

| 1/29/2007 | Fernald Medical Monitoring Program            | Sort Code |
|-----------|---|-----------|
|           | Physician Exam - Recommendation Codes         |           |
| Code      | Description                                   |           |
|           |   | 1         |
| 100       | need primary care MD                          | 2         |
| 129       | go to ER if needed                            | 3         |
| 102       | follow-up abnormal findings                   | 4         |
| 103       | follow-up with primary physician              | 5         |
| 104       | yearly/annual physical                        | 6         |
| 105       | routine preventative health care              | 7         |
|           |   | 8         |
| 106       | send stool hemocult cards                     | 9         |
|           |   | 10        |
| 107       | forward medical records                       | 11        |
|           |   | 12        |
| 985       | have chest x-ray                              | 13        |
|           |   | 14        |
| 109       | discontinued use of snuff                     | 15        |
| 110       | decrease smoking                              | 16        |
| 111       | stop smoking                                  | 17        |
| 112       | continue not to smoke                         | 18        |
| 113       | discontinued chewing tobacco                  | 19        |
|           |   | 20        |
| 120       | limit alcohol intake                          | 21        |
| 121       | no alcohol intake                             | 22        |
| 122       | alcoholism counseling/rehab/detox             | 23        |
|           |   | 24        |
| 125       | decrease caffeine intake                      | 25        |
| 158       | decrease cola intake                          | 26        |
| 126       | stop use of marijuana/other drugs             | 27        |
|           |   | 28        |
| 130       | weight loss                                   | 29        |
| 134       | weight gain                                   | 30        |
| 709       | take vitamins                                 | 31        |
|           |   | 32        |
| 131       | avoid Na/Sodium                               | 33        |
| 133       | decrease potassium intake                     | 34        |
| 132       | avoid lactose                                 | 35        |
| 182       | use lactaid with milk products                | 36        |
| 986       | high fiber- low fat diet                      | 37        |
| 904       | eat regular meals                             | 38        |
|           |   | 39        |
| 140       | exercise program                              | 40        |
| 141       | kegal exercise program                        | 41        |
| 142       | decrease isometric, increase aerobic exercise | 42        |
| 995       | lift carefully and do back exercises          | 43        |
|           |   | 44        |
| 188       | calcium supplement                            | 45        |
|           |   | 46        |
| 150       | watch for signs of infection                  | 47        |
| 114       | mumps immunization                            | 48        |

| Code | Description   | 1  |
|------|---|----|
| 189  | MMR   | 49 |
| 190  | tetanus and/ or diptheria update/ repeat              | 50 |
| 191  | flu shot  | 51 |
| 193  | measles immunity update                               | 52 |
|      |   | 53 |
| 194  | hepatovaccine   | 54 |
| 195  | pneumonia vaccine                                     | 55 |
| 196  | allergy shots   | 56 |
| 197  | immunizations   | 57 |
| 214  | HIV test  | 58 |
| 998  | TB tine test  | 59 |
|      |   | 60 |
| 198  | any drug therapy/ prophylaxis (including antibiotics) | 61 |
| 209  | OTC (over the counter) meds                           | 62 |
| 210  | continue taking medications                           | 63 |
| 217  | decrease medication                                   | 64 |
| 180  | drug therapy for allergies                            | 65 |
| 192  | call in proper drug dosage/drug name                  | 66 |
| 101  | regular times to take Rx; not PRN                     | 67 |
| 213  | decrease medication                                   | 68 |
| 181  | watch narcotic meds                                   | 69 |
|      |   | 70 |
| 200  | dermatology referral                                  | 71 |
| 254  | yearly skin exam                                      | 72 |
| 834  | needs biopsy  | 73 |
| 201  | identify drug causing a reaction                      | 74 |
| 217  | discontinue/ change drug causing reaction             | 75 |
|      |   | 76 |
| 202  | selsun blue   | 77 |
| 203  | sunscreen/ avoid sun exposure                         | 78 |
| 123  | watch for change in mole/skin lesion (report to PMD)  | 79 |
| 211  | decrease tanning bed                                  | 80 |
|      |   | 81 |
| 204  | moisturizing cream for dry skin                       | 82 |
| 128  | wear protective gloves/equipment                      | 83 |
| 206  | antibacterial soap                                    | 84 |
| 207  | regular skin exams                                    | 85 |
| 208  | anti-fungal cream                                     | 86 |
|      |   | 87 |
| 205  | removal of skin tags                                  | 88 |
| 988  | excision of cyst                                      | 89 |
| 762  | occlusive dressing and ointment for skin lesion       | 90 |
| 223  | stop nail biting                                      | 91 |
|      |   | 92 |
| 253  | ophthology consult                                    | 93 |
| 250  | eye exam  | 94 |
| 251  | continue regular glaucoma checks                      | 95 |
| 252  | fill eyewear prescription                             | 96 |
| 255  | wear your glasses                                     | 97 |
|      |   | 98 |

| Code | Description                                       | 1   |
|------|---|-----|
| 300  | otology consult                                   | 99  |
| 301  | audiogramL and R                                  | 100 |
| 302  | ENT referral                                      | 101 |
| 215  | decrease vigorous nose blowing                    | 102 |
| 303  | disimpact ear wax                                 | 103 |
| 321  | discontinue Q-tip use deep in ear canal           | 104 |
| 304  | ear irrigation                                    | 105 |
| 305  | wear ear protection for loud noise                | 106 |
| 127  | antibiotics B/A invasive procedure (dental, etc.) | 107 |
|      |   | 108 |
| 400  | dental referral                                   | 109 |
| 401  | daily dental care                                 | 110 |
| 905  | orthodontic referral                              | 111 |
| 402  | oral biopsy                                       | 112 |
|      |   | 113 |
| 124  | annual cardiac exam                               | 114 |
| 500  | cardiology consult                                | 115 |
| 501  | follow-up on cardiac murmur                       | 116 |
| 502  | EKG halter monitor                                | 117 |
| 503  | chest pain consultation                           | 118 |
| 511  | HT (hypertension) control                         | 119 |
| 504  | stress test                                       | 120 |
| 505  | aortic ultrasound                                 | 121 |
| 506  | re-check pulse                                    | 122 |
| 508  | repeat EKG  | 123 |
| 509  | echocardiogram                                    | 124 |
| 135  | compare EKG to previous EKG's                     | 125 |
| 989  | cardiac rehab                                     | 126 |
|      |   | 127 |
| 510  | re-check blood pressure                           | 128 |
| 511  | need better HTN control                           | 129 |
|      |   | 130 |
| 520  | prudent cholesterol diet                          | 131 |
| 521  | get total cholesterol                             | 132 |
| 149  | vascular studies                                  | 133 |
| 522  | repeat fasting lipid                              | 134 |
| 518  | update lipid profile                              | 135 |
| 523  | lipid control                                     | 136 |
|      |   | 137 |
| 535  | endocrine consult                                 | 138 |
| 519  | control of diabetes                               | 139 |
| 605  | better diabetic control                           | 140 |
| 725  | glucose tolerance test                            | 141 |
| 524  | repeat blood sugar                                | 142 |
| 730  | continue monitoring for diabetes                  | 143 |
| 605  | DM (diabetes) control                             | 144 |
|      |   | 145 |
| 710  | thyroid profile                                   | 146 |
| 711  | thyroid control                                   | 147 |
| 212  | sweat chloride test                               | 148 |

| Code | Description  | 1   |
|------|--|-----|
|      |  | 149 |
| 526  | repeat LFT (liver function test)                               | 150 |
| 512  | check CPK  | 151 |
|      |  | 152 |
| 527  | repeat CBC (complete blood count)                              | 153 |
| 720  | repeat blood tests   | 154 |
| 999  | no blood or urine frozen for storage per pateint's request     | 155 |
|      |  | 156 |
| 540  | PFT  | 157 |
| 507  | reevaluate PFT   | 158 |
|      |  | 159 |
| 541  | CT of lungs  | 160 |
| 544  | CT of head   | 161 |
| 545  | MRI  | 162 |
|      |  | 163 |
| 542  | cough evaluation   | 164 |
|      |  | 165 |
| 118  | nephrology referral  | 166 |
| 543  | chest x-ray  | 167 |
| 220  | CXR after pregnancy  | 168 |
| 199  | increase use of inhaler  | 169 |
|      |  | 170 |
| 546  | pulmonary referral   | 171 |
|      |  | 172 |
| 555  | annual breast exam   | 173 |
| 611  | biannual breast exam   | 174 |
| 550  | monthly breast exam  | 175 |
| 557  | twice yearly breast exam                                       | 176 |
|      |  | 177 |
| 551  | annual mammogram   | 178 |
| 553  | mammogram every other year                                     | 179 |
| 556  | repeat mammogram   | 180 |
| 552  | mammogram base ( at age 35)                                    | 181 |
| 554  | consult expert on breast disease                               | 182 |
| 558  | breast biopsy  | 183 |
| 547  | watch breast implants  | 184 |
| 559  | follow-up on breast cysts                                      | 185 |
|      |  | 186 |
| 560  | annual PAP   | 187 |
| 610  | biannual PAP   | 188 |
| 569  | repeat PAP   | 189 |
| 603  | annual pelvic exam   | 190 |
| 116  | return for pelvic examination/ PAP                             | 191 |
| 568  | gynecological referral   | 192 |
| 607  | pelvic ultrasound  | 193 |
| 570  | ultrasound of uterus   | 194 |
| 990  | ultrasound of abdomen  | 195 |
| 561  | continued monitoring for abnormal PAP                          | 196 |
| 562  | atrophic vaginitis- MD evaluation                              | 197 |
| 563  | gynecologist re: irregular menstrual period, vaginal infection | 198 |

| Code | Description                                      | 1   |
|------|--|-----|
| 564  | continued monitoring by OB/GYN for endometriosis | 199 |
| 221  | pap after pregnancy                              | 200 |
| 222  | pelvic after pregnancy                           | 201 |
|      |  | 202 |
| 566  | estrogen replacement                             | 203 |
| 567  | determine in utero DES exposure                  | 204 |
|      |  | 205 |
| 600  | prostate and rectal exam                         | 206 |
| 613  | ultrasound and/ or of prostate                   | 207 |
| 614  | PSA (prostate specific antigen test)             | 208 |
| 601  | follow-up assessment for prostatic nodularity    | 209 |
| 602  | testicular self exam                             | 210 |
| 608  | testicular exam and/ or ultrasound               | 211 |
| 653  | circumsion                                       | 212 |
| 606  | wear boxer                                       | 213 |
|      |  | 214 |
| 650  | urological evaluation                            | 215 |
| 651  | genitourinary evaluation                         | 216 |
| 652  | urine repeat analysis                            | 217 |
|      |  | 218 |
| 708  | barium swallow                                   | 219 |
|      |  | 220 |
| 700  | annual rectal                                    | 221 |
| 612  | biannual rectal                                  | 222 |
| 701  | flex sigmoidoscopy                               | 223 |
| 707  | colonoscopy                                      | 224 |
|      |  | 225 |
| 777  | sitz bath  | 226 |
|      |  | 227 |
| 703  | use laxative, fiber, fluid, metamucil            | 228 |
| 704  | ulcer medication should be taken                 | 229 |
| 705  | stool for occult blood yearly                    | 230 |
| 706  | gastrointestinal consult                         | 231 |
|      |  | 232 |
| 750  | surgical referral                                | 233 |
| 183  | report SXI condition to workplace                | 234 |
| 996  | follow-up with plastic surgeon                   | 235 |
| 997  | have stitches removed                            | 236 |
| 609  | follow-up on hernia                              | 237 |
|      |  | 238 |
| 800  | orthopedic consult                               | 239 |
| 810  | periodic evaluation bone spur                    | 240 |
| 820  | physical therapy                                 | 241 |
| 830  | x-rays of problem joints                         | 242 |
| 629  | podiatry reference                               | 243 |
| 117  | daily foot inspection/ care                      | 244 |
| 811  | arch supports                                    | 245 |
|      |  | 246 |
| 971  | elevate extremities                              | 247 |
| 740  | wear support stockings                           | 248 |

| <b>Code</b> | <b>Description</b>                               | <b>1</b> |
|-------------|--|----------|
| 983         | ambulatory aid (cane, walker)                    | 249      |
|             |  | 250      |
| 987         | rheumatology referral                            | 251      |
|             |  | 252      |
| 840         | consultation for neck pain                       | 253      |
| 841         | consultation for back pain                       | 254      |
| 900         | notify MD of any neurological changes            | 255      |
| 901         | neurology consult                                | 256      |
| 910         | consultation for dizziness                       | 257      |
| 902         | electromyelogram needed                          | 258      |
| 530         | discuss migraine diagnosis and therapies with MD | 259      |
| 984         | Sleep apnea consult                              | 260      |
| 842         | sleep on back                                    | 261      |
| 108         | sleep studies                                    | 262      |
| 119         | oncology consult                                 | 263      |
| 850         | internal medicine consult                        | 264      |
|             |  | 265      |
| 136         | serologic evaluation                             | 266      |
|             |  | 267      |
| 525         | hematology consult                               | 268      |
|             |  | 269      |
| 720         | repeat blood tests                               | 270      |
| 214         | HIV tests  | 271      |
|             |  | 272      |
| 970         | follow-up lymphadenopathy                        | 273      |
|             |  | 274      |
| 980         | consultation for depression                      | 275      |
| 978         | psychiatric consultation                         | 276      |
| 981         | continue to see psychiatrist on a regular basis  | 277      |
|             |  | 278      |
| 982         | stress reduction                                 | 279      |
|             |  | 280      |
| 900         | allergy evaluation                               | 281      |
|             |  | 282      |
| 218         | improve safety habits                            | 283      |
|             |  | 284      |
| 224         | wear seat belt                                   | 285      |
| 225         | wear helmet                                      | 286      |
|             |  | 287      |
| 219         | use condom and discretion, re: sexual activity   | 288      |
|             |  | 289      |
| 307         | see hearing/speech specialist for speech defect  | 290      |
|             |  | 291      |
| 903         | evaluation for learning disorder                 | 292      |
|             |  | 293      |
| 760         | consider radiotherapy                            | 294      |
|             |  | 295      |
| 761         | improve posture                                  | 296      |
| 979         | evalation of scoliosis                           | 297      |
|             |  | 298      |

| <b>Code</b> | <b>Description</b>  | <b>1</b> |
|-------------|---|----------|
| 137         | osteoporosis screening bone density studies (DEXA)            | 299      |
|             |   | 300      |
| 909         | check for CO leak   | 301      |
|             |   | 302      |
| 998         | wear gold post earrings, and use ointment for jewelry allergy | 303      |
|             |   | 304      |
| 115         | warm compresses   | 305      |
| 185         | avoid soaking in H <sub>2</sub> O                             | 306      |
| 187         | polio   | 307      |
| 778         | pap test every 3 years  | 308      |
| 226         | don't drink and drive   | 309      |
| 306         | dilute vinehar for ear infection                              | 310      |
| 604         | follow-up w/ hysterectomy surgery                             | 311      |
| 977         | get more sleep  | 312      |
| 976         | increase humidity in bedroom                                  | 313      |
| 991         | wear gold post earrings, and use ointment for jewelry allergy | 314      |
| 992         | allergy evaluation  | 315      |
| 993         | wrist splint  | 316      |