

## \*CANCER SCREENING RECOMMENDATIONS BY AGE

25-39 YEARS OLD	40-49 YEARS OLD	50+ YEARS OLD
<p><b>Cervical Cancer</b> Individuals with a cervix should obtain cervical cancer screening starting at 25 years old.</p>	<p><b>Cervical Cancer</b> Screening continues.</p> <p><b>Breast Cancer</b> Screening starting at 45 years old.</p> <p><b>Colorectal Cancer</b> Screening should begin at 45 years old for everyone.</p> <p><b>Prostate Cancer**</b> Black individuals with a prostate should discuss screening with a primary care provider.</p>	<p><b>Cervical, breast and colorectal cancer</b> screenings continue.</p> <p><b>Lung Cancer</b> Individuals who currently or previously smoked should discuss obtaining a lung cancer screening with their primary care provider.</p> <p><b>Prostate Cancer</b> All individuals with a prostate should be screening beginning at age 50.</p>

\*These are national cancer screening recommendations from the American Cancer Society.

### WHAT TO ASK YOUR PRIMARY CARE PROVIDER

- How *often* should I get each screening test?
- *Where* can I go to get screened?
- How do I *schedule* my cancer screenings?
- How does my *family history* impact my cancer screenings?
- What is the *out-of-pocket cost* for each screening, if they are not covered by insurance?

### WHAT IF I DON'T HAVE A PRIMARY CARE PROVIDER?

- Contact your local Health Department. Health Departments offer Primary Care services to all individuals, regardless of insurance status.
- Reach out to your insurance provider to get a list of covered providers in your area.

The University of Cincinnati Cancer Center has financial counselors that can assist you. **Call (513) 584-9904.**

Scan the QR code to learn more about the University of Cincinnati Cancer Center or visit **cancer.uc.edu**



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