

Family and Community Medicine



University of
CINCINNATI

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CHAIR'S MESSAGE

Greetings from the Department of Family and Community Medicine! Education has been a strength of the department since its inception. In reflecting on our history, I am struck by the importance of our early clinician educators in establishing a strong culture that values education and the growth of learners. These giants were critical in building what we have today. Recently, we lost one of those giants, Tim Freeman. Included in this newsletter is a eulogy by Joe Bateman highlighting Tim and what he meant to many. Throughout his career, Tim inspired countless students, residents, and faculty. No matter how many responsibilities he seemed to juggle in his busy practice, he always had time for a learner, whether that learner was a student or a faculty member who needed assistance.

During my career, I could always count on Tim sharing encouraging words followed by some new piece of information when I called him concerning a patient of his admitted to the hospital. Yet, despite the brevity of these phone calls, every time I ended the phone call with a smile and a renewed spirit. There was a contagious joy in providing care that he shared broadly.

The theme for this edition of the DFCM newsletter is education. In this edition, you will see the incredible work throughout the department that furthers our education mission. This is part of the legacy of those giants like Tim Freeman. Our department has expanded significantly over the past 55 years, and the values have not wavered. I hope you all enjoy as much as I did reading about the amazing activities and initiatives in the department. May we always be reminded of the honor it is to serve our patients and learners as we continue to follow in the footsteps of our mentors!



Christopher Bernheisel, MD
Interim Chair

Joe Kiesler, MD - Service and Advocacy Elective

Joe Kiesler will be leading a new Service and Advocacy Elective at the UCCOM. The new UCCOM fourth-year extended Service and Advocacy elective was developed at the request of medical



Kiesler

students seeking opportunities to continue and expand their service with the community into their fourth-year

of medical school. UCCOM's Service Learning Advisory Council assisted Kiesler in the creation of the elective. Currently, all medical students participate in Service Learning as first year medical students in their Physician and Society course to explore the determinants of health of the

community. This new elective will allow six fourth-year students to receive one month of course credit to identify a community partner to work with over the year and implement a service advocacy or health promotion project with the community. Student's work will be supported through regular meetings with Kiesler as Course Director and Daniel Hargraves as Program

Coordinator. There will also be online educational modules, peer and community partner feedback, and reflection opportunities. Students track their project outcomes in a Service and Advocacy Portfolio, which will also be a method for students to share their scholarship for this Service and Advocacy elective with colleagues and community.



Service Learning Advisory Council

med.uc.edu/family

Facebook:
ucfamilymed



231 Albert Sabin Way
Cincinnati, OH 45267-0582

INTERIM CHAIR:
CHRISTOPHER BERNHEISEL, MD

Associate to:
Melia Warnsley
Melia.Warnsley@uc.edu
513-558-4021

Direct newsletter comments
to Melia.Warnsley@uc.edu

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IN MEMORY OF:

Timothy Freeman, MD

Eulogy written by Joseph Bateman, MD

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I first want to say thank you to everyone gathered here, for taking the time out of their busy lives to recognize and honor my friend, Dr. Timothy Freeman. I have had the privilege and honor of being Tim's friend and colleague for the last 35 years. It was quite an honor when Tim asked me to deliver his eulogy at

this celebration of his life. He, of course, also told me how he wanted me to do it. He said, "JB keep it short, sweet, and to the point. Nothing long and drawn out. You know me." He would be so disappointed because naturally, I kept it to a short, double spaced, 14 pages.

I knew it would be difficult for me

personally to do it, because of my own sadness and grief over losing one of my best friends. But, I struggled with more than that when thinking about what I wanted to say about Tim. It was the challenge of being able to describe, in a few minutes, what this great and very uniquely—talented man meant to me, and to recognize the legacy he left us with.

So please bear with me if I have to stop to take a deep breath and gather myself. Obviously this is difficult for me because I loved this guy like a brother. He was not only my mentor and my colleague, but one of my best friends. He was the best man at my wedding, godfather to one of my daughters, and known around our house simply as Uncle Tim. He got who I really was, and I got him, and I think that was the basis of our friendship. We could go months not seeing one another, but when we got together for his annual Christmas Eve visit to our home, or on one of our fishing trips, it was like we had just seen each other yesterday.

I first met Tim back in 1987 when I started my residency in Family Medicine. Tim was a new faculty member, our assistant residency director, and my boss. My early experiences with Tim centered around the family medicine inpatient teaching service at University Hospital, where he was our teaching attending. I was initially intimidated by the guy to be honest. He was super high energy and really focused on taking good care of patients, teaching us medicine, and getting our work done on rounds, as efficiently as possible. He would make rounds with us in the mornings, get to the office by 10, see a bunch of patients, come back to the hospital, round some more if needed, and I believe he still delivered

TIRELESS CHAMPION | EXPERT TEACHER | CALM

babies at night. He was a very skilled clinician, an excellent teacher, and a respected leader. He possessed an amazing memory, and fund of medical knowledge. But most impressive of all, was his compassionate bedside manner when interacting with our patients. It was something to behold. I can remember many mornings, making our rounds with Tim leading our entourage of residents and medical students quickly from room to room, unit to unit. If you didn't keep track of him he would be gone. He was always on the go, probably fueled by many cups of his favorite beverage: the world's strongest coffee. I don't know anyone who could drink it except him. But when we entered a patient's room he slowed down, sat or stood at the bedside, and made sure to listen carefully, and

speak in a calming and reassuring manner to the patient. He was a tireless advocate for the patients under his care, and for our specialty of Family Medicine. He was a demanding teacher who expected the best out of his residents, but was always approachable when we had questions. He did not suffer fools or laziness, and he did not mince his words. When we, as trainees, all made the inevitable mistake, and he was correcting us, he would give you that intense stare he had when he wanted to get his point across. If you got the stare with a smile, you were going to be okay, but if you got the stare with no smile, you were going to be in deep trouble! You always knew where you stood with him. That's one of the things that I admired the most about him as a teacher and mentor.

After I graduated in 1990 and was hired as faculty member in the Department, Tim and I became practice partners and worked together teaching and seeing patients for the next 22 years. As many of you know, Tim had a special interest and passion in caring for adults with Intellectual and Developmental Disabilities and he became the area's expert in the care of these patients. He loved taking care of them and they loved him back. He was a tireless champion and a strong advocate for improving the care and living conditions in the residential community of group homes, with Tim as the medical director, over-seeing their care. Tim had a special gift and knew how to deal with this sometimes very challenging population. I clearly remember a special needs patient of Tim's that we were seeing in the clinic when Tim wasn't there. They were very agitated, angry, and uncooperative. We tried to have the patient and caregiver leave to reschedule, but the patient became even more upset, and wouldn't leave. We were at the point of considering to give the patient a tranquilizer in order to calm them enough to leave.

Fortunately, at the last minute, Tim shows up from making rounds in the hospital, walks into the exam room with a big smile on his face, puts his arm around the patient, and says "Hey bud, how's it going? What are you here for today?" The patient immediately calmed down and became pleasant and cooperative, because Tim was there to take care of him. It was just one small example of Tim's skill and understanding of a uniquely challenging patient population. In honor of Tim's almost forty years of clinical work in this area, UC Health recently named the clinic in his honor as the "Timothy D. Freeman Clinic for Adults with Intellectual and Developmental Disabilities" and established a fund to support it at UC Health Foundation.

He was also posthumously awarded the "Service in Excellence Award" by physician leadership at UC Medical Center. The award goes to an attending physician who has provided clinical leadership over time, taking on difficult assignments. This person is recognized as a leader and champion who, behind the scenes, removes obstacles and barriers in the care of patients. The Chiefs of Staff also have decided to henceforth name this, their highest honor, "The Timothy D. Freeman Award for Sustained Excellence."

To say that Tim had many other pursuits outside of medicine, and spending time with his family and his dogs, is definitely an understatement. When I first met him, he was already heavily involved in photography, and liked writing poetry. He was a man of immense artistic talents and passions, and it showed, especially in his photographs. He has shown photos professionally in galleries in our area for many years. When we traveled, he always had multiple cameras, a tripod, and lenses with him, usually stuffed in a backpack that I swore weighed fifty pounds.

No matter where we were going to fish, Tim was always on the lookout

This is such sad news. I will remember his humor (his "smug mug") and wisdom. He was a great doc too. I met a few of his former patients and they all spoke warmly of him, a real model of an excellent family physician and leader. He will be missed.

Manoj Singh, MD, FAFP



for his next picture. Many times, we would be driving along a country road in the mountains or valleys on a fishing trip, and Tim would suddenly exclaim “Stop the car and back up, I want to get a picture.” Sometimes it was something cool like a bear, moose, elk, or a mountain goat, or mountains and rivers, but sometimes it was just a pile of rocks or some flowers, a chunk of moss, or a tree with fall colors. It took us forever to get anywhere! He loved taking pictures so much that driving around out west, we eventually encouraged him to rent his own car so we could go fishing, and he could go and take the next great picture. Many of his pictures hang in my home, office, and my fishing cabin. They evoke many strong memories for me, as I was usually there with him on a trip somewhere when he was taking photos. One hangs in my office on the wall opposite my desk. It is of Denali, (the highest mountain in North America) in Alaska, and is taken from the perspective of being slightly above the summit. It is a beautiful mountain, covered in snow and ice, with sun shining on one side of it. He told me he took it from a small plane. I often look at that picture and think of Tim, hanging out of a small airplane, with a camera in his hand, telling the pilot how to fly, and to slow down so

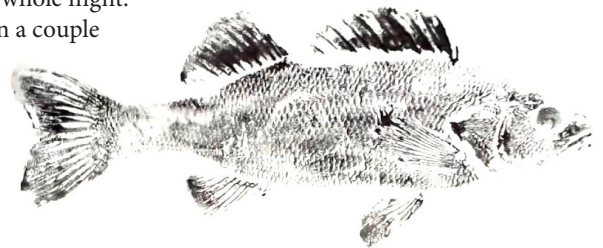
he could get the shot.

Besides working together for all those years, Tim and I became close friends as we travelled together fly fishing. Tim picked the sport up very quickly and became proficient in the matter of only a couple of years, which is pretty rare. We travelled first to the mountains of Pennsylvania and Virginia, and then more often, in Wyoming, Idaho and Montana. He especially fell in love with Yellowstone and Glacier National Parks. Every year, though, it seemed he picked up another hobby. To be honest, it was tough to keep track of them all. Astronomy became his next self-taught passion, packing with him a sizeable telescope everywhere we traveled, along with multiple other gadgets. He was so energized by the Rocky Mountain trips we took, that he could fish and hike all day, then, when the rest of us were ready to go to bed, Tim would load up his gear and make a big thermos of his strong coffee. He would then head out to take pictures of stars and galaxies with his telescope and camera. He would stay up nearly the whole night. He could literally exist on a couple hours of sleep when he was on another all-night quest to capture the Milky Way.

One year, a UPS

truck delivered a large box to our remote cabin in Montana. It was for Tim, of course, and it contained new equipment, for Tim to prospect and pan for gold nuggets in the streams of Montana where we were fishing. When I asked him why he wanted to pan for gold, he, of course, said because he wanted to strike it rich and find a big enough nugget to pay for the trip. Unfortunately, he never found that big nugget—just some tiny flakes, but like all of his hobbies, he loved doing it.

If panning for gold wasn't enough, for the next couple of years, he got into printing fish. You may ask what that is. Well, I didn't know either until I happened to walk up to where Tim was fishing on a river one day. He had a large sheet of paper laid out on a wooden frame on the side of the stream. He had just caught a fish, which he had in one hand, and in the other, a roller with non-toxic paint. The fish was still alive. He rolled paint onto the side of his fish, flipped it over, and pressed the fish down onto the paper and then put the fish gently



MENTOR | UNDERSTANDING | HIGH ENERGY



My favorite memory of Dr. Freeman was when I met him at Essex studios at one of his gallery showings. I was a first year medical student. I was so impressed by his photography and I was floored to find out he was a practicing primary care doctor as well. He told me he was a primary care doctor "in order to feed my photography habit." I've always remembered that lesson of the importance of a passion and a life outside of medicine. I've often thought of my career as a vehicle to fuel my interests in the world, and I credit him with that thought.

—Eleanor Glass

This is a huge loss for his family, his colleagues, his friends, and his patients. I have known Tim since he was a medical student. He went on to be an outstanding resident and a leader in our department. Most recently, he was my family doctor. I will always remember sharing photography secrets, our experience with woodworking, and memories of our experiences with the Department in its early days. He is an irreplaceable treasure and an incredible human being.

—Jack Kues

Tim was an incredible individual who impacted so many in our community. He was someone who I always looked at as the ideal family physician—committed to his patients, ability to relate to everyone he met, outstanding clinical skills, and approached people with kindness and empathy. He has been a mentor for many in our department and will be missed.

—Chris Bernheisel, MD

back into the river. It swam away in a cloud of color. I said to him “Freeman, if a native Montana fish lover sees you doing that to one of their beloved cutthroat trout, you might get shot!” He said, “Maybe JB, but they sell for over a hundred dollars a piece back home.” He asked if I liked the finished product, and I said “Not really, it just looks like a Rorschach ink blot to me.” You know blunt honesty was one of the cornerstones of our relationship. When I told Bob, one of the other guys fishing with us, that Tim now, in addition to poetry, photography, astronomy, fly-fishing, and fly-tying he was now panning for gold and making fish prints, he exclaimed, “How many blankety-blank hobbies does one man need to have in life!!” To be honest, I don’t know that there was an upper limit for Tim Freeman ever!

I could stand up here all day and tell stories about my friend, but there is not enough time.

There are simply too many facets to his life and his pursuits. My biggest regret, like all of us here, is not having had more time with him. Life really is too fleeting and all of us take what we are given for granted. Mostly, I will miss his hearty laugh, his big smile, his sense of humor, and his generous and kind heart. He had an honest and forthright approach to life. I cannot remember ever being



angry with him or having had an argument, or a serious disagreement with him—a rarity with people in my life. The last time I saw him, about a week before he passed, he told me that he honestly wasn’t afraid of dying, that he absolutely had no regrets and had lived a great life and had done most everything he wanted to do. He loved medicine and being a family doctor. He loved his family and was very proud of his children, Micah and Esther. He told me that most of all, he loved that he had dedicated his career as a physician in caring for his patients with special needs and disabilities. They posed very unique diagnostic and treatment challenges to him as their doctor and that he loved that aspect of his practice. He told me he would have been very bored just taking care of people with routine medical issues.

And so, I will miss him as a teacher and colleague and as my fishing buddy, but most of all as my best friend. Whether each of you knew him as part of your family, as a friend, as a colleague, as your teacher or your doctor, I think we can all agree, he touched many people all in a very special way. Tim Freeman was truly one of kind. There will never be another like him. Goodbye, my friend and brother! All of us here will miss you very much. Thank you for being part of our lives.

Tim Freeman, 66, of Cincinnati, peacefully passed away February 3, 2022, surrounded by family. He is survived by his wife of 44 years: Holly; his children: Micah and Esther; his mother: Ann; and three of his sisters: Chris, Carol, and Jenny; predeceased by his sister, Kathy, and father, Tom. He is beloved by many family, friends, colleagues, patients, and his dogs, Sissy and Scooter.

He was born in Cincinnati to Ann and Tom Freeman. Tim graduated from Roger Bacon High School and went to Xavier University for his undergraduate degree. He received his doctorate (MD) from UC Medical School and then worked as a family doctor with UC Health. His career was distinguished by his advocacy and passion for those with developmental disabilities. He loved the people he served and the relationships he developed with them. He was an avid fisherman and an accomplished photographer who appreciated the arts, animals, and outdoors.



HEARTY LAUGH | BIG SMILE | SENSE OF



When I met Dr Freeman working on a clinical trial years ago, I learned that he had a special vocation of caring for those with developmental disabilities. A few years later, my husband and I assumed the privilege of caring for his youngest sister, who has Down's Syndrome. We asked Dr Freeman if he would manage her healthcare, which was one of the best things we've ever done. Dr Freeman was able to discontinue several sedating medications and she just blossomed. He looked past her disabilities and saw her beauty and value. Every time he looked in her eyes with an ophthalmoscope, he would tell her that he saw a constellation of stars. I know that the physicians he mentored will continue to provide her with excellent care, but all of us will miss him.

—Mary Beth Vonder Meulen, RN, CCRC

I had the pleasure and privilege of knowing and learning from Dr Timothy Freeman as a resident in Family Medicine. He taught us excellent medicine, and by example showed us how to be kind and respectful to all our patients and colleagues. He was an honorable, caring and dedicated physician. His exceptional wit and good humor were memorable. He will be missed. Praying for his family during this very sad time.

—Susan Jacob, MD

In our darkest hours in this pandemic, Dr. Freeman volunteered his time with the palliative care team. He lifted every single member on the team and reminded us of what compassionate care is all about. He will remain an honorary member of PC. He is the true spirit of medicine. Deepest Peace to anyone whose lives he touched.

—The UCPC Team

HUMOR | GENEROUS AND KIND HEART

WEST CHESTER FAMILY MEDICINE RESIDENCY PROGRAM

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Moving day for the West Chester Office folks

Update on WCFMRP

The new West Chester Family Medicine Residency Program continues to march forward.



Bruce Gebhardt

Since the last update we have moved into our new FMP site! Nineteen exam rooms, two procedure rooms, a library/conference room, a group visit room and much more. So far, the space has been a joy for the doctors, staff, and patients. We had a successful ACGME site visit (via Zoom). Thanks to Chris Bernheisel, Sarah Pickle, Jackie Knapke, and Lou Edje, our application and planning were superb. We now await final approval from the ACGME RRC which meets in late April. Hopefully, we will receive formal approval soon after. Once official approval is obtained, recruiting the inaugural class for July 2023 and recruiting additional faculty will begin, for example, FM-OB.

Again, I want to thank everyone who has helped take this idea to a reality over the past year. It has been an interesting and work-filled process.



FACULTY SPOTLIGHT:

Bruce Gebhardt, MD

Tell us about yourself

I am a proud native of Erie, PA., a very blue-collar, rust belt, small city on the shores of Lake Erie. College was spent at Allegheny College in Meadville, PA., a small Liberal Arts school which I credit for whatever modest success I have in my career. Med School was a UC COM (class of '87), which I loved. I returned to Erie for my residency. I fell in love with Mrs. Gebhardt (Grimes) while in medical school and teaching during residency. My work career includes 5 years of private practice in Brockton, MA, 11 years with UC DFCM including Clerkship Director, 12 years as residency faculty/PD at my program in Erie, and then returning to UC DFCM in July 2017.

My wife Robin is a school teacher—currently with CPS as a ESL elementary teacher. My son Ben lives in Boston and works in sales for a tech firm, and my daughter Anna is a third-year med student at OU.

What is the most challenging part of my job?

I returned to Cincinnati to help start the new West Chester residency program. Patience has been my biggest challenge. It took 4 plus years for the “start” to occur, but I guess this proves that good things come to those who wait. Of course, during those 4 years I've learned more medicine, worked with great partners, got back to teaching at MedEd, and enjoyed precepting at the UC/Christ residency.

Top 3 life highlights:

1. Being a dad and husband
2. Coaching lacrosse while in Erie
3. Maintaining a great friend group with my boys from Erie—truly my brothers

Something surprising about me

I honestly don't have much surprising. I'm an open book...and I talk a lot! I guess one thing that may be surprising is that I helped start two community lacrosse programs (Wyoming and Fairview, PA.) and I backpacked in the Romanian Carpathian Alps right after the fall of the Iron Curtain.

What do you like to do on your days off?

I try to stay active with exercise, I love jig saw puzzles, I play with our 3 dogs, and

Mrs. G and I like to explore new places in Cincinnati, and I love reading history.

What do you find most rewarding about your job?

I love patient care, learning, and teaching. If I can do those things—man, I am rewarded.

What is the best piece of advice you have ever received?

“Never believe your own press”. Basically, stay humble. I'd add stay curious and follow the Golden Rule.

What are your biggest professional challenges?

Organization and computers!!

What is your biggest achievement to date – personal or professional?

Professional: I was honored most by the Gold Humanism in Medicine Award.
Personal: The Fairview boys lacrosse team beating the best team in Erie—complete upset. Just so fun to start a team from scratch, win no games the first year, and then getting the first big win for the program. I'd add—coaching both of my kids—that was a special time.

When was the last time you laughed so hard you cried?

I think this happens almost daily. Maybe because I'm a simpleton, but as a good friend once told me “You find the good in everything”. I think that allows me to stay happy and find humor in many places.

How do you balance your career and family?

When my kids were little, we purposely lived near my work (Wyoming practice). I was able to walk the kids to Elm Elementary most days, then on to the office. That was the best. I tried to involve the kids in my roles, taking them on house calls and nursing home visits. I've always made the time to coach the kids—soccer, lacrosse—a great chance to spend time with them and get to know their friends. I took both kids to Honduras while they were in 8th grade which was life changing for both. I guess overall—prioritize time—whether that means losing some income by starting the day 30 minutes late, working an evening to free up an afternoon to spend with the kids, or missing out on some professional opportunities. Life is always choices—it takes some creativity and work—but kids are only kids once.



Bruce with his son Ben



Bruce and his wife Robin



Even Stanley is a Bengals fan!



Bruce and his daughter Anna

FACULTY SPOTLIGHT:

Rocky Ellis, MD

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Please tell us about yourself

Next year will be my 30th year as part of the UC community. I am a Cleveland native that came to UC for undergrad where I was recruited to run Track and Cross Country. Steeplechase was my specialty. I attended UC for medical school and then TCH/UC residency program. Somehow Dr. Gebhardt convinced the department to hire me at the Wyoming Family Practice where I still see patients. It's fun to see my pediatric patients from those early years start to have kids of their own. I must be starting to get old.

What is the best piece of advice you have ever received?

This may not be the best advice ever, but it is a Dr. Stagaman classic. "The only thing you need to know about a rash is whether it is steroid responsive or not." He was such a great ambulatory preceptor.

Before working at UC, what was the most unusual or interesting job you've ever had?

My first job was delivering phone books. Luckily, they were the thin ones. It paid 10-20 cents per book depending on the route.

Something surprising about yourself?

Many people already know this, but I make balloon animals. I am very popular at back-to-school picnics. One of my patients had to admonish her 5 year-old daughter that they didn't always have to go to the Balloon Doctor every time she got a cough or runny nose.

If you could choose anyone, who would you pick as your mentor?

Rick Ricer has always been a great mentor to me. I wouldn't change him for anyone.



Rocky and his daughter Ava



Rocky and his son Dominic

FACULTY SPOTLIGHT:

Kelly Lyle MHA, MS

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Kelly Lyle

Please tell us about yourself

My name is Kelly Lyle, I grew up in Cincinnati, Anderson Township. I am married to my husband of 28 years and have 3 boys all who have graduated from UC. I have been at UC since 2000 and

currently work part-time in the Center for Integrative Health and Wellness, developing educational programs, both undergraduate and graduate.

What is most challenging about your job?

The most challenging things about my job now are the lack of personal, face-to-face communication. I like to walk around the halls and see fellow colleagues and students. I think this is where brainstorming and collaboration truly begins.

What do you find most rewarding about your job?

The most rewarding experiences of my job are when we get responses from students of how our Integrative Health classes have changed their lives. So many students have stated how they never fully understood the power of the breath until now.

What is your motto or personal mantra?

My personal mantra is from a song by Michael Franti, "Just work hard and be nice to people." Pretty simple.

What do you like most about your job?

I love the people I work with. They are all so passionate about their jobs and that has helped move the Center for Integrative Health to where it is today.



Kelly Lyle on the Pedal Wagon with family and friends

The Center has made incredible strides in the last couple years thanks to our leader and amazing staff. I am thankful to be part of it.

When was the last time you laughed so hard you cried?

In Home Depot today! They have weird names for tools.

What's your favorite blog or podcast?

My favorite podcast is the Heal podcast by Kelly Noonan Gores and Body of Wonder by Dr. Andrew Weil.

What is your guilty pleasure?

Hiding out where no one can find me and doing an hour-long yoga/meditation session by myself. Although that never happens because my dogs follow me wherever I go.

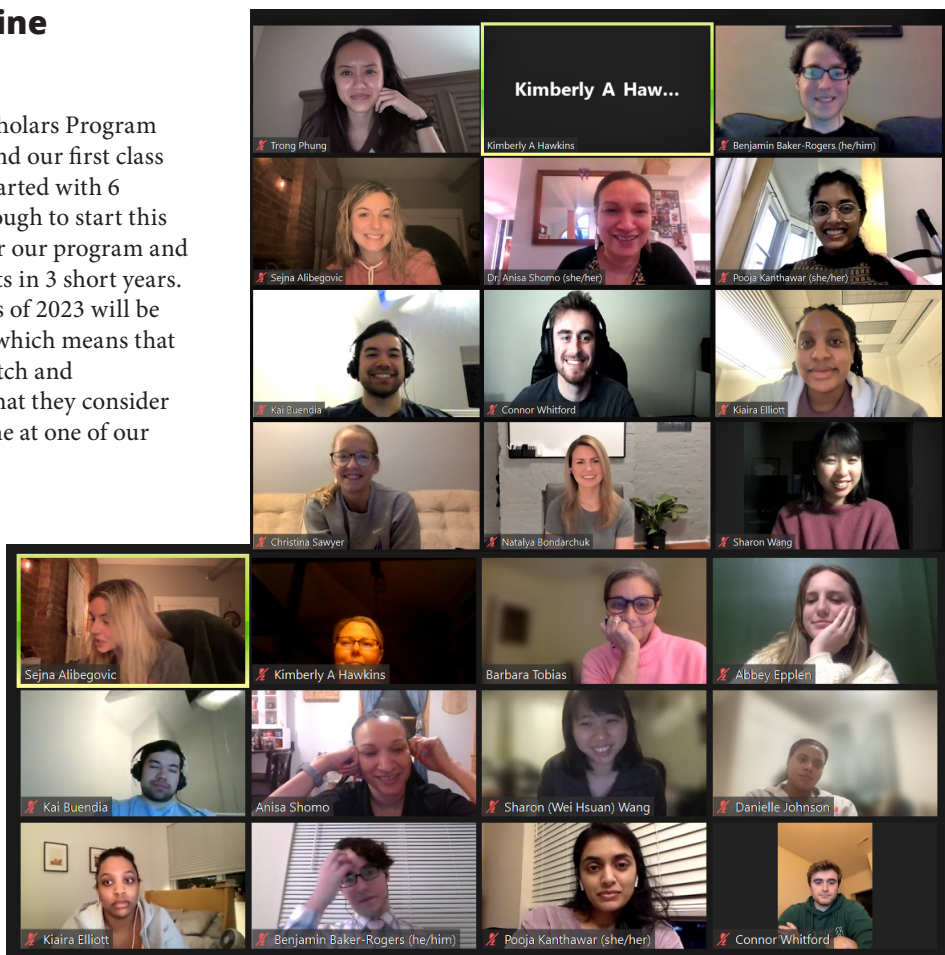
How has UC helped you in your career development?

UC has helped me in my career development by allowing me the opportunity to receive a Masters in Health Administration and a Masters in Health Promotion and Education. Without these skills and education, I wouldn't be where I am today.

The Family Medicine Scholars Program

The Family Medicine Scholars Program was re-established in 2018 and our first class was the Class of 2023. We started with 6 students who were brave enough to start this process. They set the tone for our program and helped us grow to 24 students in 3 short years. We are excited that the Class of 2023 will be entering their 4th year soon which means that they will be entering the match and graduating soon. We hope that they consider matching in Family Medicine at one of our Cincinnati residencies.

The Class of 2024 will be entering 3rd year and will see you all for their 3rd year clerkships. The Class of 2025 will be participating in Urban Health Project or Family Medicine Summer Research. Their research experiences will allow them to participate in the work of Cardio-OH, MEDTAPP VRS, and CPCC. Welcome students!



FM Scholars Zoom meeting with Dr. Barb Tobias



FM Scholars Talks at Dr. Shomo's home



FM Scholars Talks at Dr. Shomo's home

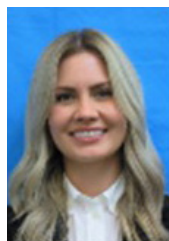
Announcing the Class of 2025 Family Medicine Scholars



Sejna Alibegovic



Benjamin Baker-Rogers



Natalya Bondarchuk



Kai Buendia



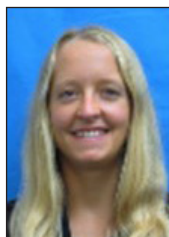
Pooja Kanthawar



Connor Whitford



Trong Phong



Christina Sawyer



Sharon Wang



DIVISION UPDATE:

OFFICE OF GERIATRIC MEDICINE*Irene Hamrick, MD, Director*

Hamrick

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**PROGRAM
COORDINATOR**

Natalie Seabum
513-558-1452

Changes in the Division

We had a couple changes in the Office of Geriatric Medicine this year. At the start of the year our fellowship coordinator, Corie Rice, left her position to seek another opportunity outside of UC. We were sorry to see her leave and are grateful for her work over the past few years. We are also excited to welcome Dr. Amanda Arnold's son to the Division of Geriatrics this Spring! Nathaniel was born March 19th!

Geriatric fellows return to the Walnut Hills and OTR communities!

COVID-19 created a particular challenge for our training program as we weighed the educational needs of our fellows and faculty with the unique vulnerability of the patients for whom we care. This led to two years in which our fellows were not in the community in the same way as before. This summer and fall, we took advantage of the drop in cases and each fellow spent a day in the Walnut Hills community during their orientation, first completing home visits with their new continuity home visit patients, then attending the weekly community event Food and Fun Fridays, where they spoke to community residents about the COVID-19 vaccine and safety during the pandemic. They also met and spoke with the many community partners that attend the event. This spring, fellows and faculty look forward to utilizing our didactic time to spend one morning in the Frederick Douglass Elementary Community Garden and a different morning returning to the Over the Rhine Senior Center for a community education talk with their clients for the first time since December 2019!

Innovation and Recruitment in the Geriatric Fellowship Program:

Hwang



Smith

The fellowship program is proud to announce another successful recruitment season. With COVID-19, interviews across all programs were again conducted virtually. The fellowship program reviewed more applicants than ever before. The fellowship utilized holistic review of applications and standardized questions to promote diversity and equity. In addition, interviewers completed a brief implicit bias training and reviewed strategies to mitigate the effects of implicit bias prior to each interview session. The program has successfully matched with two family medicine residents. Dr. Jessica Hwang, a graduate of UCCOM, will join us from Grant Medical Center Family Medicine Residency. Dr. LaToya Smith is also a graduate of UCCOM and a Chief Resident in the TCH/UC Family Medicine Residency. Hwang and Smith each showed substantial leadership in their residency experiences, including in community engagement and DEI. We look forward to learning with these fantastic physicians and leaders and watching them grow as geriatricians.

Anti-Racism Initiative:

Since July 2020, the division has been incorporating anti-racism readings, discussions and activities in our monthly meetings led by Dr. Anna Goroncy. Now, Felicia Beckham, NP, is also contributing her expertise in community education and health equity. We have covered topics including structural racism, vaccine equity, inclusion in recruitment and race-based medicine. This year, while we continue to grow in our knowledge and experiences, we also completed a climate survey utilizing the "Continuum on Becoming an Anti-Racist Multicultural Organization," to better assess our current institutional environment and set measurable goals for the coming year to improve as a division.

DIVISION UPDATE:

INTEGRATIVE MEDICINE*Sian Cotton, PhD, Director***The Bernard Osher Foundation Gives \$5.5 Million to UC Center for Integrative Health and Wellness***Sian Cotton with UC Medical Students*

Thanks to a \$5.5 million gift from Bernard Osher and The Bernard Osher Foundation, the University of Cincinnati Center for Integrative Health and Wellness will be able to expand its work. The gift will provide permanent, endowed funding for the center's work, which spans programs at UC, UC Health and Greater Cincinnati to advance integrative health education, clinical care and research, and bring hands-on wellness training to the community.

As part of the gift, the center will be named the Osher Center for Integrative Health at the University of Cincinnati, pending approval from the UC Board of Trustees. It has joined the Osher Collaborative—a premier, international group of seven academic Centers funded by The Bernard Osher Foundation to study, teach, and practice integrative health care.

"We are honored and excited to become part of the esteemed Osher Collaborative, and so very grateful to the Bernard Osher Foundation for their continued investment in the growth and sustainability of integrative health," Sian Cotton, PhD, director of UC's center and Turner Farm Foundation Chair at the UC College of Medicine, said.

"This transformational gift will allow our center to expand and deepen our educational, clinical, research and community efforts—all focused on delivering integrative and whole-person care that is accessible to all members of our communities."

Specifically, the Osher gift will endow key leadership positions and programs within the center's operations and enhance funding for clinical services for under-resourced patients. Currently, center faculty provide integrative therapies such as acupuncture, massage, mind-body and movement-based therapies as well as lifestyle medicine consultations to UC Health patients through the UC Gardner Neuroscience Institute, the UC Cancer Center and the Women's Center in West Chester.

The gift will also accelerate the center's programming for future health care providers at the UC College of Medicine. These unique educational models, from annual lectures to longitudinal experiences, train medical students on how to incorporate evidence-based integrative therapies into their future practice, as well as how to apply mind-body techniques to their own self-care.

*Cotton*

UNIVERSITY OF CINCINNATI
COLLEGE OF MEDICINE

INTEGRATIVE MEDICINE SPECIAL PROJECTS COORDINATOR
Lisa Doogan
Lisa.Doogan@uc.edu
513-558-2310

A NEW Yoga Studies Certificate has been approved at the University of Cincinnati

Students can add a Yoga Studies Certificate to any area of study. The certificate curriculum focuses on the history, theory, philosophy, and practice of yoga and how it can benefit them in their everyday life and be integrated into professional settings, such as exercise science, physical or occupational therapy, social work, mental health counseling, psychology, education, and more.

The Yoga Studies Certificate is interdisciplinary in nature, consisting of coursework from College of Education, Criminal Justice and Human Services (CECH), the College of Medicine, and the College of Arts & Sciences. Students will complete 8 credits of core coursework, 4 credits of applied Yoga Studies coursework, and 6 credits of electives for a total of 18 credit hours. Visit to or email kelly.lyle@uc.edu learn more.

<https://www.med.uc.edu/institutes/integrative/events/lifestyle-medicine-wellness-series-2022>

*Yoga with Meriden McGraw during 2019 Integrative Medicine course in MSB.*



OPTIMIZE Your Well-Being

Thank You For a Great Optimize Your Well-Being Community Symposium

On May 14, 2022 over 100 participants attended Optimize Your Well-Being, a community symposium hosted jointly by the University of Cincinnati (UC) Center for Integrative Health and Wellness and the UC Brain Tumor Center, at The Graduate Cincinnati Hotel on the UC medical campus in Clifton. This event focused on whole-person wellness and nonpharmacologic approaches to pain management with a keynote by Dr. Robert Bonakdar, a specialist in integrative pain management, from The Scripps Center for Integrative Health in California. "Chronic pain is among the most common chronic conditions in the United States, with almost 20 million adults suffering from debilitating pain due to a wide range of causes," says Mladen Golubic, MD, PhD, medical director for the UC Center for Integrative Health and Wellness, and professor of clinical family and community medicine at the UC College of Medicine. "The costs of chronic pain are substantial, both financially and in lost productivity." "During the past few decades, an overly enthusiastic focus on using medications for pain management contributed to an epidemic of opioid-related deaths," said Dr. Golubic. "Fortunately, as a society we are beginning to recognize that other treatments are more effective, safer, and less costly. Non-opioid pain management approaches including massage therapy, relaxation techniques, like meditation and guided imagery, Yoga or Tai Chi and chiropractic care along with physical, occupational or rehabilitative therapies are successful non-pharmacological therapeutic approaches."



Sonali Doshi



Shoshana Klafter



Conner Funke

UC Medical Students Present at Academic Consortium of Integrative Medicine and Health International Congress in May 2022 in Phoenix, AZ

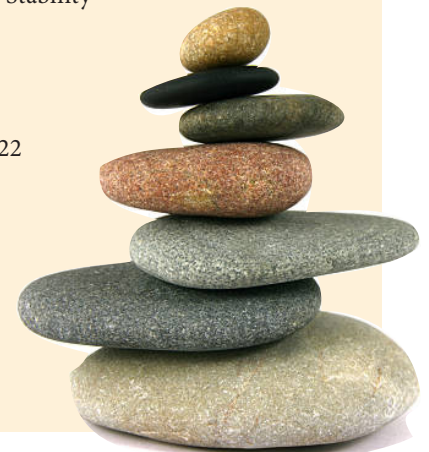
Doshi, S., Klafter, S., Pallerla, H., McDonald, S., Malosh, L., Cotton, S. The Relationships Among Race, Gender, and Resiliency in Medical Students: A Longitudinal Analysis. Oral presentation.

Funke, C., McDonald, S., McGraw, M., Pallerla, H., Cotton, S. Impact of an 8-Week Mindfulness and Resilience Virtual Training on Stress and Burnout for University Faculty and Staff. Poster presentation.

The event featured 19 additional presentations and experiential sessions, all led by experts in their fields. Topics included:

- Using Biofeedback to Reduce Pain
- Mindfulness and Meditation
- Anti-inflammatory Diet and Foods
- Yoga
- Guided Imagery and Stress Reduction
- Using Acupuncture to Help Your Body Heal
- Restoring Balance: Somatic and Pilates Strategies for Navigating Pain
- Muscle Activation Techniques: Creating Mobility Through Muscular Stability

Additional event details are available at http://bit.ly/UC_WellnessMay2022

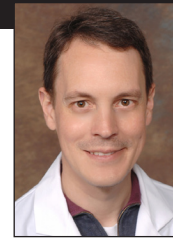


DIVISION UPDATE:

MEDICAL STUDENT EDUCATION

Rocky Ellis, MD, Director

After 12 years of directing the division and the Family Medicine Clerkship, I will be passing on these duties at the end of the academic year. It has been a fun and rewarding experience teaching and mentoring the next generation of physicians. I will continue to teach students in the division, and I am excited to work with our new director, Dr. Sarah Pickle. I don't have room to list all her amazing accomplishments, but I know she will continue the educational excellence the division has maintained for decades. She will join a long line of outstanding division directors including Barb Tobias, Bruce Gebhardt, Rick Ricer, Jack Kues, Jeff Heck, and Charles Margolis. Please join me in congratulating Sarah Pickle.



Ellis

UNIVERSITY OF
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MEDICAL STUDENT EDUCATION PROGRAM MANAGER

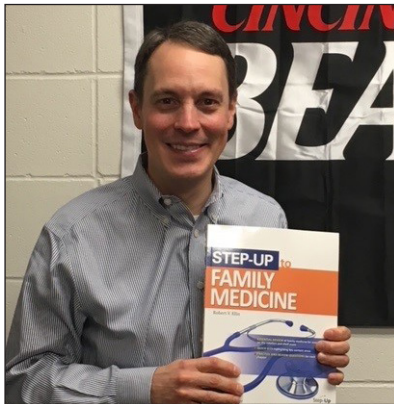
Nancy Jamison
Nancy.Jamison@uc.edu
513-558-1435

MEDICAL STUDENT EDUCATION PROGRAM COORDINATOR

Kimberly Hawkins
Kimberly.Hawkins@uc.edu
513-558-4020

COMMENTS ABOUT ROCKY ELLIS STEPPING DOWN

I distinctly remember the M3 Family Med clerkship lecture of learning and trying OTC remedies for constipation with Dr. Ellis. Metamucil was a crowd favorite. Thanks for making constipation interesting! Circa 2014. —Kara Ciani



Rocky with his book, Step Up to Family Medicine

The first time I met Rocky, it was for my interview for my job. He was such a nice, kind man and seemed to be very smart. He really didn't ask me many questions, but he made me feel like the job was mine.

He has an extremely calm, patient and understanding way about him. He is supportive and encouraging and knows the right things to say. When there are no words, his kindness shows. When my father passed away a few years back, he came into my office, and simply put his hands on my shoulders, saying nothing. But that tender gesture said and meant more to me than anything he could say.

His leadership makes this an

incredible division in which to work. He makes everyone feel like a valuable member whose ideas are worthwhile. I'm happy he will be sticking around to continue teaching because I'm not ready to say goodbye to the man who became my friend. —Nancy Jamison

It has been such a pleasure to work alongside Rocky in the Family Medicine Division after having him as my clerkship faculty many years ago. Rocky brings a joy to everything he does- teaching, mentoring, patient care- through balloon animals, Baby Yodas, and his deep love of family medicine. Glad you are not going anywhere, Rocky! —Sarah Pickle



Dr. Ellis, ready for the eclipse 2017

It has been my privilege and delight to have known Rocky continuously since he was a medical student. He has always been upbeat, smiling, striving to become more knowledgeable, friendly, and extremely competent. He was a great student, became a

great resident, then a great teacher. It was a boon to our Department when Rocky joined our practice and faculty. I was delighted when he chose to join the Medical Student Education division and delighted to watch his progression to very effective leader. I am blessed to be able to call him a friend. —Rick Ricer

It has been a pleasure working with Rocky as our team leader for the past 4 years. He has been supportive of our different efforts to improve our division. He has also been a great motivator for the personal advancement of our team members to achieve their career goals. Thank you for your service, Rocky! —Anisa Shomo

Our curriculum and Med Ed Division has thrived under Dr. Ellis. Consistently one of the top 3 highest ranking clerkships in the College of Medicine, Dr. Ellis' dedication to our students is reflected in the over thousands of students he has advised, mentored and taught. He is a five time awardee for Outstanding Student Mentor. Under Dr. Ellis's leadership, in 2019, the Office of the Provost recognized our Department as an 'Exemplary Department for promoting academic excellence through a strategic, innovative and inclusive approach to mentoring'. Dr. Ellis led with fairness, pragmatism and always a bit of humor. Thank you Dr. Ellis!

—Barb Tobias

DIVISION UPDATE: Medical Student Education

UNIVERSITY OF
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Reid Hartmann, MD: Physician & Society 101/102

I took over the role of course director for Physician & Society 101/102 for the first-year Medical Students at the University of Cincinnati in July of 2021. I was excited and inspired to pursue this



Hartmann

course as it was ran by Dr. Joe Kiesler since its inception about seven years ago. It was an honor to take on this opportunity from such an influential colleague and mentor. I now have the distinct privilege of co-directing with Dr. Lisa Kelly (ophthalmology) who is leading the 201/202 experience in the second year, and Dr. Kiesler who is

now focused on the service learning experiences in the community.

It is quite an adventure to reenter medical education for the preclinical years. Teaching residents and fellows is very different, as it tends to be competency-based and not exam/assignment based. I have not had experience managing grades and student needs at this level. When I attended medical school, syllabi were in three-ring binders and tests were on paper. The IT infrastructure was a steep learning curve for me over the past 6 months.

I am continually intrigued by the reality that almost every lecture and topic we cover in the Physician & Society course are concepts that were mere afterthoughts in the curriculum in my

own medical education. It is inspiring to see such careful attention to a well-rounded curriculum early in the education at the University of Cincinnati. The first-year students are very engaging, have a strong sense of justice and equity, and interest in the social determinants of health. I remain grateful for the opportunity to teach them. It is also no surprise that our University of Cincinnati graduates are consistently so well prepared to begin their residency training. It has been an exciting adventure, with some very stressful moments, regrets of leaving my primary care work, and remarkable fulfillment in the teaching role with so many aspiring physicians.

Kara Ciani, MD: LPCC Update

In July 2021, Dr. Rita Schlanger (Internal Medicine) and I stepped into the role of co-course directors for the



Ciani

Longitudinal Primary Care Clerkship. LPCC introduces first and second-year students to the fundamentals of doctoring (FoD) and fosters the early development of student identity as a physician. For over a decade, the clerkship has been led by the DFCM and pairs students with one primary care preceptor (PCP) for 12 months. Preceptor recruitment has been challenging and was exacerbated by COVID-19, requiring pairing of some students with non-primary care preceptors (non-PCPs) in 2021. This presented an ad hoc pilot study and an opportunity to explore whether students can apply the FoD in

non-primary care settings that uphold continuity of care.

In 2021, students completed 11 office-based sessions with their LPCC preceptor. Sixteen students were paired with non-PCP specialty physicians and 167 students were paired with PCPs. Student experiences between PCP and non-PCP were analyzed, including student focus groups, mid and post-clerkship surveys of students and preceptors, and patient logs. We learned that regardless of preceptor specialty, students consistently reported meeting session objectives and felt their preceptor fostered a supportive learning environment. There was no difference between PCPs and non-PCP's evaluation of students' skills in history taking and oral presentations or student OSCE performance at course completion. All non-PCPs expressed interest in continuing as preceptors for the next academic year.

This pilot was presented to the Office of Medical Education and has since been granted approval to continue to include non-PCP preceptors as educators for the course. We hope this will aid in preceptor recruitment, while also provide an opportunity for student career exploration and faculty development.

Finally, we plan to change the name of the course to encompass the primary objective of teaching the FoD. The course name will be voted on by students this year; ideas include The Fundamentals Clerkship (more to come!). If you know of a fantastic specialist educator who might wish to host an eager first year student for the clerkship, please share my contact information (cianika@ucmail.uc.edu). Thank you to all current and past preceptors in our department for your commitment to medical education. We could not do this without you!

DIVISION UPDATE: Medical Student Education

**The Department of Family and Community Medicine
Proudly Recognizes These 2022 Graduating Medical Students
Who Have Matched into Family Medicine Residencies**

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Neelab Abdullah
Case Western/Metro Hlth
Cleveland, OH



Grace Anastasio
Brown Univ – Kent Hosp
Warwick, RI



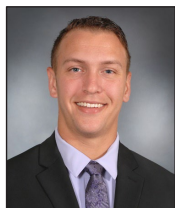
Emily Balon
Univ of Montana
Missoula, MT



Katie Brown
Univ of New Mexico SOM
Albuquerque, NM



Adriana Delgado Cady
Bethesda
Cincinnati, OH



Anthony Flowers
Bethesda
Cincinnati, OH



Juliana Lavey
The Christ Hospital
Cincinnati, OH



Jessica Martinez
St. Elizabeth Medical
Edgewood, KY



Julia McIntyre
Univ of New Mexico SOM
Albuquerque, NM



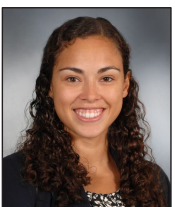
Shane Rayos Del Sol
Riverside University Health
Riverside, CA



Ashley Reinert
Ascension St Vincent Hosp
Indianapolis, IN



Evan Singleton
Ascension St Vincent Hosp
Indianapolis, IN



Kirstyn Thomas
Univ South Florida
Tampa, FL



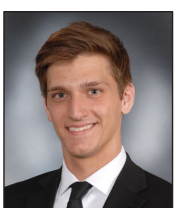
Tommy Troy
Univ Of Utah Health
Salt Lake City, UT



Jake Walker
St Joseph's Reg Med Ctr
South Bend, IN



Bridget Watson
Univ of Michigan
Ann Arbor, MI



Peter Yeager
John Peters Smith Hospital
Ft. Worth, TX



Match Day

Katie Brown celebrated Match Day with her mom and sister. Thanks for coming up to visit us in the FM Department!

DIVISION UPDATE:

RESIDENCY PROGRAM*Megan Rich, MD, MEd, Director*

Rich

For the first time in more than 2 years conferences are starting to return to in-person events. This is a great time to reconnect with innovators, educators and advocates from programs across the nation. It is a time of inspiration and energy, bringing new ideas home. It's a critical step in our annual process of program and curriculum improvement, and it just hasn't been the same in a virtual space. Not only are we learning from others, but in attending national conferences, we are also presenting and sharing the ongoing innovation happening in our program despite and because of the COVID19 pandemic. Here you will find a smattering of the presentations being shared by residency faculty and residents.

**Consortium of Universities
for Global Health,
March 28-April 1, 2022**

"Clean Water for Rural Guatemala: An Assessment of the Practicality and Microbiological Efficacy of Point-of-Use Water Filters in the Bocacosta Region" by Ireson E, Toth R, Schlaudecker E, Collins D, & O'Dea C

As a part of our ongoing collaboration in Guatemala, our program is often involved in community and health research. Drs Collins and O'Dea along with others handed out water filters to improve the quality of drinking water for Guatemalans in the communities we serve. They found that three months after distribution, families were still using their filters and reported improved health of their children. There remains an ongoing opportunity to improve education on how to clean the filters.

**Society of Teachers of Family
Medicine Annual Spring
Conference, May 1-4, 2022**

"Divide and Conquer: Initial Outcomes of a 2+2 approach to Clinic First" by Putnam M, Spata J, Cockcroft J, Prabhu M, Rich M, Meikle C, Seto J, Furnish E.

A team of residents and faculty presented on the new 2+2 curriculum and some early outcomes including improvement of resident stress scores (even during a pandemic!), improved teamwork skills, and high levels of resident satisfaction. They also shared qualitative data from resident comments, including what they would like to see changed.

"Long-term support for Long-haulers: Lessons learned creating a post-COVID clinic" by Mount H and Putnam M.

Drs Mount and Putnam presented on the Christ Hospital Post-COVID

Clinic, sharing the design process, implementation and integration within a resident clinic and the current model of inter-professional patient care and resident education.

"Physician-Led EMR Training: A Novel Training for the EMR to Mirror Clinic Work and Improve Resident Comfort on Clinic Tasks" by Putnam M and Banks Q.

Drs Putnam and Banks shared about the program's intern orientation using the Training Within Industry model of standardized workflows. Initial data show statistically significant improvements in resident comfort with in-basket management, chart review, encounter tasks, and chart maintenance.

"Learning the Community Through an Interactive Exploration of Public Health Data" by Rosado A and Rich M

Drs Rosado and Rich presented on a healthy equity workshop given to interns during orientation, covering state, county and city level health disparities through paired reviews of public health data and discussion prompts. Pre- and post- written assessments showed statistically significant improvement in knowledge after participating in the workshop, although a quarter of interns reported feeling overwhelmed.

**American Geriatrics Society
Annual Scientific Meeting, May
12-14, 2022**

"Getting the Conversation Started: Integrating SDOH into Aging Curriculum" by Onyeali R and Goroncy A.

Drs Goroncy and Onyeali presented on the ways in which the TCH/UC Geriatric Medicine Fellowship has worked to incorporate social determinants of health training into the holistic care of older adults.

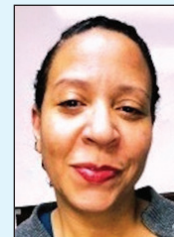
**A warm welcome to The
Christ Hospital/University of
Cincinnati Family Medicine
Program's newest faculty
members:**
Jennifer Bain, MD


Jennifer Bain, MD

Dr. Bain joins us from the University of South Carolina. Her roles with our program include:

- Assistant Medical Director of the Family Medicine Center

- Maternity Care Faculty including performing and supervising deliveries and prenatal, intrapartum and postnatal care
- Newborn care
- Family Medicine Center patient care
- Precepting residents in the FMC

Yemariшет Macharia,
MSN, CNM
**Yemariшет
Macharia, MSN,
CNM**

Yemariшет is joining us after her time spent as a certified nurse midwife at Claremore Indian Hospital, in

Claremore, Oklahoma. Her roles with our program include:

- Certified Nurse Midwife
- Maternity Care Faculty including performing and supervising deliveries and prenatal, intrapartum and postnatal care
- Newborn care
- Family Medicine Center patient care
- Precepting residents in the FMC
- UC Student Health Center

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**RESIDENCY
PROGRAM
COORDINATOR**

Holly Hargraves
Holly.Hargraves@
thechristhospital.
com
513-721-2221



DIVISION UPDATE: Residency

**THE CHRIST HOSPITAL/UNIVERSITY OF CINCINNATI
FAMILY MEDICINE RESIDENCY**

UNIVERSITY OF
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2022 Graduates



Christopher Champlin, MD
Cincinnati VA for psychiatry, primary care site undetermined.



Xavier Douglas, MD
Sports Medicine Fellow at Phoenix Children's Hospital.



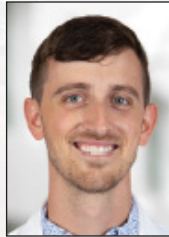
LaToya Smith, MD
Geriatric Medicine Fellow at The Christ Hospital/University of Cincinnati.



Andrea Rosado, MD
Assistant Professor in UC Department of Family & Community Medicine, Residency Division, Inpatient Services.



Jordan Seto, MD
University of Cincinnati Student Health Services, primary care, gender affirming care and women's health.

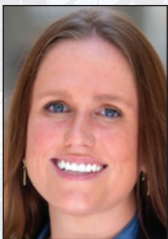


Sean Lawson, MD
Trinity Health Norton Shores Family Medicine Office in Muskegon, MI with opportunities for hospital medicine and resident education.



Florence Hsiao, MD
Global Health Fellow and assistant professor in UC Department of Family & Community Medicine, Global Health and Residency Divisions, Maternity Services.

Welcome New Interns!



Sage Hunt
University of Rochester



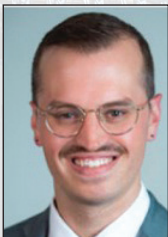
Elsie Ikpot
Ohio University



Juliana Lavey
University of Cincinnati



Noemí Moreno
University of Illinois-Rockford



David Strawhun
Ohio University



Wendy West
Ohio University



Kiyomi Daou
University of Colorado
*Family Medicine Psychiatry



Philomena Nwanze
Boston University
*Family Medicine Psychiatry



Samantha Nandyal
Ohio University

Class of 2022 Award Winners:



LaToya Smith, MD

Marjorie Grad Vockell, MD, Award: presented to a physician who exemplifies the humanistic attributes of Family Medicine and who has exhibited outstanding clinical skills.



Andrea Rosado, MD

The Southwestern Ohio Society of Family Physicians' Kenneth A. Frederick, MD, Award: is given to the physician whose ideals of Family Medicine and attributes include a sincere interest in people and a sense of responsibility for the ongoing care of the individual and family, and enthusiasm for continued learning and interest in community service.



Jordan Seto MD

Award for Excellence in Global and Underserved Health: is given to the resident who has shown consistent dedication towards care of vulnerable populations, either locally or abroad during residency and inspired others to incorporate care of the underserved into their own careers.



Sean Lawson, MD

Society of Teachers of Family Medicine Resident as Teacher Award: is, as it states, given to the graduate who has most served as teacher to his/her patients, their families, students, fellow residents, faculty, other health professionals and the community.



Florence Hsiao, MD

Family Medicine Maternity Care Resident Award is presented to the Family Medicine resident who has demonstrated commitment to the practice of maternity care (OB) with his/her enthusiasm, knowledge, contributions and example to his/her peers.



Armika Tatum, DO

Ruth and Harry J Stagaman, MD, Intern

Award: is a first year resident award for the one who exhibits interest and enthusiasm in Family Medicine and who is compassionate in his/her care to his/her patients.

DIVISION UPDATE:

RESEARCH*Saundra Regan, PhD, Director***Regan****Research Division Welcomes New Team Member**

The Research Division team has been expanded with the addition of new research assistant, Karen Chinchilla, LSW. Ms. Chinchilla will be assisting Shanna Stryker, MD MPH with several regional projects including working with under-resourced Latinx community members. She will also join the Cardi-OH statewide collaborative sponsored by the Ohio Department of Medicaid to develop materials to disseminate best-practice

**Chinchilla**

guidelines on diabetes care for primary care providers.

Karen is a proud graduate of the University of Cincinnati with a social work degree and is an LSW. With several years of professional experience in multicultural, educational, and community settings, her passion is

helping to establish relationships and data-driven results that promote success in life through higher education. Her social work background provides extensive experience in working with people of diverse backgrounds from acclimating Latin American immigrants to social and educational services to providing career and vocational coaching to at-risk, minority youth and adults. Her past roles entailed managing a myriad of social service programs and community outreach projects targeted toward underserved populations to providing direct services. In her previous positions, she provided all program coordination, data analysis reporting, and delivery of instruction for ESL (English as a Second Language), life skills, youth mentoring, SEL (Social Emotional Learning), community service projects as well as field instruction for college interns. She's collaboratively partnered with Cincinnati

Children's Hospital and the Norwood Health Department in providing preventive and interventional programming for at-risk populations based on community surveys and data analysis. She strives to provide service delivery in a diverse, inclusive manner to help alleviate any barriers while effectively collaborating with essential support systems that promote positive outcomes for program participants. Karen is interested in immigrant and cultural issues related to accessing health services, cultural identity, language acquisition and acculturation.

Karen lives with her family in Cincinnati, loves to travel, immerse herself in new cultures and languages and the experience the great outdoors.

Welcome Karen! We are so excited about the future with our newest team member.

Statewide Cardi-OH Diabetes Quality Improvement Project Demonstrates Patient Improvement Regionally

The Quality Improvement Project (QIP) is statewide initiative of the Ohio Cardiovascular Health Collaborative and Ohio Medicaid. The University of Cincinnati, under the leadership of Case Western Reserve University, is midway through this QIP which is focused on improving outcomes for adult Medicaid patients with uncontrolled Diabetes (HbA1c>9%). The UCH-PC Quality Improvement Team is working with experts from the Institute for Healthcare Improvement (IHI). Research Division team member Mary Beth Vonder Meulen serves as project manager for the QIP.

Three of the UCH-PC practices have been running diabetic care improvement cycles (PDSA cycles) in the areas of pharmacy, mental health and the use of Care Managers to support the clinical teams. After the

first six months of trialing these interventions, practice providers found that when a Care Manager was added to the clinical team, improvements in HbA1c levels were noted.

The Government Resource Center (GRC), who provide project management for Ohio Medicaid, and the project leads at CWRU, created a series of lectures, clinical improvement presentations and best practices reviews. These were presented at two Fall Learning Days, consisting of two three-hour sessions. Attendees included personnel from Ohio Medicaid, the Ohio Medicaid Managed Care Plans, the research teams from each participating Ohio Medical School and the clinicians from the QIP practices.

The University of Cincinnati team was honored to present a plenary session, Teams in Action. UCH-PC



Performance Specialist Trish Hunter presented on interdisciplinary teamwork, with a focus on the weekly PDSA Huddles. More information about Primary Care Huddles is available at Cardi-OH.org. Resources include Team Huddles: Keys to Successful Implementation by UC's Dr. Michael Holliday.

Mike Holliday, MD Presents Cardi-OH Resources to DFCM



Mike Holliday, MD

At the February 8, 2022 Department of Family & Community Medicine (UC DFCM) Grand Rounds session, Mike Holliday, MD presented just some of the catalog of work produced by the Cardi-OH statewide collaborative. Cardi-OH is comprised of Ohio's schools of medicine, including, in addition to the University of Cincinnati, the Ohio State University, Wright State University, University of Toledo, NEOMed, Ohio University, and lead institution Case Western Reserve University.

Cardi-OH produces content that distills national guidelines and best practices in cardiovascular and diabetes care and patient education into digestible products archived on a public facing website. The collaborative is funded by the Ohio Medicaid Technical Assistance and Policy Program (MedTAPP) and targets primary care providers and their practice teams who serve Medicaid- eligible patients.

The UC DFCM team includes Research Division team members Sandra 'Soni' Regan, PhD, Jackie Knapke, PhD, Shanna Stryker, MD MPH, Harini Pallerla, MS, Mary Beth Vonder Meulen, RN, and Karen Chinchilla, LSW (and former research assistant Alexandra Burnett). Some of the work with the UC DFCM featured as authors can be found by following the linked titles.

- Ohio Pathways Community HUBs: Understanding the Benefits for Patients with Diabetes: <https://www.cardi-oh.org/best-practices/social-determinants/ohio-pathways-community-hubs-understanding-the-benefits-for-patients-with-diabetes>
- Annotated Bibliography: Impact of Social Determinants of Health on Emerging Diabetes Interventions: <https://www.cardi-oh.org/best-practices/social-determinants/annotated-bibliography-impact-of-social-determinants-of-health-on-emerging-diabetes-interventions>
- Social Determinants of Health (SDOH) Glossary: <https://www.cardi-oh.org/social-determinants-glossary>
- Taking Steps: Exercising to Promote Heart Health: <https://www.cardi-oh.org/best-practices/exercising-to-promote-heart-health>
- Effective Diabetes Prevention for Adults: Prediabetes Screening and Treatment: <https://cardi-oh.org/best-practices/lifestyle-effective-diabetes-prevention-for-adults-prediabetes-screening-and-treatment>
- Avoiding Burnout by Increasing Joy in Work: Opportunities for the Healthcare System: <https://www.cardi-oh.org/best-practices/effective-teams/avoiding-burnout-by-increasing-joy-in-work-opportunities-for-the-healthcare-system>
- Utilizing Huddles to Improve Team-Based Care: <https://cardi-oh.org/assets/best-practices/effective-teams/Cardi-OH-Utilizing-Huddles-to-Improve-Team-Based-Care.pdf>
- Clinical Workflow for Support Staff in an Outpatient Setting: Hypertension Visit: <https://www.cardi-oh.org/effective-teams/clinical-workflow-for-support-staff-in-an-outpatient-setting>
- One Simple Step to Improve Medication Adherence for Blood Pressure Control: <https://www.cardi-oh.org/capsule/one-simple-step-to-improve-medication-adherence-for-blood-pressure-control>
- Using Team-Based Care to Increase the Use of Home Blood Pressure Monitoring (HBPM): <https://www.cardi-oh.org/capsule/using-team-based-care-to-increase-use-of-home-blood-pressure-monitoring>
- Prediabetes and Obesity: Screen and Intervene to Improve Patient Health: <https://www.cardi-oh.org/capsules/12-prediabetes-and-obesity-screen-and-intervene-to-improve-patient-health>
- Connecting Patients with Diabetes to Pathways Community HUBs to Address Social Needs: <https://www.cardi-oh.org/capsules/19-connecting-patients-with-diabetes-to-pathways-community-hubs-to-address-social-needs>
- Collateral Damage: Substance Use and the Pandemic: <https://www.cardi-oh.org/podcasts/12-collateral-damage-substance-use-and-the-pandemic>
- Seeking Safety: Support for a "Speak Up" Culture in Health Care: <https://www.cardi-oh.org/podcasts/6-seeking-safety-support-for-a-speak-up-culture-in-health-care>

UC Quality Improvement Team Recognized

On December 7, 2021, the UC Diabetes Quality Improvement Team (a part of the Cardi-OH Ohio schools of medicine collaborative) was presented the Center for Clinical & Translational Science & Training (CCTST) Practice Based Research Award, in recognition of the improvements in the care of patient with diabetes over the past year. The team includes the Research Division's Mary Beth Vonder Meulen.

In January 2022, the team began to pilot the first Virtual Kitchen Demonstration as part of the UC Health Diabetes Centering Program. Unable to gather for group visits in person because of the COVID pandemic, Dr. Tiffany Diers and her team are combining the Centering Group Visit model with virtual learning. Patients participate in an interactive cooking class as they prepare a healthy diabetic meal. Congratulations on all the team's good work!

DIVISION UPDATE:

UNIVERSITY HEALTH SERVICES

Michael Holliday, MD, Executive Director



Holliday

UNIVERSITY OF CINCINNATI
COLLEGE OF MEDICINE

PROGRAM MANAGER
Amanda Doner
lieneman@ucmail.uc.edu
513-556-6289

Our mission at University Health Services (UHS) is to work as a team to help students fulfill their academic potential by providing the right care, in the right place, at the right time. Education is at the core of our mission at UHS. During the 2021-2022 academic year, our team continued to help University of Cincinnati students academically by supporting in-person learning in a safe environment. Challenges during this time included the COVID-19 delta and omicron variants, and public health guidelines that frequently evolved with changing pandemic conditions. Our mission guided us during this time.



Working as a team:

- Dr. Giselle Weller, MD, and Dr Modupeoluwa (Mo) Durojaiye, DrPH, MA and their teams worked with university officials to create updated public health policies and workflows to support them.
- Our primary care providers, clinical support staff, and triage nurses worked together to respond to students' needs, providing same-day



appointments for acute respiratory illness, which included COVID-19 testing.

- Our pharmacy, clinical support, front office, laboratory, and x-ray staff continued to provide coordinated services.

The right care, in the right place, at the right time:

- Our mental health providers continued to offer psychiatry and counseling services, including telehealth if it was more convenient for the student
- Our nurse triage system allowed patients to get the appropriate attention to their concerns, including routine and same day appointments, home care advice, telehealth visit, or emergency care referral.

The UHS team also continues to be a learning organization. Dr. Lauri Nandyal and several UHS support staff and leaders worked with tuberculosis

expert, Moises Huaman, MD, MSc, as well as infectious disease fellow, Wajih Askar, MD and the UC Health EHR team to improve our tuberculosis screening program.

Jesiah Bertsch and Drs. Sarah Pickle and Libby Peters have also contributed to UHS's mission by not only providing specialty care for our students, but also teaching family medicine residents these skills. Two of these residents, Jordan Seto and Florence Hsiao, will be joining our team next year.

As this academic year is ending, we are focusing our efforts on improving everyday workflows such as pre-visit planning, patient portal best practices, and MA-provider teamwork. Thankfully, the learning never ends!

DIVISION UPDATE:

URBAN, UNDERSERVED AND GLOBAL HEALTH*Charles Schubert, MD, Director***Resident Graduates Modeling Excellence in Global Health Abroad**

Bryan and Mary (Buckler) Cairns were residents in our program from 2006-2014, their five-year family medicine/psychiatry residency experiences overlapping during that time. During residency they had a vision for serving the underserved through integrating family medicine, psychiatry, and spiritual care in Sub-Saharan Africa.

In 2016, their vision became a reality as they launched into serving full-time at Mbingo and Banso Hospitals in Cameroon. Planning to serve there long-term but being evacuated due to violent political unrest, they explored short-term trips in Chad and Kenya, ultimately resulting in their moving to Nairobi, Kenya in 2021.

The shortage of trained medical providers, particularly in mental health, in Kenya is massive; one in four persons suffers from a mental health condition." With this in mind, the Cairns-duo are now partnering with the AIC Litein Hospital Family Medicine Residency & new "Nuru ya Tumaini" Lights of Hope Mental Health Centre to build a mental health hospital and center of excellence in rural Kenya. Meanwhile, much of their time and skill is devoted to training other mental health and general medical providers, where they often



emphasize the W.H.O.'s mhGAP curriculum, a tool our residents are taught about in their first year global health foundation curriculum.

They are modeling many great global health strategies and applying a variety of approaches and tools to expand their impact, including telehealth, collaborative-care med-psych integration models, distance education initiatives, and empowering academic/teaching programs. They also provide mental health support for missionaries and development workers through the Tumaini Counselling Centre in Nairobi.

Bryan and Mary serve through Global Outreach International, a Christian faith-based organization. When they're back in the U.S. they work at the Ohio State University Wexner School of Medicine. They celebrated the birth of their first child, Lizzie, in 2019, and anticipate a new addition in July 2022!

One key success as they've settled into Nairobi this past year was learning



Schubert

"to drive on the left side of the road while managing to hit only a few things." A favorite food is sukuma wiki, which translates "it lasts all week." When they return to the U.S. for a brief visit in late 2022, they look forward to eating lots of cheddar cheese.

In May 2021, Kenya hosted a meeting of the World Health Organization (WHO), along with the United Nations Development Programme (UNDP) and international leaders, to explore the crisis in mental health care needs. The following assessment was offered: "A staggering 1 out of 4 persons who seek healthcare in Kenya have a mental health condition. Depression is common and there are increasing rates of substance and alcohol use disorders."

<https://www.who.int/teams/mental-health-and-substance-use/treatment-care/mental-health-gap-action-programme>

To learn more about the need for Family Medicine & Psychiatric physician short- or long-term volunteers at AIC Litein Hospital in Kenya, visit <https://liteinmentalhealth.org/> and <https://litein-hospital.org/>. To learn more about Bryan and Mary Cairns and how you can partner in their work, visit www.globalcairns.blogspot.com.

*Bryan and Mary (Buckler) Cairns*

UNIVERSITY OF CINCINNATI
COLLEGE OF MEDICINE

PROGRAM COORDINATOR
Sarah Jadeed
Sarah.Jadeed@uc.edu
513-558-1504

AWARDS, PUBLICATIONS, PRESENTATIONS

UNIVERSITY OF
CINCINNATI
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MEDICINE

AWARDS:

Anna Goroncy, MD, MEd - American Geriatrics Society Outstanding Junior Clinician Education Manuscript Award, 2021

The Outstanding Junior Clinical Education Manuscript Award was established to recognize a junior faculty member who has been first author on an important peer reviewed clinical education article published in a scientific journal during the previous year.

Anna Goroncy, MD, MEd, Rynita Bohler, MD. - Society of Teachers of Family Medicine (STFM) Academic Family Medicine Antiracism Learning Collaborative – one of 20 dyads chosen nationally for an 18-month collaborative

Hamrick, I. Outstanding Committee Service Award, American Geriatrics Society, 5/7/2020

Hamrick, I. Gallery of Awardees Silver Pin, 7/26/2021

PUBLICATIONS:

Mariah Lyn Robertson, Nicole Mushero, Lindsay Demers, Anna Goroncy & Ryan Chippendale (2022) Inequities in the care of older adults: identifying education gaps in geriatric medicine fellowship, Gerontology & Geriatrics Education, DOI: 10.1080/02701960.2022.2047037 <https://www.tandfonline.com/eprint/TDNZIFFB-KYDURKWWJQWF/>

Schlaudecker J, Goodnow K. Patient and Family Advisory Council (PFAC) Online Toolkit (Online Curricula). June 2021. Retrieved from The STFM Resource Library: <https://resource.library.stfm.org/viewdocument/patient-and-family-advisory-council?CommunityKey=2751b51d-483f-45e2-81de-4faced0a290a&tab=library-documents>

Schlaudecker J, Bernheisel C, Mount H. Ch. 10: Hospital Care. In Ham's Primary Care Geriatrics, 7th edition. editors: Warshaw G, Potter J, Flaherty E, McNabney M, Heflin M, Ham R. Elsevier: Philadelphia, March 17, 2021.

Schlaudecker J, Goodnow K. The Virtual Patient and Family Advisory Council in the COVID-19 Era. J Am Board Fam Med. 2021 Feb;34(Suppl):S37-S39. doi: 10.3122/jabfm.2021.S1.200449. PMID: 33622816

Hamrick IM. Practice Update: Using smartphone technology to improve prospective memory functioning. 3/15/2022

Hamrick IM. Commentary in Primary Care Practice Update: Association of Rivaroxaban vs Apixaban With Major Ischemic or Hemorrhagic Events in Patients With Atrial Fibrillation 12/30/2021

Hamrick IM. Commentary in Primary Care Practice Update: 2021 Top Story in Primary Care: COVID-19 Immunity and Vaccine. 12/13/2021

Hamrick IM. Commentary in Primary Care Practice Update: DOACs vs Warfarin in Older Adults With AF, 7/28/2021

Hamrick IM. Commentary in Primary Care Practice Update: Loneliness and Health Expectancy Among Older Adults, 7/22/21

Hamrick IM. Commentary in Primary Care Practice Update: AGS 2021 Annual Scientific Meeting, 7/9/2021
Preventing Falls, Fractures, and Other Bad Outcomes Across the Healthcare Continuum, Geriatrics Literature Update, Pharmacotherapy Update & Non-pharmacologic Pain Management
Plenary Session—COVID-19: Lessons From a Pandemic, Blood Pressure Control, Frailty, and Dementia in Older Adults, Disruptive Behaviors in Dementia and Delirium in Dementia & That was the year that will be

Hamrick IM. Commentary in Primary Care Practice Update: PALTC 21 Year in Review Healthcare Leadership in the COVID-19 Era Year in Review: Cardiovascular Year in Review: Neuropsych Medication Reconciliation: Paperwork Saves Lives

Hamrick IM, Hale MJ. Commentary in Primary Care Practice Update: Impact of Malnutrition on Hospitalization Outcomes for Older Adults Admitted for Sepsis 3/4/2021

Schrimpf Davis S, Regan S, Goodnow K, Gausvik C, Pallerla H, Schlaudecker JD. Tell Me Your Story: Experiential learning using in-home interviews of healthy older adults. J Am Geriatr Soc. 2021 Oct 20. doi: 10.1111/jgs.17483. Epub ahead of print. PMID: 34669185.

Schlaudecker J, Hargraves D, Stryker S, Cafferty P, Gottschlich M, Rich M. Transition of a Primary Care Fellowship to A Virtual Format: Lessons Learned. Interdiscip J Virtual Learn Med Sci. 2021;12(4):2-7. doi: 10.30476/IJVLMS.2021.91700.1105.

Stryker SD, Kishton R, Nichols B, et al. 'Depression is not a familiar word': A mixed-methods approach to describe the experience of primary care nurses treating depression in rural Guatemala. International Journal of Social Psychiatry. 2021; In press. doi:10.1177/00207640211047882

Stryker SD, Yockey RA, Rabin J, Vaughn LM, Jacquez F. How do we measure stress in Latinos in the United States? A systematic review. Health Equity. 2021;5(1): 338-344, DOI: 10.1089/heq.2020.0112.

Stryker SD, Pallerla H, Yockey RA, Bedard-Thomas J, Pickle S. Training Mental Health Professionals in Gender-Affirming Care: A Survey of Experienced Clinicians. Transgender Health. 2021; In press. <http://doi.org/10.1089/trgh.2020.0123>

Yockey A, Stryker S. The Epidemiology of Cocaine Use Among Hispanic Individuals: Findings From the 2015-2018 National Survey of Drug Use and Health. Hispanic Health Care International. 2021;19(2):105-111. doi:10.1177/1540415320971634

Knapke JM, Schuckman SM, Lee RC. Collaboration in Appointment, Reappointment, Promotion, and Tenure Criteria: Does It Matter? Higher Education Policy, accepted March 2021. DOI :10.1057/s41307-021-00238-w

Kaeppeler C, Holmberg P, Tam RP, Stryker S et al. The impact of global health opportunities on residency selection. BMC Med Educ 21, 384 (2021). <https://doi.org/10.1186/s12909-021-02795-5>

Yockey A, Stryker S. The Epidemiology of Cocaine Use Among Hispanic Individuals: Findings From the 2015-2018 National Survey of Drug Use and Health. Hispanic Health Care International. 2021;19(2):105-111. doi:10.1177/1540415320971634

Stryker S, Pallerla H, Yockey RA, Bedard-Thomas J, Pickle S. Transgender Health. In press. doi.org/10.1089/trgh.2020.0123

Stryker S, Yockey RA, Rabin J, Vaughn LM, Jacquez F. Health Equity. Aug 2021.338-344. <http://doi.org/10.1089/heq.2020.0112>

PRESENTATIONS

Brogden, Maples, Shomo, Pallerla, Goroncy: Society of Teachers of Family Medicine 2022, Responding to Racism in the Clinical Learning Environment: A Faculty Development Workshop Utilizing Reenactments, Peer-reviewed poster presentation.

Bohler, R., Douglas, X., Goroncy, A.: Society of Teachers of Family Medicine 2022, Not Throwing Away Our Shot—Developing and Promoting COVID-19 Vaccine Equity Through a Community-Residency Partnership. Scholarly roundtable.

AWARDS, PUBLICATIONS, PRESENTATIONS

Hamrick, von Preyss-Friedman and Javaheri, American Medical Directors Association- The Society of Post-Acute and Long-Term Care Medicine 2022, Baltimore, MD 3/11/2022. "A Critical Look at Quality Measures: Limitations and Opportunities"

Hamrick, Internal Medicine Learning Collaborative (Southern Regional AHEC, Ministry of Health Guyana, University of West Indies), "Normal Aging Changes & Geriatric Syndromes" Zoom 3/24/2022

American Geriatrics Society Annual Meeting 2022

Goroncy, A., moderator. Travers, J. Brown, M., Chalmer, R., Lau-Ng, R., Pierre, C. Recognizing and responding to racial microaggressions in our clinical learning environments: a skill-building workshop. Peer-reviewed and sponsored workshop.

Chippendale, R., Onyeali, R., Goroncy, A., Brown, M., Seghal, M., Miller, R., Robertson, M., Ojukwu, E., Wang, K., Kim, Y. and Colburn, J. Inspiring changemakers: strategies for integrating the social determinants of health into geriatric medicine curricula. Peer-reviewed and sponsored symposia.

Davis S, Hargraves D, Pallerla H. Tell Me Your Story COVID19 Version: Comparing medical student remote vs. in-person interviews with healthy older adults. Peer-reviewed poster presentation.

Jude, A., Vance, M., Pallerla, H., Davis, S., Arnold, A. Goroncy, A.: Tracking the Tracker: Utilization of a Long-Term Care Visit Tracking Tool. Peer-reviewed poster presentation.

Hamrick: Lead IT Special Interest Group

Miller, R., Goroncy, A. Robertson, M., Ward, H., Jackson, C., Christmas, C., Society of General Internal Medicine 2022 Annual Meeting, Equity in the care of Older Adults: Incorporating the social determinants into our teaching. Peer-reviewed workshop.

Goroncy, A. Society of General Internal Medicine 2022 Annual Meeting, Diversity, Inclusion, Equity and Justice in the Clinical Learning Environment:

Goroncy, A. An Introduction to Core Concepts. UCCOM Department of Neurology, Division of Physical Medicine Rehabilitation Grand Rounds. Cincinnati, OH. April 1, 2022.

Halimat O, Kaiser T, Knapke JM, McCabe E, Tobias B, Regan SL, and Mount HR. "Cracking the Code: How to Recognize a Future Family Medicine Physician." Paper presentation at the FMEC Annual Meeting; October 8-10, 2021; Pittsburgh, PA.

Stryker S, Rabin J, Peralta J. Community Building for Health and Mental Wellness: Latinos Unidos por la Salud. Oral presentation at the University of Cincinnati Mental Health Action Summit; October 2021.

Odea C, Stryker S, De la Garza Iza F, Rabin J, Mejia M, Cordon Juarez A, Espinola M, Rodas D, Grazioso M. Building Capacity in Mental Health for Primary Care Professionals in Rural Guatemala: An Interdisciplinary Multicultural Approach Using Project ECHO®. Oral Presentation at the AAFP Global Health Summit; October 2021.

Ismail M, Doshi S, Elzarka A, Stryker S. Evaluating a Health Literacy Curriculum For Adolescent Refugees in Cincinnati Public Schools. Poster session at the North American Refugee Healthcare Conference. Virtual; September 2021.

Gottschlich M, Rich M, Hargraves D. Promoting Provider Wellness: Impact of a Primary Care Fellowship on Measures of Burnout. A poster presented at the Society of Teachers of Family Medicine Conference on Practice and Quality Improvement; September 13-15, 2021; Virtual Conference.

Goroncy A, Gurbis J, Goodnow K. Practicing Strategies to Address Implicit Racial Bias in the Home Visit Setting: A Qualitative Study of Family Medicine Residents. A poster presentation at the Society of Teachers of Family Medicine Annual Spring Conference; May 3-7, 2021; Virtual.

Gurbis J, Goodnow K, Regan S, Goroncy A. Addressing Implicit Racial Bias in the Clinical Setting: A Qualitative Study of Family Medicine Residents. A poster presentation at the National Collaborative for Education to Address the Social Determinants of Health, 2021 Annual Conference, February 22-24, 2021; Virtual.

Mendell A, Schuckman S, Hildreth L, Kues JR, Knapke JM. "Professional Development for Team Science Faculty." International Network for the Science of Team Science (INSciTS) Annual Conference, Blacksburg VA (virtual), June 2021.

Knapke JM, Tobias B, McCabe E, Mount HR, Regan SL. "Use of Machine Learning to Guide Qualitative Data Analysis of Medical School Admissions Data." International Congress of Qualitative Inquiry (ICQI), Urbana-Champaign IL (virtual), May 2021.

Mount H, Knapke JM, McCabe E, Keiser T, Olaniyan H, Regan S, and Tobias B. "Pipeline tracking: Use of Artificial Intelligence To Identify Potential FM Students." Society of Teachers of Family Medicine (STFM), New Orleans LA (virtual), May 2021.

Knapke JM, Straughn V, Schuckman SM, Veevers J, Blackard JT, Ryan PH. "Pipeline Programming to Increase Clinical & Translational Research Workforce Diversity." Translational Science Annual Meeting, Washington, D.C. (virtual), March 2021.

Rich M, Hargraves D, Gottschlich M, De Jesus S. Knowledge, Skills, and Attitude: Career and Leadership Development Through a Community Primary Care Champions Fellowship. Peer-reviewed Oral Presentation. Society of Teachers in Family Medicine Annual Conference; 2022 May 1-4; Indianapolis, IN.

Rich M, Hargraves D, Gottschlich M. From Drab to Fab: A Multimedia Makeover for the Virtual Age. Peer-reviewed Oral Presentation. Society of Teachers in Family Medicine Annual Conference; 2022 May 1-4; Indianapolis, IN.

De Jesus S, Hargraves D, Stryker S. Initial Outcomes for an Interdisciplinary Community Primary Care Champion Fellowship: Substance Use Disorder Training. Poster Presentation. Society of Teachers in Family Medicine Annual Conference; 2022 May 1-4; Indianapolis, IN.

Doshi S, Klafter S, Pallerla H, McDonald S, Malosh L, Cotton S. The Relationships Among Race, Gender, and Resiliency in Medical Students: A Longitudinal Analysis oral presentation the 2022 International Congress on Integrative Medicine and Health; Phoenix, Arizona, May 23-26, 2022.

Funke C, McDonald S, McGraw M, Pallerla H, Cotton S. Impact of an 8-Week Mindfulness and Resilience Virtual Training on Stress and Burnout for University Faculty and Staff. Poster presentation at the 2022 International Congress on Integrative Medicine and Health; Phoenix, Arizona, May 23-26, 2022.

Davis S, Hargraves D, Pallerla H. Tell Me Your Story COVID19 Version: Comparing medical student remote vs. in-person interviews with healthy older adults. A poster presentation at the 2022 American Geriatrics Society Annual Scientific Meeting; May 12-14, 2022; Orlando, Florida.

McDonald S, Kiriakopoulos E, Shegog R. Closing epilepsy care gaps with provider capacity building models: Project ECHO in Ohio and Community-

University of Cincinnati College of Medicine
Department of Family and Community Medicine
Medical Sciences Building 4012
231 Albert Sabin Way
PO Box 670582
Cincinnati, Ohio 45267-0582

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IN MEMORY OF
Timothy Freeman, MD
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