



PREGNANT? CONCERNED ABOUT OPIOID USE?

Caring for the well-being of our children is our traditional way.

Using opioids (e.g., prescription pain pills, heroin, fentanyl) without a medical provider's guidance during pregnancy can have devastating effects on the baby. Learn of ways to have a safe and healthy baby. For more information visit <https://nida.nih.gov/publications/treating-opioid-use-disorder-during-pregnancy>.

There is help.

If you would like help, ask your primary care provider or call a local substance use disorder treatment program. For more information visit <https://www.samhsa.gov/medication-assisted-treatment>.

For more information on how to find help visit:

Step-by-Step Guides
<https://www.asam.org/publications-resources/patient-resources>

Behavioral Health Treatment Services Locator
<https://findtreatment.samhsa.gov>

