

Family and Community Medicine



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CHAIR'S MESSAGE

Colleagues and friends,

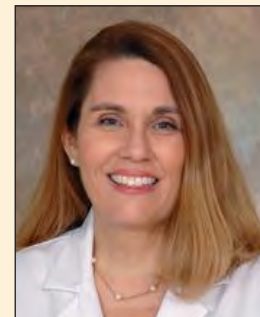
Welcome to the fall edition of our Department of Family and Community Medicine newsletter!

As usual, there is so much happening in the Department. For this newsletter, we wanted to shine a spotlight on the Diversity, Equity and Inclusion efforts within the department and the College of Medicine. This is an area of growth for us. We are proud of the work we are doing and know that much work is yet to be done. It's a journey.

We are also in the midst of some leadership transitions in our Department. Dr. Andy Filak, our Dean of the UC College of Medicine, has announced a nationwide search for a permanent chair of the Department of Family and Community Medicine. A search committee and search firm have been identified, with the goal of appointing the permanent chair by summer or fall 2024. Keep an eye out for more information in future newsletters.

I am thankful to Dr. Chris Bernheisel for serving as Interim Chair for the past three years. During the time he was interim chair (2020-2023), he grew the department's impact locally, regionally, and globally. He will be continuing his work in our department as Associate Chair. Moving forward, it is an honor for me to serve as Interim Chair as the search for a permanent chair is underway.

Thank you to those who have shared updates on where you have been since graduation from our Family Medicine residency program! We love to hear from you. Please feel free to continue to send me your updates (with photos!) anytime at Christine.odea@uc.edu.



Christine O'Dea, MD
Interim Chair

AIME Taskforce Update

By: Tracy Pritchard, PhD; Lisa Kelly, MD; Steven Kniffley, Jr., PsyD

The Advancing Inclusion in Medical Education (AIME) Taskforce was created in 2020 by the Education Program Committee to provide a report of recommendations to address inequities in the UC medical education curriculum. Eighty-one faculty, staff, students, residents, and administrators have contributed to the work of the AIME Taskforce since its creation. AIME issued a report of recommendations in July 2021. During AY 2021-2022, the AIME Taskforce expanded upon the initial recommendations to develop a series of implementation proposals focused on four key areas: 1) diversity, equity, and inclusion (DEI) throughout the curriculum; 2) mentoring; 3) equity in assessment; and 4) accountability. Below are areas of impact the AIME Taskforce has made since its creation:

- Created a position for a Social Context of Medicine thread director in partnership with the Associate Dean for Medical Education. This position was posted this summer.
- Purchased CPR manikins representing diversity in skin tone for use in the Healthcare Emergency Management I course, the first course students take in the MD curriculum.
- Developed recommendations that promote equity and minimize bias in assessment.
- Generated a proposal for strengthening mentoring opportunities for students.
- Assessed the climate of the College of Medicine through the AIME Climate Survey.
- Established a mock-up score card to display progress in inclusion in medical education which could serve as a model for similar efforts at the college for strategic monitoring and continuous improvement tracking.
- The work of the AIME Taskforce has been presented at the AAMC Group on Diversity and Inclusion conference, the UC Inclusive Leader Summit, and COM Council. We look forward to collaborating with the UCCOM Sr. Associate Dean for DEI, Dr. Steven Kniffley, to continue advancing the work of AIME. The Office of DEI is working on some key initiatives that include purchasing additional test support materials, enhancing the experience of the student organizations, developing bridge programs, and collaborating on a 3-year DEI strategic plan.



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DIVISION UPDATE: **Geriatric Medicine**

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OFFICE OF GERIATRIC MEDICINE

Irene Hamrick, MD, Director



Irene Hamrick, MD

Farewell Dr. Austin

On June 11th, the division celebrated Dr. Orson Austin and all his contributions to geriatric medicine in his 35 years with UC. Family and friends were able to join us for the day as we enjoyed reminiscing on his accomplishments. He was presented with a plaque and his very own proclamation from the Mayor of Cincinnati. June 16th was declared Orson Austin Day as a day to celebrate his leadership and mentorship for the University of Cincinnati. Congratulations Dr. Austin! We are excited about your new chapter and wish you all the best.



From L to R: Irene Moore, Nam-Ha Brown, Amanda Arnold, Elise Binder, Orson Austin, Susan Davis, Nicole Soria, Irene Hamrick, Sara Goldsberry, Natalie Seaburn, LaToya Smith. Not pictured: Felicia Beckham, Anna Goroncy, Sumita Govil, Jessica Hwang, Jeffrey Schlaudecker.

FACULTY SPOTLIGHT:**Orson Austin, MD**

*Reflections of my experience at the
University Cincinnati, Department of
Family Medicine*

I was introduced to the City of Cincinnati, while visiting my sister, a then-Proctor & Gamble engineer, in the mid-1980's. While I cannot clearly articulate Cincinnati's attraction, I can recall that I found something intriguing about the city that has now been my home for almost 35 years.

After visiting our department as a 4th year medical student to do a rotation in Family Medicine, I was petrified that I would not gain entrance to a program with – what I considered – such gravitas. Nonetheless, I took a leap of faith and applied. I was warned by many that I should not do Family Medicine training at a university program. While I now better understand why I received that advice, it's a decision that I do not now regret.

Challenging Aspects of My Job

Once I was officially hired on by the Department of Family Medicine, it was always my intention to work with medical students and resident physicians. That said, I have always been – and continue to be – attracted to outpatient clinical care. Stated simply, I wanted to be a clinician-

educator. That said, for many years, my teaching and clinical responsibilities necessitated constant travel and inadequate time to work on what I truly wanted to be my “scholarly activities.” Family and Geriatric Medicine, navigating the oscillating but intertwined world of traditional Family Medical and Geriatric Medicine, have been both challenging and rewarding.

Rewarding Aspects of My Work

I thoroughly enjoy the continuity of care and emotional connection to patients inherent in my myriad outpatient clinical endeavors. I consider many of my patients to be good friends, and they have

rewarded my service with exaggerated accolades that are sometimes clearly overstated and not always deserved. Stated simply, I love my patients. I have also had the opportunity to work with wonderful attending physicians, dedicated to Diversity, Equity and Inclusion, concomitant with excellence in patient care. In addition, it's been a blessing to have had the opportunity to help train resident physicians and medical students.

Something Surprising About Myself

Music and Sports are my escape buttons and stress releasers. I get very upset when my Sunday New York Times is not delivered – again!!



Dr. Orson Austin with his family, at a retirement celebration.

DIVISION UPDATE:

RESIDENCY PROGRAM*Megan Rich, MD, MEd, Director*

In the cycle of residency education, the spring and summer seasons are filled with anticipation of new beginnings: interns arrive for orientations, residents take on new senior roles, and graduates prepare to launch their new careers. Our orientation is a packed two weeks with a quarter of it dedicated to EMR training led by Drs. Glass & Putnam. It also includes an introduction to the community, a learning event started by Dr. Kiesler years ago. Dr. Goroncy teaches the foundational principles of anti-racism with a series of events culminating in upstander training. There is so much more, and many more people involved, ensuring our interns are off to a great start...and they are!

**Megan Rich, MD**

UNIVERSITY OF CINCINNATI
COLLEGE OF MEDICINE

RESIDENCY PROGRAM COORDINATOR

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Introducing The Christ Hospital/University of Cincinnati Interns!**Berenitze Balladares****Somu Chatterjee****Mavis Coffman****Tatiana Kozin****Charles Lane****Catherine Lee****Sarah Leep****Shilpa Murthy****Elizabeth Wareham****Farewell To The Graduating Residents**

This time of year is also bittersweet as we bid farewell to the graduating residents. They are off to do big things and we wish them well!

Quincy Banks, MD	ChenMed in Atlanta
Rynita Bohler, MD	TCH Palliative Care Fellowship
Alyssa Brogden, DO	TriHealth Primary Care (Finneytown)
Emily Furnish, MD	TCH Palliative Care Fellowship
Laura Ledvora, MD	Mercy Primary Care and Psychiatry (Finneytown)
Madhulika Mamidi, MD	UC Global Health Fellowship
Jhenya Nahreini, MD	Tufts Cambridge Health Alliance Addiction Medicine Fellowship
Evan Onusko, MD	Volunteer physician in Guatemala for 1 year



**Congratulations to These 2023 Graduating Medical Students
Who Have Matched into Family Medicine Residencies:**

**Benjamin Hood**
St. Elizabeth
Edgewood, KY**Tessa Keiser**
Memorial Hospital
South Bend, IN**Grace Kelly**
University of Florida
Gainesville, FL**Emily Kim**
UC West Chester
West Chester, OH**Tatiana Kozin**
The Christ Hospital
Cincinnati, OH**Eric Lynch**
Dartmouth Family Med
Concord, NH**Robert Powell**
Sutter Med Ctr
Santa Rosa, CA**Malia Schram**
Swedish Medical Ctr
Seattle, WA**Yonatan Segev**
Carle Foundation Hosp
Urbana, IL**Alyssa Villacres**
Univ of New Mexico
Albuquerque, NM**Spencer Warden**
Kettering Health
Kettering, OH**Aaron White**
UC West Chester
West Chester, OH**Kyler Wilson**
Inova Fairfax Hospital
Falls Church, VA**Eugenia Yoo**
UC West Chester
West Chester, OH

DIVISION UPDATE:

INTEGRATIVE MEDICINE*Sian Cotton, PhD, Director***Sian Cotton, PhD****Health Equity: A Key Piece of Everything We Do**

This past year, we defined our strategic framework in support of our vision of transforming healthcare into a well-care system by defining our pillars of transformation: advanced education, clinical practice, innovative research, and community engagement, with a focus on health equity throughout each pillar.

*Annual spring retreat at the Cincinnati Nature Center*

The health equity thread aims to deliver integrative care for people who need it the most and to partner with communities to improve health together. This work, led by Tiffiny Diers, MD, associate professor and co-director of the Centering Group Visit Program, includes evaluating our work to determine current and future health equity initiatives and focusing on team development to better understand health equity as it relates to integrative health.

Osher Center Diversity, Equity, and Inclusion Initiatives**Expanding Community Connections:
Civic Garden Center Community Garden
Collaboration**

The Centering Program established a collaboration with the Civic Garden Center with two planted boxes that can be harvested by neighbors in the community and Centering staff and patients to incorporate into recipes at La Soupe.

*Centering staff and patients begin planting a community garden***Creating a Diverse Pipeline of
Students to Lead in the Field
of Integrative Health through
Student Interest Groups**

2022-2023 Student Interest Group &
Undergraduate Integrative Health Club Leaders
(pictured from left to right: Layole Adedeji, Divine
Grayson, Connor Funke, and Sneha Rajan)

DIVISION UPDATE: **Integrative Medicine****Osher Center Diversity, Equity, and Inclusion Initiatives** *(continued)***Centering Group Medical Visits Partner with La Soupe to Provide Community Food Education Program**

Diva Jonatan, nurse practitioner, established a partnership with La Soupe to provide monthly teaching kitchen events for patients in the Centering Chronic Conditions groups to get hands-on skill development to support lifestyle changes.



Teaching Kitchen event at La Soupe



Chair Zumba led by an Advance Pain group member who is also an instructor.

Managing Chronic Conditions in Underserved Communities: Centering Group Medical Visits

The Centering Program, led by Dr. Diers and Jinda Bowerman, DNP, family nurse practitioner and co-director of the Centering Program, is one example of work the team is doing to improve health outcomes in high-risk patients. Centering Groups Visits serve a high number of patients with Medicaid/Medicare insurance who often face barriers based on social determinants of health and include patients with chronic pain, diabetes, obesity, and CenteringPregnancy.

DIVISION UPDATE:

UNIVERSITY HEALTH SERVICES

Michael Holliday, MD, Executive Director

University Health Services (UHS) cares for a diverse group of students that represent different races, genders, ethnicities, countries, and the LGBTQ+ community. Our diversity, equity, and inclusion (DEI) efforts include patient care activities, our hiring practices and educational activities for our providers and support staff.

Patient care DEI activities have included providing video-based translation services when needed and providing gender-affirming care services.

With respect to hiring, our hiring committees use a rubric for the search and interviewing process that is consistent with UHS objectives and compliant with UC Health hiring procedures and Equal Employment Opportunity Commission (EEOC) best practices. We also do an initial interview by phone to respect the time of applicants and to reduce bias.

Educational activities have included sessions on cultural humility provided by UC's International Services Department. We also look forward to learning more from our newest addition to our counseling staff, Dr. Nzingha Dalila, who has experience serving clients using mindfulness to address race-based trauma.



Michael Holliday, MD

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COLLEGE OF MEDICINE ALUMNI UPDATES:

ALUMNI...*Where are you now?*

Sean Boyle
class of 2013

Sean Boyle continues to teach on the inpatient service at the TCH/UC FM residency. He also sees patients in the Family Medicine Center for Osteopathic Manual Medicine. When not at work he is outside as much as possible and spending time with his family, mostly at swim meets. Lots of swim meets.



Sean Boyle and family.

Erin Moushey
class of 2013

I am working 3 days a week at UC Health Tri-County, our former Forest Park Residency practice. It has allowed a fantastic work life balance and time to raise my 3 boys and travel. It has been an honor to be at the same place for 13 years and still have patients from the very beginning.

Jamie Evans
class of 2013

Following graduation from the TCH/UC FMP program in 2013, Jamie initially worked for the Rural Health Group of North Carolina (RHG), a FHQC in rural Northeastern NC, as a primary care physician, doing some behavioral health consultations for her primary care colleagues. Following her departure from RHG in March 2018, she transitioned into a full time role with Insight Telepsychiatry working on their OnDemand team, caring for patients in Emergency Rooms and performing Consult-Liaison services for inpatient medical and surgical units. In July 2020, she was appointed as a Medical Director for OnDemand Care and Clinician Engagement as the company grew to become Array Behavioral Care, a role which she currently holds. She also is a co-chair of Array's Diversity, Equity, and Inclusion committee, as well as a member of the Credentialing Committee. She also serves as a member of the DEI Committee for the Association of Medicine and Psychiatry. She additionally has worked part-time for NextCare urgent care in various clinics throughout North Carolina since 2018.



Marcie Lavigne, MD
class of 2003

I've worked at Coal Creek Family Medicine in Louisville, CO for the past 20 yrs. I am co-owner of this 8 provider independently owned practice. My partner Michelle Drury (residency class 2002) and I have 3 kids ages 18,16,11. I enjoy hiking, running, traveling.

Lisa Doggett
class of 2002



I'm excited to share that after over a decade of writing and searching for an agent and traditional publisher, I have a memoir coming out on August 15. *Up the Down Escalator: Medicine, Motherhood, and Multiple Sclerosis* chronicles my transformation from family doctor to patient with MS while running a clinic for people without insurance in Austin, TX. It can be ordered at all the usual spots: <https://www.simonandschuster.com/books/Up-the-Down-Escalator/Lisa-Doggett/9780757324864> I'm also transitioning to a new position at the University of Texas at Austin Dell Medical School, where I'll join a multidisciplinary team at the MS clinic, focusing on chronic disease prevention and lifestyle medicine for people living with MS.



Marcie Lavigne and family.

FACULTY SPOTLIGHT:

Anna Goroncy, MD



In the last eight years, I have been on a personal and professional journey to better understand and address the impacts of racism in my community first, then in my patient care and as an educator. I have sought out additional training and learning experiences, as well as reading on my own, then

began developing educational interventions first in our family medicine residency, then with our faculty as well. In the last few years, I have become a local expert in DEI and antiracism and have led training sessions for residents and faculty in not only our family medicine and geriatrics, but now other programs in our institutions, including internal medicine and physical medicine and rehabilitation. Dr. Rynita Bohler, then one of our family medicine residents, and I were chosen as one of 20 dyads across the country to be part of a 20-month program and study, the Society of Teachers of Family Medicine Antiracism Learning Collaborative. I am also mentoring another family medicine resident, Dr. Shyla Dyer, as the first co-GME DEI officers for the Christ Hospital. To take our learning, reflection and growth outside the hospital and clinic walls, I've had the great privilege of leading our academic-community partnership with the Walnut Hills neighborhood.

DIVISION UPDATE: Geriatric Medicine (continued)

Geriatrics Expansion

The geriatrics division has expanded services to Bridgeway Point Assisted Living and Mt. Notre Dame Nursing Home. These are in addition to our sites at Maple Knoll Village, Marjorie P. Lee, and Deupree Episcopal Retirement Home.

Geriatric Fellowship Update

The Christ Hospital has made the difficult decision to discontinue the geriatric fellowship program effective this fiscal year. Our current fellows will be completing their rotations within the next few months. While we are saddened by this news, it has given us time to reflect on all the wonderful things our program has done over the last 36 years. The program has trained amazing geriatricians, and we couldn't be more proud of the work we do in the community.

PUBLICATIONS

Temte, J.L... Hamrick, I. M. (2023). Rapid Detection of Influenza Outbreaks in Long-Term Care Facilities Reduces Emergency Room Visits and Hospitalization: A Randomized Trial. *JAMDA*. DOI: 10.1370/afm.21.s1.3607

Schlaudecker, J., et al. (2023) Illnesses and Injuries at a Remote American Residential Summer Camp Over 3 Seasons. *Wilderness & Environmental Medicine*. In Press April 29, 2023. <https://doi.org/10.1016/j.wem.2023.03.003>.

Beiting, K.J... Goroncy, A., (2023) Geriatrics Fellows Learning Online and Together (Geri-a-FLOAT): A sustainable model of learning and support. *JAGS*. <https://doi.org/10.1111/jgs.18458>

Hamrick, I.M., Alibegovic, S., Davis, S. Commentary in *Primary Care Practice Update*: Edema and Obstructive Sleep Apnea.

COLLEGE OF MEDICINE ALUMNI UPDATES:

ALUMNI (continued)

Renee Schlabach *class of 2003*

My husband, Scott and I live in Duluth Minnesota. We moved here in 2018. I am working 0.9 FTE at an outpatient family medicine clinic. It seems the older I get, the older my patients get and I feel like I have a fairly heavy geriatric load. We enjoy all the outdoor activities available to us here with hiking, biking, canoeing, kayaking and snowshoeing. I try to grow some vegetables out of the very short summer, but growing things here can be challenging with such a short season. I have become a beekeeper and currently have two hives. Hopefully we will get lots of honey this year. We broke the all-time record for most snowfall since they've kept track and had 140 inches this past winter. We are finally doing a bit more international travel again and this year went to Morocco and plan to go to Indonesia



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RETURN SERVICE REQUESTED

Dr. Shomo Update: Family Medicine Scholars Reflections



Growing up in Cleveland, I did not see many doctors who looked like me. As a youth, I was always told that I was smart enough to become a doctor but I never truly believed it. Not until I was in medical school at OSUCOM. I finally saw a reflection of myself in classmates and physicians who represented the racial, ethnic, religious, socioeconomic, and gender diversity that was familiar. As a result, I made it my mission to reach back

to undergraduate students at OSU and share this level of access that I never knew existed while I was a student there. I made such an impact on one of my mentees, that she found a way to continue my legacy at OSUCOM. She created the "Making it to Med School" annual event inspired by one of my events. An opportunity became available in our department for me to continue my legacy of mentoring: Director of the Family

Medicine Scholars Program. I applied for the position and the rest is history. It has been a joy to share my gift and passion for mentoring. I have strived to create a diverse and inclusive community for medical students interested in Family Medicine. I was awarded the Excellence in Mentoring Award in 2022 for my work with our students. April 2023, we graduated our first group of students to complete 4 years of mentorship with our department. Over the past 5 years we have grown from 6 students to over 30 students in our program. They represent many different types of diversity: underrepresented in medicine, LGBTQ+, first gen, rural, etc. Our students have been touched by so many members of our department and I am truly honored to have the support from all of you as we continue to work in our mission. Thank you all for the insight that it was necessary to resurrect the Family Medicine Scholars Program. It has truly been a dream to serve our department in this capacity.