

Complete Listing of COM Faculty Development Programs 2026-27

August 2026

August 18, 2026 Reappointment, Promotions & Tenure in the COM

Facilitator: Alex Lentsch, PHD

Via: Microsoft Teams

Time: 12-1pm

Learning Objectives:

- 1) Understand RPT guidelines and processes
- 2) Know where to find the requirements for different levels of career advancement
- 3) How to plan for career advancement
- 4) Understand and avoid common mistakes made during the RPT process

September 2026

September 1, 2026 Effectively Managing Teams

Facilitator: Jack Kues, PHD

Via: Microsoft Teams

Time: 12-1pm

Learning Objectives:

- 1) Distinguish between leadership and management activities in a team
- 2) Identify different styles of leadership and how they apply to different types of teams
- 3) Utilize strategies to promote optimal functioning within teams
- 4) Recognize team dysfunction and its causes

September 21, 2026 Putting Artificial Intelligence on Trial: Should Medical Schools Prohibit Generative AI During the Preclinical Curriculum?

Facilitators: Laurah Turner, Danielle Weber, Christine Zhou, Matt Kelleher, Robbie Daulton, Heather Christensen, and Ben Kinnear

Room: Kresge Auditorium

Time: 12-1pm

Learning Objectives:

- 1) Evaluate the educational impact of generative AI use for students during medical school
- 2) Analyze evidence supporting and opposing restrictions on AI use in medical education
- 3) Articulate an evidence-informed position on the role generative AI should play in your own learning

October 2026

October 6, 2026 Understanding your UC & UCP Benefits

Facilitator: Sheila McCormick, Mary Uhl, & Melissa Slater

Via: Microsoft Teams

Time: 12-1pm

Learning Objectives:

1. The Healthcare Benefits You Didn't Know You Had: Uncommon Perks Revealed
2. Exploring the World with Confidence: Travel Assistance Benefits Explained
3. Mental Health Matters: How EAP and Resources Support Employee Wellness
4. Maximizing Paid Parental Leave: What Employees and Supervisors Need to Know

Complete Listing of COM Faculty Development Programs 2026-27

5. Tuition Remission: Unlocking Opportunities for Employee and Family Education
6. Understanding your Retirement Savings Opportunities

October 20, 2026

Flourishing in Medicine: *From Surviving to Thriving*

Facilitator: Aviad Haramati, PhD; Director, Center for Innovation and Leadership in Education (CENTILE)
Georgetown University School of Medicine

Via: Microsoft Teams

Time: 12-1pm

Description: *This presentation addresses the reality of the difficult toll that medical and health professions training, and healthcare itself, takes on faculty and staff, as well as learners, leading to high stress conditions, loss of empathy for self and others, and a rise in burnout scores for faculty and trainees. Furthermore, there are limited opportunities in most curricula and the workplace to be authentic with each other and share the challenges and joys of training and professional practice. Simply put, it is increasingly difficult to flourish and thrive in our academic health centers.*

Dr. Haramati will describe an experiential course that operationalizes several related frameworks including The Kern National Network for Flourishing in Medicine, and builds on the work of VanderWeele. Specifically, while physical and mental well-being are vital, human flourishing consists of a broader range of domains such as happiness, life satisfaction, meaning and purpose, character, close social relationships and spirituality and transcendence. Awareness of self and recognition of these elements can help faculty, students and staff thrive in the environment where they learn and work.

Upon completion of this session, participants will be able to:

- 1) Describe two frameworks of Human Flourishing (Vanderweele et al and the Kern National Network).
- 2) Share strategies on how these concepts have been operationalized into a unique experiential course comprising 8 domains that is designed to foster self-awareness, and also provide life skills for faculty, staff and trainees.
- 3) Develop approaches to improve the learning and work environment at the medical center to benefit faculty, students and staff.

November 2026

November 3, 2026

Tips and Tricks for Time Management: Productivity, Well-being and Beyond

Hosted by the Be Well UC employee wellness program

Via: Microsoft Teams

Time: 12-1pm

Description: *Want the best bang for your "time" buck? This interactive session will help you to plan and practice how to make the most of your day for your priorities. Learn practical strategies for more effective work-life balance.*

Learning objectives:

- 1) Identify how time management impacts us professionally and our well-being
- 2) Highlight strategies to identify and manage priorities.
- 3) Share related support resources.

Complete Listing of COM Faculty Development Programs 2026-27

December 2026

December 1, 2026 Utilizing AI in the Workplace

Facilitator: Laurah Turner, PHD

Via: Microsoft Teams

Time: 12-1pm

Learning Objectives:

December 10, 2026 Admissions Metrics & Trends: Mid-Cycle Review

Facilitator: Gina Deckard

Room: MSB 3057

Time: 11:30am

Learning Objectives:

December 17, 2026 Admissions Metrics & Trends: Mid-Cycle Review

Facilitator: Gina Deckard

Room: MSB 3057

Time: 2:30pm

Learning Objectives:

January 2027

January 5, 2027 Financial and Retirement Planning for Health Care Providers

Facilitator: Daniel Brummett, MBA

Via: Microsoft Teams

Time: 12-1pm

Learning objectives:

- 1) How to use a "top-down" budget to direct your money at the top so you don't have to worry about how you are spending discretionary funds at the bottom.
- 2) The importance of investing early and often using a retirement investment "workflow" - from 401k/403b and Backdoor Roth options to maximizing taxable accounts.
- 3) Review options for disability and life insurance and the importance of avoiding costly, non-value-added products.
- 4) Other Considerations, such as family planning, asset protection, legal and financial/investment services, repayment of student loans, and how these items impact financial goals and objectives.

January 20, 2027 Work Teams that Energize: Improving and Maintaining the Quality of the Work Team Environment

Facilitators: Jack Kues, PHD and Jenn Molano, MD

Via: Microsoft Teams

Time: 12-1pm

Description: *Work teams have the potential to be one of the very best sources of wellness and positive energy. They offer a bubble of safety and support as well as friendship. Most people have been part of this kind of team at some point. However, work teams can also be the source of stress that significantly reduces our sense of wellness and increases burnout. This presentation is designed to better understand*

Complete Listing of COM Faculty Development Programs 2026-27

how teams develop positive and negative atmospheres. We will also explore ways that you can impact the culture of your team and optimize its contribution to your overall wellness.

Learning objectives:

- 1) Deep dive into the factors that contribute to work team function and dysfunction
- 2) Strategies that help create a positive work team environment
- 3) Addressing work stress in teams and beyond
- 4) The building blocks of psychological safety and a supportive work team culture

February 2027

February 2, 2027 Resilient Leadership (working title)

Facilitator: Richard Falcone, MD, MPH, MMM

Via: Microsoft Teams

Time: 12:00pm

Learning Objectives:

February 16, 2027 Topic focused on physician mental health and suicide awareness (title tbd-personal account story)

Facilitator: Andrea Palmer, MD

Via: Microsoft Teams

Time: 12:00pm – 1:00pm

Description:

Physician well-being, mindfulness, resilience, and cultivating thriving medical cultures. Practical strategies needed to navigate the pressures of academic medicine while fostering greater fulfillment and purpose.

Physicians are human beings placed under enormous, systemic pressure, yet they are often unfairly expected to be immune to hardship. We want to use our platform to normalize these struggles, encourage faculty to reach out for help, and actively fight against the culture of shunning, hiding, or penalizing physicians who are hurting.

March 2027

March 2, 2027 Effective Seminar Strategies: Preparing Faculty and Trainees for High-Impact Scientific Seminars

Facilitator: Tom Thompson, PHD

Room: MSB 2001 **in-person attendance preferred**; virtual available too

Time: 12:00pm – 1:00pm

Topics to Explore:

- Hooking the Audience: Crafting High-Impact Introductions
 - *Focus:* Moving past the dry "outline slide" and immediately establishing the *why* of the research.
- Slide Architecture: What to Include (and What to Cut)
 - *Focus:* Cognitive load, minimizing text, making complex data figures readable from the back row, and killing the "wall of text."
- The Clarity Matrix: Structuring for Broad Accessibility

Complete Listing of COM Faculty Development Programs 2026-27

- *Focus:* Tailoring the depth so that specialists stay engaged while non-specialists (or people outside your direct sub-field) don't get left behind in the first 5 minutes.
- Audience Engagement: Maintaining Attention and Narrative Arc
 - *Focus:* Pacing, verbal signposting ("Moving from the *in vitro* data to..."), good transitions, not side-tracking...
- Mentoring the Next Generation: Preparing Trainees for the Stage
 - *Focus:* How PIs can effectively guide students through slide construction, handling stage fright, and running mock group meeting.
- The Commandments: Do's and Don'ts of the Podium
 - *Focus:* Body language, eye contact, pointer discipline, and managing time constraints.
- Stick the Landing: Memorable Summaries and Future Horizons
 - *Focus:* A clear "take-home" message and setting up the next big questions.
- Mechanics of Delivery.
- Visualizing Complex Data.
- How to handle the Q and A.

April 2027

May 2027

May 4, 2027 Present Like a Pro: Elevating National & International Invited Talks

Facilitator: Ahmad Sedaghat, MD, PHD

Via: Microsoft Teams

Time: 12:00pm – 1:00pm

Description:

Invitations to give oral presentations at national and international forums, such as conferences, provide a number of beneficial opportunities for you. First, these are venues in which you can raise awareness of yourself, your work, research and expertise in a far-reaching, even global, manner to your peers and other experts in your field. These invitations are also a recognition of your expertise, which can lead to more career and/or research opportunities for you. Finally, invited national and international talks can serve to support your application for academic promotion. For these reasons, invited talks at national and international forums can be highly advantageous to your academic career and therefore opportunities that you may seek.

In this presentation, we will cover all elements of invited national and international talks. We will first discuss how to identify and create opportunities for getting invited to give national and international talks. We will then discuss preparation for giving these presentations. Strategies for preparation include pro tips for how to travel for these meetings and what to expect at these meetings. We will also discuss strategies for preparing and creating engaging visual presentations for your talk. Finally, we will cover strategies for giving dynamic and captivating oral presentations in front of both small and large audiences. At the conclusion of this presentation, we hope that the attendee will feel confident in their ability to find opportunities to obtain invited national and international talks, and to then successfully execute on those opportunities in order to maximize their associated career benefits.

Learning Objectives:

1. Identify opportunities for getting invited to give national and international talks
2. Prepare like a pro for the environment at national and international talks
3. Incorporate pro strategies for giving a dynamic talk for national and international forums

Complete Listing of COM Faculty Development Programs 2026-27

Wellness Topics Coming:

➤ **"Restorative Recreation: Exploring Intersections Between Nature Deficit Disorder and Nature Prescription."**

Facilitator: Barbara Walker, PHD

Via: Microsoft Teams

Time: 12:00pm – 1:00pm

Description:

In today's fast-paced academic and clinical environments, many individuals spend the majority of their time indoors, disconnected from the restorative benefits of the natural world. This workshop explores the growing body of evidence linking time in nature to improved physical health, mental well-being, resilience, and overall quality of life. Participants will examine the concept of Nature Deficit Disorder and learn how intentional engagement with natural environments can serve as a powerful, evidence-based intervention for reducing stress, enhancing cognitive function, preventing burnout, and promoting flourishing. Through practical strategies and real-world examples, attendees will discover how "nature prescriptions" can be incorporated into both personal wellness practices and patient care to support healthier, more balanced lives.

➤ **"Calm in the Storm: Understanding Anxiety, Stress, and Whole-Person Healing"**

Facilitator: Barbara Walker, PHD

Via: Microsoft Teams

Time: 12:00pm – 1:00pm

Description:

The demands of academic medicine can create significant challenges to personal well-being, with stress and anxiety affecting individuals' health, relationships, performance, and overall sense of fulfillment. This workshop explores the science of stress and anxiety while examining their impact on the mind, body, and professional life. Participants will gain a deeper understanding of the physiological and psychological responses to stress, recognize factors that contribute to chronic stress and burnout, and explore evidence-based approaches to restoring balance and resilience. Through a whole-person healing lens, attendees will learn practical strategies to regulate stress, cultivate greater awareness, strengthen emotional well-being, and support sustainable flourishing in both personal and professional settings.

➤ **What to do When a Healthcare Professional Needs Help – UC & Ohio Professionals Health Program**

Facilitators: Richard N. Whitney, MD, DABAM, FASAM, Medical Director (OPHP) and Reid Hartmann, MD

Via: Microsoft Teams

Time: 12:00pm – 1:00pm

Description:

A brief overview of who OPHP is, what services are available, the process, etc. and then focusing on the slide deck info.

Complete Listing of COM Faculty Development Programs 2026-27

Teaching/Education Topics Coming:

DATE	WHO	TOPIC
	Houman Varghai	Learning Community Facilitator: Feedback, Facilitation, and Supporting the Struggling Learner
September 2026		AI: session one Practical, Quick Tips for Educators
October 2026	Brittany Allison and Jason Blackard	Mentoring/Mentor Academy CIMER training
November 2026		Student-Centered, Inclusive Teaching & Student Support
December 10, 2026 11:30am MSB 3057 December 17, 2026 2:30pm MSB 3057	Gina Deckard	Admissions Metrics & Trends: Mid-Cycle Review
January 2027		Writing letters of recommendation
February 2027		AI: session two Encouraging good/ethical use.
March 2027		AI: Session three Specific workflow examples for faculty
April 2027		New teaching methods, sensitive topic facilitation, and student support strategies