the guidance of their preceptor. Through the semesters, students are learning the basic science foundations, learning clinical skills, and gaining comfort with doing the fundamentals through interacting with real patients.

The goal is to give students a solid foundation for the third year clinical rotations where the fundamentals are practiced and monitored every day. Performance in third year, a very important criterion for future residency applications, begins with LPCC. If the steps are not competently performed in residency, the next stage in training, then a resident is likely to remediate. Finally, if the steps are not mastered in clinical practice, then poor patient outcomes will result. This is why they are called the fundamentals—they are the foundation for effective performance as a student doctor, a resident and a practicing physician. ■

Left: Dr. Pickle teaching Clinical Skills Lab within the Third Year Family Medicine Clerkship.

DIVISION UPDATE:

OFFICE OF GERIATRIC MEDICINE

Jeffrey Schlaudecker, MD, MEd, FHM, Director



Schlaudecker

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COLLEGE OF MEDICINE

GERIATRIC PROGRAM COORDINATOR

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The following article is written by Anna Goroncy, MD.

The **Home Based Primary Care (HBPC) program** in The Christ Hospital Family Medicine Center was started in August 2015 as part of the Primary Care Training Enhancement grant funded by HRSA. The program was established as a tool to provide at home primary care to patients with challenges accessing care due to physical and/or cognitive impairments causing them to be homebound, as well as a teaching tool for medical students, residents and fellows. The first developmental year laid the groundwork for the structure of a sustainable program, from building billing codes into Epic to training a medical assistant for this unique role to stocking our home visit bag to recruiting patients. Residents and faculty in the FMC refer patients to the program. The 30 patients enrolled in the program are Medicaid and Medicare eligible, recognized as homebound, and live within 6 zip codes surrounding The Christ Hospital, including historic neighborhoods like Avondale, Walnut Hills and Mt. Auburn. This is a unique program as it is based in the FMC so patients maintain continuity with the practice for acute visits and phone call coverage. In the first year, we built up a

census of close to 20 patients and are now up to about 30 homebound older adults. Patients are seen monthly for all of their primary care needs.

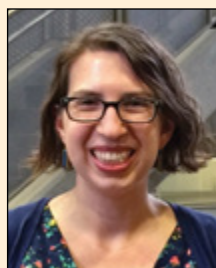
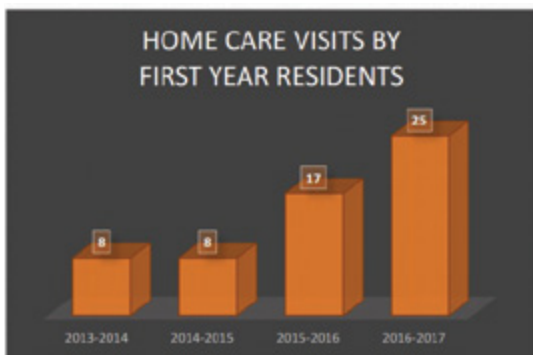
In the first year, medical students joined me for visits to see both a homebound older adult in her home and the development of a new project firsthand. After each visit, students wrote a brief reflection of their experiences. These reflections often described first-hand exposure to the social determinants of health affecting the homebound population and home visits as a tool to strengthen the doctor patient relationship through improved patient interactions and a deeper understanding of who their patients are as individuals.

**“We talk often about social determinants of health, and I try my best to keep them in mind when I care for my patients, but it just isn’t the same as being able to physically step foot into the place my patient calls home. It was certainly good to be reminded of this during my home visits this past week.”**

*Excerpt from a Resident’s Reflection after Home Visit*

In the second year, the resident home visit curriculum was launched, as well as a continuity practice for the geriatric fellows, with each fellow following two patients monthly. First year residents now go on home visits in their first three months of residency, gaining exposure to this important method of care delivery early in their training. In the first year of the program, interns completed 17 home visits as a class of seven residents, which was a 112% increase prior to the program beginning. Residents continue home visits throughout their training, with growing autonomy at each level. The cumulative number of home visits for all residents is growing each year with 121 total visits since the launch of the home visit curriculum. While residents learn the skills needed to incorporate home visits in their future practice, they also have the opportunity to step out of the institutional setting into the communities they serve and experience medical care from the patient’s perspectives. Residents complete a written reflection after visits as an opportunity to practice the important skill of reflective practice. In their reflections, residents often comment on the complexity of the care regimens we prescribe, especially when facing additional barriers like limited mobility and little family support. Many residents discuss the initial shock of witnessing the environmental conditions of patients’ homes. Being in the patient’s environment, residents describe a new level of understanding of the patient’s health. Residents also experience a different dynamic as they enter the patient’s home. Residents explain how patients seem at ease and empowered in the comfort of their homes, leading to more bidirectional visits compared to the office. This flipped dynamic helps residents gain a better understanding of their patients beyond their medical history and allows both the patients and residents to address their concerns.

Home visits may be thought of as a thing of the past, but in this department we are putting them back into their proper place in caring for our most vulnerable. ■



**Anna Goroncy, MD**, is Assistant Professor in Family and Geriatric Medicine and Associate Program Director of Geriatric Medicine Fellowship. She is also the lead faculty physician for Home Based Primary Care on the HRSA Primary Care Training and Enhancement Grant. She is a faculty scholar who earned her certificate in Medical Education in 2017 and is working to complete her Master of Education (MEd) by 2020. ■

DIVISION UPDATE:

**UNIVERSITY HEALTH SERVICES**

*Kim Miller, MD, Executive Director*



**Miller**

University Health Services welcomed 3 new providers this year, Ruby Huang, PA, in July, Robert Pulliam, MD, in August and Rebecca Yeager, MD, in September. Ruby is originally from Atlanta, GA, and came to us by way of Philadelphia with 2 years Primary Care experience. Dr. Pulliam completed the Family Medicine–Psychiatry Dual program in June 2017 and spends 3 half days per week at UHS providing primary care. And Dr. Yeager joined us in September 2017 for 2 days per week,

providing both women’s health and primary care. The energy and enthusiasm of these three providers is appreciated by staff and patients alike.

**Mental Health Care Collaboration**

New programming is also underway. Senior Staff Psychologist Christine Muller-Held has been taking the lead on an important new collaboration with the University’s Counseling and Psychological Services, paving the way toward a comprehensive and unified approach to mental health care on campus.

**Women’s Health Care**

Dr. Sarah Pickle continues to provide women’s health care and has provided over 500 women with long-acting reversible

contraceptive devices in the past year.

These services have been expanded and now Dr. Victoria Wulsin and Dr. Rebecca Yeager are both offering these important services to students.

**Program Expansion**

In addition, we have expanded our men’s sexual health program, receiving training in prescribing HIV Pre-exposure Prophylaxis (HIV PrEP), so that all primary care providers who see a high risk patient can provide counseling and treat patients. Studies show that this ground-breaking treatment is 90% effective in preventing HIV transmission to those at risk, so we are very excited and grateful to both Dr. Carl Fichtenbaum of Infectious Diseases and the HIV clinic, and Dr. Sarah Pickle, for supporting this effort. ■



**Huang**



**Pulliam**



**Yeager**

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DIVISION UPDATE: **Geriatric Medicine**

**Updates from Maple Knoll Village**

**Bedside Rounding**

Maple Knoll Village continues to be a bustle of activity for the UC Office of Geriatrics. Structured Interdisciplinary Bedside Rounding (SIBR) was introduced nearly 2 years ago. Today, fellows, residents, and students participate daily with our team to provide updates to patients and family regarding their condition and progress. Maple Knoll was recognized by the Leading Age Ohio Foundation for Excellence in Service after the implementation of SIBR. SIBR has lowered hospital readmission rates, ED visits, decreased falls, and shortened length of stays. Maple Knoll and UC Geriatrics have presented on the benefits of SIBR locally at the Leading Age Ohio Conference in September 2017 and nationally in New Orleans this October for the Annual Leading Age Conference.

**Fellows**

Our geriatric fellows Stephen Eckart and Lineth Florian are settling in to the routine at Maple Knoll and are an integral part of the care of both our skilled

nursing patients and our long term care residents. Each fellow follows a panel of long term residents monthly and through providing them with excellent medical care, also is forging a relationship with the residents and their family.

**“Tell Me Your Story”**

Once again, Maple Knoll successfully hosted “Tell Me Your Story” under the guidance of Dr. Susan Davis this

September. First year medical students were paired up with residents of the retirement community to learn about life in a continuing care community and gain advice on what it means to be a good physician. Topics ranged from bedside manner to death, dying, and grief. The students and faculty then reflected on knowledge gained from the residents. It was a rewarding experience for all who participated. ■



UC medical students Parker Howard, Hillary Purcell and Lindsay Darkins interview their senior partners, Ed and Marilyn Yungk, to gain their perspectives on the changing healthcare system.

Colleen Kelly/UC

DIVISION UPDATE:

**INTEGRATIVE MEDICINE**

*Sian Cotton, PhD, Director*



Cotton

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**Sanghvi Lectureship Features Former NIH Deputy Director**

The 6th annual Dr. Khushman V. Sanghvi Memorial Lectureship on the Mind-Body Interface in Health and Healing was Friday, Nov. 3, 2017, noon in Kresge Auditorium. The lectureship series and foundation was established by UC cardiologist Vijay Sanghvi, MD (1935-2015), and his daughters, in memory of his wife, Khushman Sanghvi (1943-2004), also a physician. The goal of the lectureship is to expose students, health care professionals and interested community members to the importance and benefit of integrative medicine and health.



*Dr. Margaret Chesney*

This year's speaker, Dr. Margaret Chesney presented "Integrative Medicine: Fad or Frontier? Implications for Improving Public Health". Dr. Chesney is a professor emeritus of the University of California San Francisco, the former deputy director of the National Institutes of Health National Center for Complementary and Integrative Health, and the immediate past chair of the Academic Consortium for Integrative Medicine and Health.

Visit [www.med.uc.edu/integrative](http://www.med.uc.edu/integrative) to view a recording of the 2017 lecture. ■

**Research Day Presentations Given at Teaching Kitchen Collaborative**

Researchers with the UC Center for Integrative Health and Wellness, Cincinnati Children's Hospital Medical Center and Turner Farm presented at this year's Teaching Kitchen Collaborative Research Day on Feb. 7, 2018.



- "Implementing Wellness at the Farm: An Integrative Health Community Education Series at Turner Farm's Teaching Kitchen." Cotton, S., Lyle, K., Pallerla, H., Moss, E., Michalak, S. (Oral presentation)
- "Lessons Learned from Health Professions Student Wellness Retreats at Turner Farm's Teaching Kitchen." Moss, E., Pallerla, H., Lyle, K., Cotton, S. (Oral presentation)
- "A Chef's Perspective: Lessons Learned in Starting a Culinary Program at Turner Farm's Teaching Kitchen." Moss, E., Pallerla, H., Lyle, K., Cotton, S. Michalak, S. (Poster presentation)
- "BUILD-IT-BITES Program for Children and Adolescents with Cancer: An Outpatient Teaching Kitchen Model for Replication." Braeutigam, C., Benjamin, L., Ambalavanan, M., Moss, E., Pallerla, H., Cotton, S. (Poster presentation) ■

**Pop-up Farmer's Markets at College of Medicine**



The UC Center for Integrative Health and Wellness sponsors the monthly pop-up markets on the last Thursday of each month, 11 a.m.- 1p.m. in the Kaplan Reception Atrium in the CARE/Crawley Building. Fresh produce, locally made items and ready-to-eat foods will be available for purchase.

Most vendors will be set up to accept cash and credit cards. ■

DIVISION UPDATE: **Integrative Medicine**

### Community Support

The UC Center for Integrative Health and Wellness received a \$40,000 gift from The **Vijay R. Sanghvi Family Foundation** to pilot an 8-week

Mindfulness-Based, Stress Reduction program for an underserved population in our region. “This generous gift from the Sanghvi Family

will allow us to extend the center’s current work in mindfulness-based approaches to additional communities with the greatest needs,” says Dr. Sian Cotton, Director of the Center. This pilot will be a natural extension of the center’s mission: to practically teach the benefits of integrative medicine techniques across a variety of populations to improve the health and wellness of our community.



*Sanghvi Family Foundation supports Mindfulness-Based Stress Reduction training at Cincinnati COOKS, a free culinary job training program at the FreeStore Foodbank.*

A \$10,000 gift from the **Mischell Family Foundation** will also support the UC Center for Integrative Health and Wellness mission to improve the health of our local and global community through innovative, internationally-recognized research, education, clinical practice, and community engagement efforts focused on integrative health and wellness. ■

### Center Hosts Retreats for Mind-body Skills Training



The UC Center for Integrative Health and Wellness regularly hosts an immersive three-day retreat during which lectures ground mind-body practices in neuroscience and physiology, while experiential sessions demonstrate how to lead mind-body skills groups at participants’ home institutions. Pictured above is the Dec. 2017 training group and facilitators at Murphin Ridge including Mehran Attari, Sian Cotton, Tiffiny Diers, Adi Haramati, Sid Khosla, Kelly Lyle, Sean Mangan, Susan McDonald, Meriden Peters, Lesley Raisor-Becker, Rachel Smith, Anjanette Wells and Laurie Wilson. ■

### UC Health Integrative Medicine Locations

Visit [uchealth.com/integrative](http://uchealth.com/integrative) to learn more or call 475-9567 (WLNS) to schedule an appointment.

- UC Health Women’s Center  
7675 Wellness Way, 4th floor  
West Chester, OH 45069
- UC Health Barrett Center  
234 Goodman Avenue  
Cincinnati, OH 45219
- UC Health Midtown/Oakley,  
3590 Lucille Drive,  
Cincinnati, OH 45213 ■



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DIVISION UPDATE:

MEDICAL STUDENT EDUCATION

Rocky Ellis, MD, Director



Ellis

WELCOME BACK, BRUCE!

Bruce Gebhardt Returns to Department with Residency Education Experience

The Department of Family & Community Medicine would like to extend a heartfelt “welcome back” to Dr. Bruce Gebhardt, Professor of Clinical –GEO and Vice Chair of Education. Dr. Gebhardt has come back at UC after being away for 11 years. “My “extended sabbatical” was spent learning how residency education



Gebhardt

runs. I was the Program Director for my hometown and alma mater program in Erie, PA. Most importantly, I was able to be there for my mom and dad when they needed help. I am very glad I was there for them.”

Dr. Gebhardt is excited to be back at UC. “It’s so fun working with colleagues who were here during my first stint and the new colleagues who were students, residents, or children of colleagues when I was younger!”

What Dr. Gebhardt missed most

while he was away from UC was his “fellow faculty members and working with the incredibly high quality medical students. UC is a uniquely giant organization that maintains a very welcoming and friendly atmosphere.”

“Dr. Diller has me working on a possible start up residency program at the West Chester Campus. It is an educational, exciting, and daunting undertaking. To create a new program would be quite the accomplishment.” ■

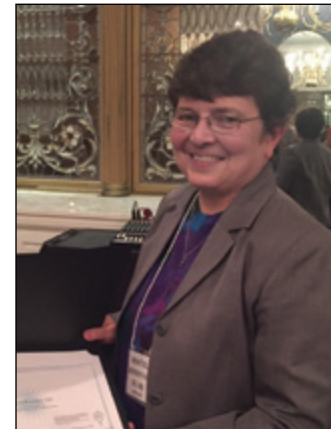
AOA Induction Recognizes Physician’s Dedication to the Profession and Art of Healing

Rocky Ellis, MD, presented the inductees to Alpha Omega Alpha (AOA) on November 10, 2017 at the Phoenix Event Center. Election to AOA is an honor signifying a lasting commitment to scholarship, leadership, professionalism, and service. A lifelong honor, membership in the society confers recognition for a physician’s dedication to the profession and art of healing.

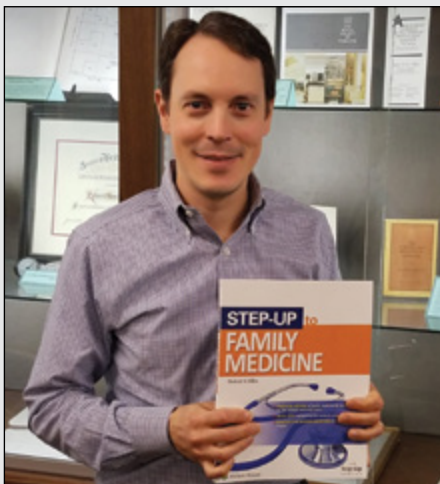
The 2017 inductees from Family and Community Medicine are Phil Diller, MD, PhD (*Faculty*); Bain Butcher, MD and Montiel Rosenthal, MD (*Alumni*); and Shanna Duffy Stryker, MD (*Resident*). ■



Bain Butcher, MD (left) and Rocky Ellis, MD



Montiel Rosenthal, MD



Dr. Rocky Ellis published Step-Up to Family Medicine in December 2017.

Congratulations to Rocky Ellis, MD, Director of Medical Student Education in the Department of Family and Community Medicine, on publishing **Step-Up to Family Medicine**, a comprehensive, high yield review book of important material for medical students to do well on their Family Medicine clerkship and end of rotation shelf exam. Dr. Ellis and his key contributors—fellow Family Medicine physicians and colleagues—added their expertise in creating this valuable medical resource. ■

Contributing authors:

- |                          |                            |                       |
|--------------------------|----------------------------|-----------------------|
| Orson Austin, MD         | Michael Holliday, MD       | Megan Rich, MD        |
| Sean Boyle, MD           | Christopher Lewis, MD      | Montiel Rosenthal, MD |
| Susan Schrimpf Davis, DO | Hillary Mount, MD          | Leila Saxena, MD      |
| Philip Diller, MD, PhD   | Soumya Nadella, MD         | Rachel Sneed, MD      |
| Kathleen Downey, MD      | Lauri Nandyal, MD, NCMP    | Zachary Thurman, MD   |
| Robert Ellis, MD         | Edward Onusko, MD          | Barbara Tobias, MD    |
| Jerry Friemuth, MD       | Ronald Reynolds, MD, FAAFP | Elizabeth Weage, MD   |
|                          | Rick Ricer, MD             |                       |

DIVISION UPDATE: **Medical Student Education****Rick Ricer, MD, Professor Emeritus of Family and Community Medicine, Retires After 25 Years**

*We talked with Dr. Rick Ricer, Professor Emeritus of Family and Community Medicine, about his career here at UC, his accomplishments, and what advice he offers to upcoming Family Medicine doctors.*

**I began here at UC** on April 1, 1993, so it will be exactly 25 years when I fully retire March 31, 2017. I semi-retired December 30, 2008 so that I could take care of my granddaughter while my daughter Jenn Spata could help start up the practice that would become the Christ/UC FM residency site.

My plans after full retirement are to watch my granddaughters and quilt. I will probably travel, but those goals have changed from visiting every national park (so far I have visited 50 of the 59), to taking the granddaughters to the national parks. Let them visit all 59.

**Probably the most significant thing** I have done here at UC has been the required Family Medicine Third Year Clerkship. I was the last of a long line of people fighting for this requirement. I just happened to be hired specifically to

**I think the best thing I did here was the Standardized Patient Instructor program where I taught the SPIs to teach and evaluate the small group students in the Physical Exam course instead of using faculty.**

organize and run this requirement. I think the best thing I did here was the Standardized Patient Instructor (SPI) program where I taught the SPIs to teach and evaluate the small group students in the Physical Exam course instead of using faculty.

**My favorite student** of all time, anywhere I have taught—my daughter Jenn. Sorry to all the other wonderful students I have had the absolute pleasure of being associated with in my career.

**I am superbly proud of multiple teaching awards** I have been given, over \$1 million in grants written and/or PI, participation in several million dollars of grants, author or editor of 6 books, over 25 peer reviewed journal articles, and close to 100 national/international presentations.

**My advice for the future of Family Medicine**

1. Cut the mediocre (at best) residency programs and concentrate on quality instead of quantity. 2. Lead the country in quality of care. 3. Always push for patient education, prevention, and care for all.

**The best things I have ever done for medicine**

The people I have helped train and mentor (I am no longer needed because they are so talented) and my daughter Jenn (kind of a theme here isn't it?). ■

**MY ADVICE TO THOSE GOING INTO FAMILY MEDICINE:**

1. **Medicine is fun. Enjoy it.**
2. **Medicine is a thinking game at all times and with every patient.**
3. **Family Medicine is the people's choice, it is what they want.**
4. **If you live long enough, this country will finally recognize the need for a one-payer system and then FM will be the most sought after specialty.**



*Rick Ricer, MD, outside his office, next to the one of the over 50 quilts he has created.*

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DIVISION UPDATE:

RESEARCH

Christopher White, JD, MD, MHA, Director



White

Welcome to the Research Division's section of the Department of Family and Community Medicine newsletter. As a division of seven faculty and six staff, our multidisciplinary team works on a broad range of projects with numerous partners

both locally and nationally, all aimed at enhancing the health of our patients. To further our academic endeavors we offer research opportunities to medical and ROSE program undergraduate students alongside faculty mentors on various

projects. In this issue, we highlight faculty member Dr. Nancy Elder for her dedication to the division over the past 17 years. ■

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Dr. Elder Awarded Professor Emerita Appointment

Dr. Nancy Elder has spent her life committed to serving others. The Cincinnati area has benefited from this service for the past 17 years. Appropriately, Dr. Elder was honored recently with a professor emerita appointment for her work in the Research Division and in the field, in addition to several other accolades for her work over the years. As she looks ahead to retirement in July 2018, we asked her to reflect on her much-accomplished career.



When and how did you decide that you would dedicate your service to the underserved?

Although it may sound trite, I went into medicine to help others. Serving the underserved has always been part of my career. At times, it was volunteering at free clinics or short-term overseas volunteer work. In 1989, I spent a year working in Lesotho, in southern Africa. Other times, like now at the CHN healthcare for the homeless program, working with the underserved is my clinical practice—I actually get paid for doing this work that I like.

I also discovered I really liked teaching, too. Teaching patients, medical students, residents, staff, junior faculty—different topics, different teaching techniques, but I got great pleasure and satisfaction from helping others understand and learn something new.

Research was the last piece to fall into place. I didn't think I would ever want to do research until I was introduced to qualitative research during my academic family medicine fellowship in 1990. I realized there was a way to answer lots of interesting clinical questions that used skills with which I had some facility—talking, listening and thinking!



With the Healthcare for the Homeless van, 2008

What is one of your favorite memories from UC?

I think I have most enjoyed the people I have worked with in the research division. They are amazing! Dr. Doug Smucker was the research director when I started at UC in 2001. He was amazingly supportive of my work and my career. Soni Regan quickly became a linchpin both of the research division and my personal success. Over the years, some wonderful junior researchers came through the division, many of whom went on to do excellent work in research, health policy and clinical work. And of course, the research assistants and program coordinators who are the backbone of the division have been simply amazing. The best thing about all these people is how they work so well as a team. All of the research I have done over the last 16 years has been done with a team of people supporting each other—they are skilled, do their tasks well, communicate regularly and are just fun to be around.

What advice would you offer to those beginning careers?

Don't make the same mistakes I made: Get a mentor, or several mentors, and utilize them regularly. Don't let long work hours get in the way of friendship and family time. Learn to master the art of when to say "no", when to say "yes", and when to say "let me think on it, and I'll get back to you in a couple of days."

**Get a mentor, or several mentors, and utilize them regularly. Learn to master the art of when to say "no", when to say "yes", and when to say "let me think on it, and I'll get back to you."**

Anything you are particularly looking forward to doing, seeing, or experiencing in your retirement?

I want to spend more time with the people in my life. My kids are in college in the Portland, Oregon area and that is where we will be moving. I would like to work part-time, either in research or in patient care, although I have nothing definite arranged at this time. ■

DIVISION UPDATE: **Research****HRSA PCTE Training Project Awarded Expansion for Opiate Medication Assisted Treatment**

Dr. Jeff Schlaudecker, PI, and his Primary Care Training and Enhancement (PCTE) team that includes Research Division members Dr. Chris White, Dr. Soni Regan, and Keesha Goodnow were awarded funding to expand training for Family Medicine residents and community and faculty preceptors for medication-assisted treatment (MAT). Daniel Hargraves will serve as Program Coordinator for the expansion project.

The funding arrives at a critical time in Southwest Ohio and the surrounding areas, as the opiate epidemic persists. The project is multi-faceted including production of training video modules on topics such as Screening, Brief Intervention, and Referral to Treatment (SBIRT), Crucial Conversations on Opiate Prescribing, and Urine Drug Screen Interpretation. Resident interns received a didactic on Narcan and a skills session on administration. Second year residents will experience a two-week rotation and shadowing experience at Brightview, a Cincinnati treatment center. Faculty from the new Physician Assistant program at Mount St. Joseph's, along with faculty and community preceptors, will participate in a workshop that will include buprenorphine waiver training with learners also viewing the video



*A skills session on Narcan administration*

modules. All participants took part in a crucial discussion on implementing MAT in practice and care for opiate addiction facilitated by the book *Dreamland*, a

historical overview of the opiate crisis in the U.S. (see associated article below).

The one-year project began July 1 and will run through June 30, 2018. ■

**Cincinnati Providers Gather for Discussion on Opioid Crisis**

In November, over 50 regional physicians, nurse practitioners, pharmacists, social workers, and physician assistants gathered to discuss the opioid epidemic, how it has touched their lives, and what actionable steps can be taken in their practice and communities to move toward a solution.

Using the book *Dreamland* and its historical overview of opiates in America as a backdrop, author Sam Quinones joined the discussion via Skype to offer his outlook, stressing critical cross-discipline collaboration in communities.

After the Skype session, attendees broke off into small round table groups to discuss what roles of

patient, provider, and pharmaceutical companies play in the epidemic, as well as how to advocate at the local, state and national level for treatment, resources, and some solutions. The evening concluded with the documenting of an actionable step each could take in the next 30 days toward change in their practice.

The dinner event was hosted by the HRSA PCTE Medication Assisted Treatment Expansion Project PI Dr. Jeffrey Schlaudecker, with support from team members Drs. Chris White, Reid Hartmann, Anna Goroncy, Megan Rich, and Soni Regan. Project Managers and Research Division team members Keesha Goodnow and Daniel Hargraves assisted in organizing the event. ■

**Department Partners on Medicaid-funded Ohio Cardiovascular Health Collaborative**

Dr. Michael Holliday, Vice Chair of Clinical Services (PI), along with Research Division team members Dr. Chris White, Dr. Soni Regan, Daniel Hargraves, Sarah Brubaker, Harini Pallerla, and Mary Beth Vonder Meulen will be among those on the DFCM team collaborating with Case Western Reserve University (CWRU) on a project to distill and aggregate best practices for care in cardiovascular

disease (CVD) sponsored by the Ohio Department of Medicaid.

CWRU is serving as the lead institution and is partnering with Wright State University, Ohio State University, and Ohio University to assist in preparing Medicaid providers to address the social determinants of health and improve health outcomes for our most vulnerable populations, specifically those diagnosed

with hypertension and other CVDs.

The project hopes to create a repository through web presence to share best practice resources. Project deliverables include implementing education for standardizing CVD care in primary care practices with interprofessional care providers. Teleconferencing will also play a role in disseminating modules, using resources such as Project ECHO and WebEx. ■

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**SELECTED 2017 Scholarly Activities from across the Department****PUBLICATIONS**

- Schauer DP, et al incl. **Leonard AC**. Bariatric Surgery and the Risk of Cancer in a Large Multisite Cohort. *Annals of Surgery* 2017, epub Sept 21, 2017.
- Schauer DP, et al incl. **Leonard AC**. Association Between Weight Loss and the Risk of Cancer after Bariatric Surgery. *Obesity* 2017, 25: S52-S57.
- **Elder NC, Imhoff R**, Chubinski J, Jacobson CJ, **Pallerla H**, Saric P, Rotenberg V, **Vonder Meulen MB, Leonard AC**, Carrozza M, **Regan S**. Congruence of Patient Self-Rating of Health with Family Physician Ratings. *J Am Board Fam Med* 2017; 30(2): 196-204.
- Nicogossian A, Williams RS, Huntoon CL, **Doarn CR**, Polk JD, Schneider V. *Space Physiology and Medicine: Evidence to Practice*, 4th Edition. 2017 Springer
- **Ellis R**, Ellis C. Bartonella Infections, In: Stephens M, et al. *The 5-Minute Clinical Consult*, 2018 Edition, Lippincott Williams & Wilkins, 2017
- **Adams A, Rosenthal M**. Mastitis. In Domino FJ (Ed.), *The 5-Minute Clinical Consult*, 2018 Edition, Philadelphia: Wolters Kluwer Health, 2017
- Luberto CM, Wasson RS, Kraemer KM, Sears RW, Hueber C, **Cotton S**. (2017). Feasibility, Acceptability, and Preliminary Effectiveness of a 4-Week Mindfulness-Based Cognitive Therapy Protocol for Hospital Employees. *Mindfulness*, 1-10.
- Leff B, Lundeborg N, Brangman S, Dubow J, Levine S, Morgan-Gouveia M, **Schlaudecker J**, Lynn L, McDonald F. Co-Creation by the American Board of Internal Medicine Geriatric Medicine Board and the American Geriatrics Society – Helping Move Geriatrics Forward. *Journal of the American Geriatrics Society*. 2017 Sep 7. doi: 10.1111/jgs.15019. PMID: 28884807.
- **Hargraves D, White C, Frederick R, Cinibulk M**, Peters M, Young A, **Elder N** (2017). Implementing SBIRT (Screening, Brief Intervention and Referral to Treatment) in Primary Care: lessons learned from a multi-practice evaluation. *Public Health Reviews*, 38(31).
- **Diller P**, Weidner A, Roett M, Wilke A, Davis A. Putting the Four Pillars for Primary Care Physician Workforce into Practice Locally. *Ann Fam Med* 2017;15:189-190.

**PRESENTATIONS**

- **McDonald S**, Haramati A, Peters M, Adcock K, **Cotton S**. Lessons Learned from Expanding a Mind-Body Program Across a University. A poster presentation at the International Conference to Promote Resilience, Empathy and Well-Being in Health Care Professions Centile Conference; October 22-25, 2017; Washington DC.
- **Pallerla H**, Moss E, Haramati A, **McDonald S**, Wright D, Chen HC, Malosh L, **Cotton S**. Assessing Medical Students' Emotional and Mental Well-Being at Two Medical Schools: A Cross-sectional Approach. A poster presentation at the International Conference to Promote Resilience, Empathy and Well-Being in Health Care Professions Centile Conference; October 22-25, 2017; Washington DC.
- **Yeager R, Johnson K**, Lienberger C, **Elder NC, Hargraves D, Pallerla H**. Healthful Eating for All: Developing a Nutrition Guide for Low Income Patients. A poster presentation at the Academy of Integrative Health and Medicine Conference; October 22-25, 2017; San Diego, CA.
- **Hargraves D, Goodnow K, White C**. The Evolving Role of Patients' Voices in Residency Communication Curriculums. An oral presentation at the 38th Forum for Behavioral Sciences in Family Medicine; September 13-16, 2017; Chicago, IL.
- Warnick S, **White C**, Brazill K. There's an App for That: Behavioral Health Apps to Improve Patient Care and Education. An oral presentation at the 38th Forum for Behavioral Sciences in Family Medicine; September 13-16, 2017; Chicago, IL.
- **Ciani K, Koch K, Putnam M, Goodnow K, Regan S, Schlaudecker J**. The Patient and Family Advisory Council: A Training Model for Meaningful Collaboration in a Residency Program. A poster at the American Academy of Family Physicians (AAFP) National Conference of Family Medicine Residents and Medical Students. Kansas City, MO. July 27-29, 2017.
- **Almaraz B, Eckart S, O'Dea C, Elder N, Hargraves D, Pallerla H**. Creating an alternative model of care: Spanish-speaking diabetic group model in an urban community health center. A poster at the annual Practice Based Research Network Meeting of the North American Primary Care Research Group. Bethesda, MD, June, 2017.
- **Shomo A, Hargraves D**. Community Engagement: Building Trust in a Marginalized Population. A poster presented at the National School-Based Health Care Convention; June 18-21, 2017; Long Beach, CA.
- **Elder N**, Chang L, **Tobias B, Regan S, McDonald S, Pallerla H, Wang R**. Primary care physician perceptions of quality data reporting: A qualitative study. A poster at the annual Practice Based Research Network Meeting of the North American Primary Care Research Group. Bethesda, MD, June, 2017. Selected to be featured at the "Poster Walk."
- **Beckman EJ, Mount H**, Hoffrogge B, Piron J, Lloyed E, **Pallerla H, Regan S, Rosenthal M**. Evaluation of Stress and Depression in Group Prenatal Patients. A poster presented at the 50th Society of Teachers of Family Medicine Annual Spring Conference; May 5-9, 2017; San Diego, CA.
- **Hargraves D, White C, Elder N**. Lessons Learned from a Multi-site Screening, Brief Intervention, and Referral to Treatment Program. A poster presented at the 13th All Ohio Institute on Community Psychiatry Conference; March 24-25, 2017; Columbus, OH.
- **Luberto CM**, Yi MS, Tsevat J, **Leonard AC, Cotton S**. "Abbreviated Mindfulness-Based Cognitive Therapy Intervention for Hospital Employees: Feasibility, Acceptability, and Preliminary Effectiveness." Poster presentation at the World Congress on Integrative Medicine and Health. Berlin, Germany. May 3-5, 2017.
- **Mount H, Ellis R, Tobias B**, Hunt T. "Pipeline investigation at the University of Cincinnati College of Medicine." FMEC Conference. November 11, 2017.
- **Trybula M, Goroncy A, Regan S, Schlaudecker J**. Peer-Reviewed Poster Presentation. Evaluating Medical Students' and Residents' Perceptions Towards Geriatric Home Visits. American Geriatric Society Annual Meeting. San Antonio, TX. May 18-20, 2017.
- **Gausvik C**, Lautar A, **Goroncy A, Schlaudecker J**. Peer-Reviewed Poster Presentation. Significant Reduction in Length of Stay and Readmission Rate Over 3 Years on an ACE Unit Optimized With Daily Structure Interdisciplinary Bedside Rounds. American Geriatric Society Annual Meeting. San Antonio, TX. May 18-20, 2017.
- Lautar A, Keeler M, Greenblatt K, Molano J, **Schlaudecker J**. Peer-Reviewed Poster Presentation. A Retrospective Analysis of Clinical Outcomes Following Melatonin Administration Among Geriatric Patients on an Acute Care for Elderly Unit. American Geriatric Society Annual Meeting. San Antonio, TX. May 18-20, 2017. ■

**KEY: Faculty/staff Learners**

## Giving to the Department

Philanthropy for higher education is essential and the benefits enduring. We have seen this in the UC Department of Family and Community Medicine.

While we have been successful in obtaining federal grants to help support a fraction of our educational and research endeavors, we are dependent on the philanthropic support of our generous donors. We thank our alumni and

friends for your past and continued support. Your gift enables us to continue to commit the time, energy and resources needed to advance innovative primary care in our community. Endowed professorships have been vital to the department's ability to attract and retain key clinician-educators and leaders.

### To Donate Online

You can follow the links below for the

specific area that you would like to support. To explore other giving opportunities, or if you have any giving questions, please contact Mike Zenz, Associate Vice President for Development, Academic Health Center and UC Health, at 513-558-3355 or michael.zenz@uc.edu, or Gabriel Trieger, Associate Director of Development, at 513-584-1350 or gabriel.trieger@uc.edu. ■

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### Family Medicine Development Fund

To be used at the discretion of the chair for department support

<https://goo.gl/KNDwrF>

### DFCM Research Division Fund

Discretionary fund to support research projects, faculty and staff within the DFCM Research Division

<https://goo.gl/DponnD>

### Geriatric Medicine Discretionary Fund

To be used for activities of the Geriatric Medicine Department

<https://goo.gl/KNDwrF>

### George and Ellen Rieveschl Research Fund

To advance research within the Department of Family Medicine

<https://goo.gl/t5Ffbz>

### Martha B. Semmons Fund

To be used for education and research in the field of geriatrics

<https://goo.gl/wNGStS>

### J. Harry and Ruth Stagaman Award

To be used for annual awards to one or more medical students or residents pursuing a career in family medicine

<https://goo.gl/tH5wxW>

### Thomas D. Hunnicut Memorial Fund

To be used for individual stipends to students of the Department of Family Medicine so they may study off-campus and to assist in their practical training as family physicians

<https://goo.gl/fSH4fw>

### International Health Scholarship Fund

To be used for scholarships of fellows, medical students, residents and others to assist or design research projects to improve primary health care services as they relate to the International Health Program

<https://goo.gl/c3RZ1k>

### Lucy Oxley Scholarship

In 2008, Kenneth Davis, MD, and his wife, Johnnie, created the Lucy Oxley, MD, African American Medical Student Scholarship at the College of Medicine. Oxley was the first African-American to earn a medical degree at the UC College of Medicine. The Oxley Scholarship is an endowment fund within the Marilyn Hughes Gaston Scholars Program at the College of Medicine.

<https://goo.gl/MfVZF4>

### Riverview East Health Outreach Fund

Funds shall be used to support the partnership between the Riverview East Academy Health Center and the Department of Family and Community Medicine at the UC College of Medicine. Funds may be used for education, research, and/or programming as part of the partnership, or other related initiatives as identified.

<https://goo.gl/6oofxK>

### Integrative Health & Wellness Development Fund

To be used to support research, education and patient care needs of the Center for Integrative Health and Wellness.

<https://goo.gl/DiqE7p>

### UC Family Medicine Global and Underserved Health Fund

Supports the Division of Global and Underserved Health within the Department of Family and Community Medicine with the following stipulations: Funds may be used for, but not limited to, travel expenses, supplies, and/or other expenses related to the program.

<https://goo.gl/UxKcgM>

*You can link to information for online donation at our department website, [med.uc.edu/family](http://med.uc.edu/family). You can see the list of funding priorities as shown here if you wish to designate your gift. When you click to the Foundation site to complete your donation, check the box "Choose an area for this gift to support" and then either enter the fund name in the "Other: Please specify" box OR search for a fund by selecting 'Medicine' and selecting the fund you wish to support from the dropdown menu.*



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## Family Medicine at the Front Line



Grant expansion funds multi-faceted program on opiate Medication Assisted Treatment, including skills session on administering Naloxone. **See full story, page 13.**